

Publications for Wayne Cotton

2017

Dudley, D., Cotton, W., Winslade, M., Wright, B., Jackson, K., Brown, A., Rock, V. (2017). An objective and cross-sectional examination of sun-safe behaviours in New South Wales primary schools. *BMC Public Health*, 17(1). [More Information]

Winslade, M., Wright, B., Dudley, D., Cotton, W., Brown, A. (2017). Australian primary school communities' understandings of SunSmart: a qualitative study. *Australian and New Zealand Journal of Public Health*, Early view. [More Information]

Werkhoven, T., Cotton, W., Dudley, D. (2017). Australian tertiary students' attitudes towards youth obesity in educational institutions. *European Physical Education Review*, Online first. [More Information]

Barkell, J., O'Connor, D., Cotton, W. (2017). Perturbation effects in men's and women's international sevens. *International Journal of Performance Analysis in Sport*, 17(1-2), 17-33. [More Information]

Okely, A., Lubans, D., Morgan, P., Cotton, W., Peralta, L., Miller, J., Batterham, M., Janssen, X. (2017). Promoting physical activity among adolescent girls: The Girls in Sport group randomized trial. *International Journal of Behavioral Nutrition and Physical Activity*, 14(1), 1-13. [More Information]

Cotton, W., Dudley, D., Jackson, K., Winslade, M., Atkin, J. (2017). Rationale and protocol paper for the Healthy Active Peaceful Playgrounds for Youth (HAPPY) study. *BMC Public Health*, 17(1), Article number 520. [More Information]

Barkell, J., O'Connor, D., Cotton, W. (2017). Situational coupling at the ruck and its effects on phase momentum and success in international men's and women's rugby sevens. *Journal of Human Sport and Exercise*, 12(2), 294-306. [More Information]

2016

O'Neill, K., Cotton, W., Cuadros, J., O'Connor, D. (2016). An Investigation of the Relative Age Effect amongst Olympic Athletes. *Talent Development & Excellence*, 8(1), 27-39. [More Information]

Barkell, J., O'Connor, D., Cotton, W. (2016). Characteristics of winning men's and women's sevens rugby teams throughout the knockout Cup stages of international tournaments. *International Journal of Performance Analysis in Sport*, 16(2), 634-652.

Morley, D., Ogilvie, P., Till, K., Rothwell, M., Cotton, W., O'Connor, D., Mckenna, J. (2016). Does modifying competition affect the frequency of technical skills in junior

rugby league? *International Journal of Sports Science and Coaching*, 11(6), 810-818. [More Information]

Werkhoven, T., Cotton, W., Dudley, D. (2016). Narrative review of pedagogical interventions on nutrition knowledge and weight prejudice. *Cogent Education*, 3(1), 1-12. [More Information]

Peralta, L., O'Connor, D., Cotton, W., Bennie, A. (2016). Pre-service physical education teachers' Indigenous knowledge, cultural competency and pedagogy: a service learning intervention. *Teaching Education*, 27(3), 248-266. [More Information]

Peralta, L., Dudley, D., Cotton, W. (2016). Teaching Healthy Eating to Elementary School Students: A Scoping Review of Nutrition Education Resources. *Journal of School Health*, 86(5), 334-345. [More Information]

2015

Dudley, D., Winslade, M., Wright, B., Cotton, W., McIver, J., Jackson, K. (2015). Rationale and study protocol to evaluate the SunSmart policy intervention: A cluster randomised controlled trial of a primary school-based health promotion program. *BMC Public Health*, 15, 1-7. [More Information]

Dudley, D., Pearson, P., Okely, A., Cotton, W. (2015). Recommendations for policy and practice of physical education in culturally and linguistically diverse Australian secondary schools based on a two-year prospective cohort study. *School Psychology International*, 36(2), 172-188. [More Information]

Dudley, D., Cotton, W., Peralta, L. (2015). Teaching approaches and strategies that promote healthy eating in primary school children: A systematic review and meta-analysis. *International Journal of Behavioral Nutrition and Physical Activity*, 12, 1-26. [More Information]

Dudley, D., Peralta, L., Cotton, W., Baxter, D. (2015). *Teaching healthy eating to primary school students: A review of evidence and best practice*, January 2015, (pp. 3 - 40). Sydney, Australia: NSW Department of Education and Communities. [More Information]

Werkhoven, T., Cotton, W., Russell, K. (2015). Weight based stereotyping amongst pre-service health and physical educators. *International Journal of e-Healthcare Information Systems (IJe-HIS)*, 2(1), 31-38. [More Information]

2014

O'Connor, D., Cotton, W. (2014). *An evaluation of the modifications to Mini and Mod Games in Junior Rugby League. Final report, March 2014*, Australia: .

Cobley, S., Hanratty, M., O'Connor, D., Cotton, W. (2014). First club location and relative age as influences on being a professional Australian Rugby League player. *International Journal of Sports Science and Coaching*, 9(2), 335-346. [More Information]

Werkhoven, T., Cotton, W., Russell, K. (2014). Pre-service health and physical education teachers' obesity-related nutrition knowledge and food habits. *Journal of the Home Economics Institute of Australia*, 21(3), 2-11.

Peralta, L., O'Connor, D., Cotton, W., Bennie, A. (2014). The effects of a community and school sport-based program on urban Indigenous adolescents' life skills and physical activity levels: The SCP case study. *Health*, 6, 2469-2480. [More Information]

2013

Barkell, J., O'Connor, D., Cotton, W. (2013). An examination of the progression from national schoolboy to senior representation in Australian rugby union. *University of Sydney Papers in Human Movement, Health and Coach Education*, 2, 1-16.

Dudley, D., Okely, A., Pearson, P., Caputi, P., Cotton, W. (2013). Decline in enjoyment of physical education among culturally and linguistically diverse youth. *International Journal of Quantitative Research in Education (IJQRE)*, 1(4), 408-425. [More Information]

Cotton, W., O'Connor, D. (2013). The Effect of a Training Evaluation Tool on Youth Coaches. In Hiroyuki Nunome, Barry Drust, Brian Dawson (Eds.), *Science and Football VII: The Proceedings of the Seventh World Congress on Science and Football*, (pp. 385-390). Abingdon, United Kingdom: Routledge. [More Information]

2012

Dudley, D., Okely, A., Pearson, P., Cotton, W., Caputi, P. (2012). Changes in physical activity levels, lesson context, and teacher interaction during physical education in culturally and linguistically diverse Australian schools. *International Journal of Behavioral Nutrition and Physical Activity*, 9, 1-9. [More Information]

Lubans, D., Okely, A., Morgan, P., Cotton, W., Puglisi, L., Miller, J. (2012). Description and evaluation of a social cognitive model of physical activity behaviour tailored for adolescent girls. *Health Education Research*, 27(1), 115-128. [More Information]

Peralta, L., Cotton, W., O'Connor, D., Bennie, A. (2012). *Evaluation of the National Aboriginal Sporting Chance Academy's (NASCA) Sporting Chance Program: Tempe, Marrickville and Alexandria Park Community High Schools, Term 4, 2011*, Australia: .

Dudley, D., Okely, A., Cotton, W., Pearson, P., Caputi, P. (2012). Physical activity levels and movement skill instruction

in secondary school physical education. *Journal of Science and Medicine in Sport*, 15(3), 231-237. [More Information]

Cotton, W. (2012). The place of laptops in physical education: should they stay in the changing rooms? In Jennifer A. ODea (Eds.), *Current Issues and Controversies in School and Community Health, Sport and Physical Education*, (pp. 321-328). New York, USA: Nova Science Publishers.

2011

Okely, A., Cotton, W., Lubans, D., Morgan, P., Puglisi, L., Miller, J., Wright, J., Batterham, M., Peralta, L., Perry, J. (2011). A school-based intervention to promote physical activity among adolescent girls: Rationale, design, and baseline data from the Girls in Sport group randomised controlled trial. *BMC Public Health*, 11, 658-668. [More Information]

Dudley, D., Okely, A., Pearson, P., Cotton, W. (2011). A systematic review of the effectiveness of physical education and school sport interventions targeting physical activity, movement skills and enjoyment of physical activity. *European Physical Education Review*, 17(3), 353-378. [More Information]

Brymer, E., Gray, T., Cotton, W. (2011). Outdoor experiential training as a medium for the development of today's leaders. *Journal of the Spirituality Leadership and Management*, 5(1), 58-66.

2010

O'Connor, D., Cotton, W. (2010). *Community Junior Sport Coaching, Part 2. Final report, December 2010*.

Cotton, W. (2010). Outdoor recreation. In D Buchanan, W Cotton, K Ingram, J McLean, D OConnor, P Sinclair (Eds.), *Peak Performance 1: Preliminary PDHPE*, (pp. 286-318). South Yarra, Victoria, Australia: Macmillan Education Australia.

Brymer, E., Gray, T., Cotton, W., Carpenter, C. (2010). Profiling outdoor leadership. *Journal of Outdoor Recreation, Education, and Leadership*, 2(1), 93-108.

2009

Cotton, W., Lockyer, L., Bricknell, G. (2009). A Journey Through a Design-Based Research Project. *World Conference on Educational Multimedia, Hypermedia & Telecommunications ED-MEDIA 2009*, Chesapeake, VA, USA: Association for the Advancement of Computing in Education (AACE).

O'Connor, D., Cotton, W. (2009). *Community Junior Sport Coaching: Final Report, November 2009*, November 2009, (pp. 7 - 97). Canberra, Australia: Australian Sports Commission. [More Information]

2008

Cotton, W. (2008). Supporting the use of learning objects in the K-12 environment: A design-based research project. *Emerging Technologies Conference 2008*, Wollongong: University of Wollongong.