STUDY NAME:
PERCEPTIONS AND ATTITUDES OF UNIVERSITY STUDENTS AND STAFF REGARDING SUGAR-SWEETENED BEVERAGES AND THEIR SALE AND PROMOTION IN A UNIVERSITY SETTING

PARTICIPANT INFORMATION STATEMENT – SURVEY (PROVIDED ONLINE)

(1) What is this study about?

You are invited to take part in a research study about exploring the perceptions and attitudes of university students and staff towards sugar-sweetened beverages and their regulation in a university setting.

You have been invited to participate in this study because you are a student and/or staff member of the University of Sydney, and the research generated through this study may be of benefit to your health and wellbeing. This Participant Information Statement tells you about the research study. Knowing what is involved will help you decide if you want to take part in the research. Please read this sheet carefully and ask questions about anything that you don’t understand or want to know more about.

Participation in this research study is voluntary.

By giving your consent to take part in this study you are telling us that you:

✓ Understand what you have read.
✓ Agree to take part in the research study as outlined below.
✓ Agree to the use of your personal information as described.

You will be given a copy of this Participant Information Statement to keep upon request or you can download and print a PDF version from the Healthy Sydney University website.

(2) Who is running the study?

The study is being carried out by the following researchers:

PERCEPTIONS AND ATTITUDES OF UNIVERSITY STUDENTS AND STAFF REGARDING SUGAR-SWEETENED BEVERAGES AND THEIR SALE AND PROMOTION IN A UNIVERSITY SETTING
This study is being funded by Healthy Sydney University, an initiative of the University of Sydney that promotes the health and wellbeing of University of Sydney staff and students.

(3) What will the study involve for me?

Healthy Sydney University is conducting a survey of staff and students to explore their attitudes and perceptions regarding sugar-sweetened beverages and their regulation in a university setting.

This information gathered from the survey is part of broader initiative supported by Healthy Sydney University, which aims to promote a healthier food and beverage environment for staff and students at the University of Sydney.

As part of this study, you will be asked to answer a number of questions about sugar sweetened beverages and their regulation on university campuses. You will also be asked to answer questions about how often you purchase and/or consume sugar sweetened beverages.

(4) How much of my time will the study take?

The survey is designed to take no more than 10 - 15 minutes of your time. You will only be asked to complete the survey once.

(5) Who can take part in the study?

Participation in this survey is restricted to all permanent, fixed-term and casual staff and currently enrolled students of the University of Sydney. This inclusion criteria is due to the remit of Healthy Sydney University, which is funded to promote the health and wellbeing of University of Sydney staff and students.

(6) Do I have to be in the study? Can I withdraw from the study once I've started?

Being in this study is completely voluntary and you do not have to take part. Your decision whether to participate will not affect your current or future relationship with the researchers or anyone else at the University of Sydney, including Healthy Sydney University.

If you decide to take part in the study and then change your mind later, you are free to withdraw at any time. You can do this by contacting Healthy Sydney University and request the identification and deletion of your answers based on the University email you have provided. Your answers will therefore be removed from any further recordkeeping and will not be included in the analysis of results.
Submitting your completed questionnaire is an indication of your consent to participate in the study. You can withdraw your responses if you change your mind about having them included in the study, up to the point that we have analysed and published the results.

(7) Are there any risks or costs associated with being in the study?

Aside from giving up your time, we do not expect that there will be any risks or costs associated with taking part in this study.

(8) Are there any benefits associated with being in the study?

Participants who complete and submit the whole survey before the closing date given will go in the draw to win one of five $50 Coles-Myer vouchers.

Participants who do not complete the whole survey, or who withdraw their answers from the survey, will not be eligible to win one of five $50 Coles-Myer vouchers.

Your participation in this study may benefit the University of Sydney community by providing feedback and research on creating a healthier food and beverage environment on campus.

(9) What will happen to information about me that is collected during the study?

The following types of information will be collected and used as part of this study:

- basic demographic data, such as: gender; age; highest level of qualification completed.
- University information, such as: student status; staff status; faculty or organisational unit.

The study will also collect your University staff or student email for the following reasons:

1. To ensure that only permanent, fixed-term and casual staff and currently enrolled students of the University of Sydney participate in the survey;
2. To ensure only one response per email address is received; and
3. To provide a contact for entering in the prize draw.

All personal and identifiable information collected as part of this study will be kept confidential. All survey responses will be de-identified at the point of data extraction for the purpose of analysis.

Results from this study may be published in scientific journals, conference presentations, policy briefs and factsheets.

Results from this study may also be used to support further research projects associated with Healthy Sydney University and the University of Sydney.

All electronic and hardcopy data collected as part of this study will be stored during and after the study in a confidential folder on the University of Sydney Faculty of Health Sciences research drive. Only the investigators of this study will have access to this data. This data will be kept for a maximum of 5 years for the purposes of this research.

By providing your consent, you are agreeing to us collecting personal information about you for the purposes of this research study. Your information will only be used for the purposes outlined in this Participant Information Statement, unless you consent otherwise.
Your information will be stored securely and your identity/information will be kept strictly confidential, except as required by law. Study findings may be published, but you will not be individually identifiable in these publications.

(10) Can I tell other people about the study?

Yes, you are welcome to tell other people about the study.

(11) What if I would like further information about the study?

If you would like to know more at any stage during the study, please feel free to contact Elly Howse, Senior Project Officer, Healthy Sydney University healthy.uni@sydney.edu.au +61 2 9036 7891.

(12) Will I be told the results of the study?

You have a right to receive feedback about the overall results of this study. You can tell us that you wish to receive feedback by answering the relevant question in the online survey. This feedback will be in the form of a one page summary or media release. You will receive this feedback after the study is completed.

(13) What if I have a complaint or any concerns about the study?

Research involving humans in Australia is reviewed by an independent group of people called a Human Research Ethics Committee (HREC). The ethical aspects of this study have been approved by the HREC of the University of Sydney, Project Number 2016/124. As part of this process, we have agreed to carry out the study according to the National Statement on Ethical Conduct in Human Research (2007). This statement has been developed to protect people who agree to take part in research studies.

If you are concerned about the way this study is being conducted or you wish to make a complaint to someone independent from the study, please contact the university using the details outlined below. Please quote the study title and protocol number.

The Manager, Ethics Administration, University of Sydney:

- **Telephone:** +61 2 8627 8176
- **Email:** ro.humanethics@sydney.edu.au
- **Fax:** +61 2 8627 8177 (Facsimile)

*This information sheet is for you to keep*