**Little Hands**

In School Term 2 and Term 3
Early Stage 1 Kindergarten
Stage 1 Year 1 and 2

**Description**
The Compass Little Hands program is designed to support Early Stage 1 and Stage 1 primary school students in developing their essential learning skills. Volunteers from the University of Sydney student community are trained by Compass to deliver the Finger gym™ Fine Motor Skills School Readiness Program which uses fun and hands-on fine motor–based activities to help children become more independent in the classroom.

**Aims**
- To provide students with hands-on, practical activities designed to improve students fine motor skills in order to enhance their independence in the classroom learning
- To provide teachers with a practical, easy to implement program which is based on trials in the school environment
- To provide volunteers with a meaningful experience that enable volunteers to contribute to the school and its community

**Objectives**

1. As a result of this project students will:
   1.1. Show improvement to work independently at school
   1.2. Show improvement in completing writing/fine motor skills tasks
   1.3. Show improvement in their participation in class

2. As a result of this project teachers will:
   2.1. Develop new ways of teaching in relation to the topic
   2.2. Confidently implement the FingerGym™ program and its resources
   2.3. Identify Little Hands to be beneficial in supporting students with their fine and gross motor skills
   2.4. Report increased student confidence, focus and perseverance in completing tasks

3. As a result of this project volunteers will:
   3.1. Develop their practical knowledge, experience and skills in a professional environment
   3.2. Identify impact of program on building graduate attributes and personal development
   3.3. Establish a link with higher education and the opportunities it provides for students

**Key Learning Areas (KLA)**

1. Personal Development, Health and Physical Education (PDHPE)
2. General capabilities:
   - Personal & Social Capability

**Key Messages**

1. Provide the building blocks for future learning
**Model**

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<tr>
<th>Structure</th>
<th>Morning or afternoon session whole classroom rotation assisted by Compass volunteers where applicable</th>
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| School participants | Number of Students: 25/class X 2 classes  
Number of Teachers: 1/class X 2 classes |
| Compass representatives | 4 x Compass volunteers will facilitate the session |
| Other participants | Occupational Therapists |
| Delivery schedule | Dates: Term 2 and Term 3  
Duration: 80 minutes (2 X 30 minutes session + 20 minutes setup and pack up) per session, twice a week with at least one day gap. |
| Monitoring and evaluation |  
- Little Hands coordinator to submit mid-program survey  
- Compass to visit new schools  
- Volunteer and School little hands coordinator to contact Compass for any concerns, feedback and questions  
- School coordinator and teacher to submit end of program survey  
- Volunteer (if applicable) to submit weekly report and end of program survey |
| Materials and equipment | **Compass to provide:**  
- Little hands manual  
- Teacher professional learning  
- Processes and procedure  
- Evaluations  
- Little Hands volunteer where applicable  
**School to provide:**  
- FingerGymTM book  
- Little hands equipment  
- Students  
- Teachers  
- Little Hands coordinator  
- Pre and post assessment |
| Resources |  
- FingerGymTM book @$285 -- school to purchase a pack  
- Little hands manual -- Compass to supply and school to keep  
- Little hands equipment -- school to purchase and store. Compass to supply equipment list.  
- Classroom/appropriate indoor space, tables and chairs -- school to provide and organize  
- Administration support -- school to coordinate |
| Registration | School to submit Little Hands application form in Term 4 |

**Project contact**

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