Publications for Ross Sanders

2018


2015


2014


Gonjo, T., McCabe, C., Coleman, S., Vilas-Boas, J., Fernandes,


2013


2012


De clerck, M., Verheul, M., Sanders, R. (2012). Swimming and the physical, social and emotional wellbeing of youth with Cerebral Palsy. *Bright SPARCS (Scottish Physical Activity and Research Conference for PhD Students)*, Edinburgh, UK.

De clerck, M., Daly, D., Verheul, M., Sanders, R. (2012). Swimming to break the vicious cycle of deconditioning in youth with Cerebral Palsy. *Bright SPARCS (Scottish Physical Activity and Research Conference for PhD Students)*, Edinburgh, UK.


2011


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Sanders, R., Burnett, A. (2004). Technique and timing in women's and men's reverse one and one half somersault with two and one half twists (5335D) and men's reverse one and one half somersault with three and one half twists (5337D) in springboard dives. *Sports Biomechanics, 3*(1), 29-41. [More Information](http://dx.doi.org/10.1080/14763140701489793)
2003


2002


Sanders, R. (2002). Swimming Research and Education at the Centre for Aquatics Research and Education (Keynote address). *Japan Conference of Swimming.*

Sanders, R., Gibson, B., Prassas, S. (2002). Technique and timing in the women's reverse two and one half somersault tuck (305C) and the men's reverse two and one half somersault pike (305B) 3m springboard dives. *Sports Biomechanics, 1*(2), 193-212.

2001


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Sanders, R. (1999). Timing in the forward one and one half somersault with one twist 3m springboard dive. *Journal of Science and Medicine in Sport, 2*(1), 57-66.

1998


1995


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