Executive Education
Metamorphosis
This program is designed to give you the space to contemplate the next stage of your professional and leadership journey and provide you with tools and a framework to add an effective structure to that process.

Meta·mor·pho·sis
(a definition): “A profound change in form from one stage to the next in the life history of an organism.”

Meta·mor·pho·sis
Design the next phase of your life

Join us for five days of unique curated experiences that will deepen your insight and challenge your sense of self, the roles and identities that have defined you, and ultimately, your sense of purpose.

Inside view

“I’m always looking for opportunities to reflect on where I’m at in my career, and this looked like a unique program that would give me more insights into my journey and career path. The experience brought me back into a good balance of sense of self, and understanding what I’m contributing and where my future lies.”

Mark Fraser LVO OAM
Official Secretary to the Governor-General;
Chief Executive of Make A Mark Australia (EMBA ’13, Metamorphosis ’15)

“It provides a great opportunity for people wondering what they should be doing, what they could be doing better or how to make the most of the next step. This questioning is a natural part of human life and this program really fills a need.”

Mark Fraser LVO OAM
Official Secretary to the Governor-General;
Chief Executive of Make A Mark Australia (EMBA ’13, Metamorphosis ’15)
When it comes to understanding your personal leadership journey and making crucial decisions about your professional progression, stepping out into a new direction can be exciting and daunting. It can fundamentally challenge your sense of identity and confidence, forcing you to look hard at what you know to be true.

We understand that these challenges are multi-dimensional, and therefore our program takes a multi-faceted approach, looking at what sustains you, what drives you, how history shapes us and what kind of legacy you will leave.

We will travel to Hobart, Tasmania, a background that provides a contrasting blend of heritage, scenery and culture intended to spark intrigue and contemplation.

<table>
<thead>
<tr>
<th>Day 1:</th>
<th>Day 2:</th>
<th>Day 3:</th>
<th>Day 4:</th>
<th>Day 5:</th>
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<tr>
<td>‘A curated walk through the art’ – Museum of Old and New Art</td>
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<td>‘A walk in the woods – meditative practice’</td>
<td>‘A curated walk through the art’ – Museum of Old and New Art</td>
<td>‘(Re)design your… Life/career/community’</td>
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<td>How we find and create meaning when confronted with something that doesn’t fit our world view</td>
<td>Mindfulness, self-awareness and getting comfortable with silence</td>
<td>How does history shape us? How does it hold us back? How can we use our history positively to shape our future?</td>
<td>‘Utilise the senses (other than sight!’ – Agrarian Kitchen</td>
<td>Use the ‘Business Model You®’ Personal Business Model Canvas to begin the journey of the next phase.</td>
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“Metamorphosis was an incredible opportunity to take time and space to think about ‘what comes next.’ Surrounded by beautiful places, creativity and the inspiring and engaging people who were in our cohort, I learnt so much. What has followed is a year of enormous and positive change for me. I have reflected and thought often of that time, things said and discussed. I was challenged to think differently about my purpose and value and to apply new tools and thinking to my working life. I am changed for it.”

Annette Cairnduff
Director, Annette Cairnduff Consulting
Partnerships Advisor, Foundation for Young Australians (Metamorphosis ‘15)
Accommodation

During the program you will be staying at the Henry Jones Art Hotel, Australia’s first dedicated art hotel and one of only a handful in the world. This is the perfect place to contemplate your accomplishments thus far and think about the contributions you would like to make in the future.

Created within Hobart’s oldest waterfront warehouses, the hotel merges historic and modern, blending the original 19th century architecture of the city with ultra-modern design and contemporary art.

Located on Hobart’s waterfront, the Henry Jones site dates back to 1804 and was once the location of one of Australia’s most successful companies – H. Jones and Co. Pty. Ltd. IXL.

− thehenryjones.com

Venues

Museum of Old and New Art
The Museum of Old and New Art (MONA) is Australia’s largest private museum and arguably one of the world’s most fascinating private collections of modern art and antiquities. The collection includes everything from ancient Egyptian mummies to infamous and thought-provoking contemporary art.

− mona.net.au

Port Arthur Historic Site
The World Heritage-listed Port Arthur Historic Site on the Tasman Peninsula is Australia’s most intact and evocative convict site. The area’s natural attractions – from dramatic coastal rock formations to towering cliffs – provide a stark contrast to a dark history full of powerful stories of hardship and loss.

− portarthur.org.au

The Agrarian Kitchen
The Agrarian Kitchen is a sustainable farm-based cooking school offering paddock-to-plate experiences in a 19th century schoolhouse. Committed to reconnecting the kitchen with the land, the working farm incorporates an extensive vegetable garden, orchard, berry patch and herb garden, all using organic principles.

− theagrariankitchen.com
Facilitators

Associate Professor Robin Stonecash
Director, Executive Education and Executive MBA

Robin has spent the last 20 years working with individuals from a variety of organisations to improve their leadership capabilities. Her expertise is in diagnosing the challenges that organisations face and designing development programs that build the capabilities individuals need to meet those challenges.

“I love teaching and helping others learn. I love the lightbulb moments. I love helping someone do something they thought they couldn’t do. I love helping organisations solve problems. Being able to work with organisations to transform their leadership is indeed a privilege.”

Jane Lowther
Director, Lowther Consulting

Jane is Director of Lowther Consulting, a company that works at the individual, team, large group and organisational levels to help leaders anticipate and respond effectively to the challenges thrown up by complex, dynamic and ever-changing environments. Jane has worked across a range of industries in recent years, specialising in leadership and team development.

She currently works as Co-Module Leader of the Executive MBA program at the University of Sydney Business School and as a coach in a range of leadership programs at IMD in Lausanne, Switzerland. Jane works with clients to develop their capacity to operate more effectively in current roles and to move into more senior roles.

She particularly enjoys working with individuals facing significant transitions, perhaps where current roles have lost their power to engage and inspire and where they are looking for new challenges, new directions and new ways to find purpose and meaning in their lives.
We believe business schools have a crucial role to play in the development of future leaders, and in equipping organisations with the capabilities they need to meet the demands of today’s business world.

In an age of global mobility, disruption and rapid technological advancement, traditional off-the-shelf development programs won’t be sufficient.

Our approach to executive education is based on creating transformative experiences – providing customised and sustainable learning environments where clients co-produce with us to create lasting improvements in individual and organisational capability.

We work with individuals and organisations to tailor executive education programs that focus on practical leadership and bring a multidisciplinary perspective to real-world challenges.

– sydney.edu.au/business/executive
Why study here?

As the world around us constantly evolves, the way we do business needs to change.

The University of Sydney Business School is a world-class business school at the forefront of global business and management education. We pride ourselves on being relevant to today’s business environment. Working closely with industry leaders allows us to stay abreast of current issues and influences in today’s market, adapting and evolving as the market does.

International accreditations and quality assurance

Relevant and focused on today’s business environment, we are the only Australian business school to achieve membership to CEMS – the Global Alliance in Management Education, as well as international accreditation from the leading US and European Business School accrediting bodies, the Association to Advance Collegiate Schools of Business (AACSB) and the European Quality Improvement System (EQUIS).

We would be delighted to answer any questions you have about Metamorphosis and Executive Education at the Business School. For more information, please contact:

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