ELITE ATHLETE PROGRAM

Est. 1990

2017 INFORMATION BOOKLET
Excellence in sport is integral to Sydney University’s rich history and diverse identity. From intervarsity- to international-level sport, Sydney University is well-represented in the winner’s circle.

Helping Sydney University’s sports clubs to comprehensively support elite athletes striving for their best in sport and academia is fundamental to this success. Since 1990, Sydney Uni Sport & Fitness (SUSF) has provided scholarships and the Elite Athlete Program to assist Sydney University student athletes to excel.

Sydney University’s Best

Katie Ebzery
Basketball
B. Education (Secondary: Human Movement & Health Education)

Anthony Hrysanthos
Water Polo
B. Applied Science (Physiotherapy)

Michelle Jenneke
Athletics
B. Engineering (Mechatronic)

Tomas Robertson
Rugby
Doctor of Medicine
Pursuing excellence in tertiary studies and elite sport simultaneously can be especially challenging. The right assistance and encouragement is crucial. With access to a broad suite of benefits and services, alongside the help of skilled and dedicated staff, Elite Athlete Program members are ideally supported to find balance and realise their potential.

Want to join the proud and distinguished group of graduates who are leaders both on and off the sporting field? Then you need to be with Sydney University.

Elizabeth Grey  
Soccer  
B. Arts  

Mitchell Mahady  
Australian Football  
B. Liberal Arts & Science  

Lavinia Chrystal  
Skiing  
M. Management (CEMS)  

Nicolas Hough  
Athletics  
B. Information Technology (Honours)
TESTIMONIALS

Nicholas Hudson | Rowing | M. Project Management (2015)
As an undergraduate, the Program provided me with vital support, allowing tutoring, coordination with the faculty and financial support while I pursued my rowing endeavours. As a postgraduate, I was studying from interstate and the Program again provided great support, without which I would not have been able to successfully manage the balance between the demands of elite rowing and academic studies.

I competed at numerous U23 and open World Championships and World Cups and was reserve at the 2012 Olympic Games. I was captain of Sydney University Boat Club for three years and have proudly represented NSW at the interstate regatta as a Kings Cup member. All of this has occurred with the assistance of the Elite Athlete Program, which allowed me to combine both studies and pursuit of excellence in sport.

The Elite Athlete Program was the reason that Sydney University was the perfect choice for me. From the very start of my degree back in 2010 the financial assistance, tutoring, sports psychology and all-round support from the Elite Athlete Program has been one of the main reasons I have successfully balanced two degrees and two sports. My sporting highlight during this time was competing in Athletics in both Russia and Korea in the 2013 and 2015 World University Games—two very different but memorable experiences. I was also very honoured to Captain the Division 1 Sydney University Netball Team in the NSW Waratah Cup in 2012. I have always known that my time at University would be the best opportunity to pursue my sporting ambitions to the fullest, so as I finish this chapter of my life I am now shifting my focus to my goals in my corporate career. I will finally be joining the full-time working world next year as a graduate analyst for an investment bank. But not until I go on one last round-the-world trip!

Sasha Ryan | Sailing | B. Commerce (Finance) and B. Laws (2015)
Having moved from interstate to pursue my goals in sailing, the staff at the Elite Athlete Program have been a great support in many ways. In particular, they assisted me in liaising with lecturers and course coordinators regarding my timetable and course practicum requirements. I spend a lot of time competing overseas and I don’t think I could have made it through my full-time course without their support.
AIMS OF THE ELITE ATHLETE PROGRAM

- Provide excellent support and services to elite athletes to assist them in their concurrent pursuit of academic and sporting goals;
- Encourage elite athletes to achieve outstanding academic results to facilitate an alternative vocation after their sporting career has finished; and
- Assist in the promotion and development of Sydney University sports clubs through the attraction of elite athletes.

I also really appreciated meeting athletes from other sports through the Elite Athlete Program, participating in the National Aboriginal Sporting Chance Academy activities and the opportunity to represent Sydney University in Sailing at home and overseas. I continue to focus on my goal of representing Australia in the Women’s 470 sailing at the Rio Olympics in 2016.
Elite Athlete Program members (also referred to as SUSF scholarship holders) may receive:

**Financial Assistance**

The time-intensive nature of studying, training, competing and travelling often adversely impacts on a student athlete’s scope for adequate paid employment. Financial assistance from $1,000 per annum may be provided to help with subsidising expenses related to studying (e.g. tuition fees and textbooks) and sport (e.g. sporting equipment and health insurance). Allotments offered may in some instances be ‘topped-up’ by scholarship partners, such as Sydney University’s residential colleges and The University of Sydney Business School.

**International Travel Grants**

Up to $1,500 per annum, to assist with alleviating the costs of travel and competition, may be awarded to student athletes when they are selected to represent Australia in competitions overseas.

International travel grants are provided to students of The University of Sydney and by approved request only.

**Academic Advice & Advocacy**

Student athletes must be informed and organised to effectively balance the demands on their time. Elite Athlete Program staff, in conjunction with university academic and administrative staff, work closely with SUSF scholarship holders, providing knowledgeable advice across several areas including study and career direction, effective study skills and degree and subject choice. Importantly, guidance and representation may be available for Program members when requesting flexibility for university attendance and assessment tasks which are adversely impacted by sporting commitments.

**Tutoring**

Complimentary tutoring across a broad range of subjects is available on a request basis to
SUSF scholarship holders. This service is most useful for those who are experiencing difficulties with understanding unit of study content or have missed class due to sporting commitments.

**Chaplaincy**
Through Athletes in Action, SUSF scholarship holders (regardless of faith or creed) may receive pastoral care and support when dealing with life issues, including grief and critical incidents. As confidential ‘go to’ people for assistance and reliable referral to services such as counselling and personal development; chaplains can help facilitate and maintain positive, focused attitudes in student athletes.

**SUSF Facilities**
Program members are provided with complimentary access to a range of quality on-campus sporting facilities including cardio and weights at Arena Sports Centre and the indoor 50m Olympic pool at the University Sports & Aquatic Centre. Access to sport-specific facilities (boxing gym, tennis courts, etc.) may be granted by approved request. Additionally, SUSF scholarship holders may receive access to group fitness classes* to assist with recovery from injury.

**Sports Science Services**
A professional in-house Strength & Conditioning service is available to SUSF scholarship holders, providing fitness testing, assessments and personalised training programs. Program members may also access the assistance of a qualified Sports Dietician and Sports Performance Psychologist to develop their performance.

**Discounted Rates on Sports Medicine Services**
At The Sports Clinic located on the University’s main campus, SUSF scholarship holders may access a range of services at student rates.*

*Conditions apply.
Am I eligible for a SUSF scholarship/membership to the Elite Athlete Program?
Eligible candidates will satisfy the following two criteria, amongst others:
• Currently undertaking tertiary-level studies (preferably at The University of Sydney);
• Currently representing Sydney University in their sport*

What will I receive with a SUSF scholarship?
All SUSF scholarship holders may access the benefits and services of the Elite Athlete Program as outlined in this publication, except for financial assistance and international travel grants.

Members who receive access to all benefits and services of the Elite Athlete Program except for financial assistance, are said to be recipients of Talented-level scholarships.
Members who receive access to all benefits and services of the Elite Athlete Program, as well as financial assistance, are said to be recipients of Elite-level scholarships.
• Financial assistance is provided to student athletes on a variable basis depending on their sporting and academic achievements.
• Current students of The University of Sydney, regardless of their membership of the Elite Athlete Program, may apply for international travel grants, however approval is not guaranteed and grants provided are variable.

How is financial assistance managed?
Financial assistance is used by student athletes to help cover expenses related directly to studying and sport. Allotments are usually paid in two equal instalments per annum, contingent on the timely submission of relevant receipts and the completion of midyear reviews of academic and sporting performance.

When do applications close and when do I find out if my application was successful?
SUSF scholarships are usually awarded on an annual basis, either by the calendar–year or financial-year, depending on the particular sport. Scholarships for athletics, water polo, rowing, swimming and cricket are usually based on the financial-year. School-leavers in these sports may be considered for support in university semester 1 in special circumstances.

Program members who wish to be considered for support again in subsequent years must re-apply.

* Conditions apply
An alternative entry scheme is offered by The University of Sydney to assist elite athletes with gaining admission to study at the University (for domestic applicants seeking places in undergraduate courses only). Eligible applicants will demonstrate that during their HSC (or equivalent) year:

- They were an elite athlete or performer; and
- Had training, competitive and/or practice commitments which significantly affected their academic results.

Through this Scheme, successful applicants may gain admission into a course with an ATAR of up to five points below the regular cut-off. The concession provided may be less than five points for competitive courses and certain courses do not offer any concession under this scheme.

Important

Please note that applying for and/or receiving an offer of scholarship from Sydney Uni Sport & Fitness (and membership to the Elite Athlete Program) does NOT, under any circumstance, equate to applying for and/or receiving an offer of admission to study at The University of Sydney. Candidates must gain entry to study at The University of Sydney on their own academic merit.

Candidates, if they feel that they are eligible, are encouraged to submit an application for the University’s Elite Athletes & Performers Alternative Entry Scheme. This Scheme is administered by The University of Sydney, NOT Sydney Uni Sport & Fitness and all enquiries and/or applications for this Scheme should be directed to The University of Sydney.

For all enquiries regarding the Elite Athletes & Performers Alternative Entry Scheme, please contact the University’s Admission Office on 8627 8210 or admissions.office@sydney.edu.au.
To apply for an SUSF scholarship (or membership to the Elite Athlete Program), please follow the procedures below:

**Step 1**
Visit www.susf.com.au and follow links to the Elite Athlete Program

**Step 2**
Click on Applications and follow the instructions provided to complete and submit an online application.

**Key dates**
There are two on-time scholarship application periods each year. Please apply in the period relevant to your sport. Late fees apply to applications received outside of the on-time application periods.

**Athletics, Cricket, Rowing, Swimming and Water Polo**
On-time applications and re-applications:
OPEN on Monday, 2 May 2016
CLOSE on Tuesday, 31 May 2016

**All Other Sports**
On-time applications and re-applications:
OPEN on Monday, 5 September 2016
CLOSE (Re-applications) on Monday, 31 October 2016
CLOSE (New applications) on Sunday, 15 January 2017
The Elite Athlete Program is able to support Sydney University student athletes in their pursuit of excellence in sport and tertiary studies as a result of the tremendous generosity of The University of Sydney and several scholarship donors, sponsors and partners. These instrumental benefactors are listed on the back cover of this Information Booklet.

2015 marked the 25th year since the establishment of the Elite Athlete Program in 1990, when just three elite athletes were fortunate enough to receive assistance. It is only because of the vision and kindness of the University and our supporters that the Program has grown to assist 400+ elite and talented athletes each year. Such support has facilitated remarkable achievements of the students in their sport and tertiary studies, their bright futures and the tradition of success of Sydney University in sport.

Your support, whether it is financial or otherwise, will go a long way in helping us to ensure that excellence in sport and tertiary studies remains achievable for Sydney University’s athletes and sporting clubs.

To donate or learn more about how you can lend a hand please contact Corporate & Alumni Relations, Sydney Uni Sport & Fitness on 9351 7958.
The Elite Athlete Program is tremendously grateful for the support of our donors, sponsors & strategic partners:

- Ross Brown
- Kaye Dening AM
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- Adam Spencer

Front Cover Images

(Back row: Left to Right): Nicola Barr, Mitchell Mahady, Sholto Douglas, Alexander Cobb, Ben Trevor-Jones, Nicholas Hough, Anthony Hrysaanthos, Katie Ebzery

(Front row: Left to Right): Ella Scanlan-Bloor, Enid Sung, Tomas Robertson, Sam Yang, Sharmaine Fernando, Nina Khoury, Lavinia Chrystal, Nicola Maitland, Emily Chancellor, Tahlia Goodwin, Kimberly Spragg

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