To become a team …

☐ Get to know each other

☐ Do something social together

☐ Do something risky together

☐ Carry out a task together

☐ Express feelings about being in a group

☐ Identify your strengths and potential shortcomings to the group

☐ Identify skills that might be useful to the group

☐ Identify your preferences about how you like to work with others

☐ Do something creative together

☐ Play a game together

☐ Be ‘better’ than the other groups

☐ Have fun together

To avoid becoming a team …

☐ Don’t join in

☐ Have an aimless chat

☐ Allow an individual to dominate

☐ Allow members to not join in

☐ Keep it formal, neutral and abstract
Avoid any expressions of feelings

Refuse to set yourself any task or goal

Don’t find out about each other

Don’t disclose anything about yourself

Express criticism and hostility towards others

Don’t listen to each other

Show no interest in the group