DARETON PRIMARY HEALTH CENTRE – 44-46 Tapio Street. Phone 50217200

This Centre covers the Wentworth & Balranald Shire and continues to provide a hub for a diverse range of service for the whole community. These include:

Manager of Primary Health: Dareton/Balranald - Patricia Algate

Aboriginal Health Workers: Have a university qualification in Indigenous Primary Health Care & work with the primary health team. Promoting a primary health approach to address aboriginal health needs with a focus on prevention, early detection and care. (Sheryl Brown, Margaret Lawson, Lynne Mitchell and trainee Gary Hamence)

Aboriginal Transport: for aboriginal clients without means of transport to health related appointments only. (Clifford Williams)

Palliative Care Specialist: provides holistic palliative care services both clinical and consultative for clients, carers within home, hospital or aged care facility. (Joseph Kervin)

Sexual Health: counseling, screening, treatment, immunisation, education and needle syringe program. (Nicole Lehman)

Primary Health Nurses: provide a range of services across the continuum of care: Health Promotion promoting lifestyle changes, case management, school screenings, home visits, immunisation, wound management, asthma education, Quit program and advocacy. (Fiona Weir, Liz Buffon)

Diabetic Educator: management of Type 1, Type 2 and Gestational Diabetes. Education clinics, home visits, community groups, complication screening, insulin management under GP’s guidance. (Rebecca Johnson, Monica Jessop & Paul Skipper)

Women’s Health: advise & education on contraception, menopause and continence, pap smears and pregnancy testing. Community education on issues such as domestic violence and grief and loss. (Gail delucia)

Aged Care assessment team: assist frail older persons/ cares & families with care plan management, referrals, dementia support, disability access, education on respite and case management of complex health issues. (Sue Cooper, Barb Bone, Lee Clarke)

Child & Family Health Nurse: support, assessment, education, parent groups, immunisations. (Helen Morris)
**Community Midwife:** antenatal, postnatal care and checks, education in home or clinic.  
(Helen Penington)

**Early Intervention Educator:** Children 0-6 yrs support for families who have a child with a developmental delay or disability. Coordination of support services and facilitation to school.  
(Jayne O’Shannessy)

**Administration Support:** Helen Brockfield & Vivianne Gilby

Dareton staff that have a regional role and visit the Balranald Shire are Women’s Health, Sexual Health, Community Midwife, Diabetes Educator, Palliative Care and Early Intervention

Successful programs this year have focused on physical activity and comprise of strength training twice a week, walking groups & Tia Chi approx. 80 clients participating weekly.

A Diabetes support group has been established, meeting mthly & supported by the Diabetic team.

Parenting Groups for parents of babies 0-6mths.

Women’s International Day activity celebrations drew a crowd of over 200 to listen to popular speakers & enjoy a healthy luncheon.

The QUIT program has commenced and already has a number of successful participants.

A local “Breast Feeding for Koorie” booklet has been a success and showcased at the National C&FH & Trisillian Conference.

**Visiting Services:**

**Dareton**

Obstetrician & Gynecologist Registrar – Wednesdays 0930-1230hrs

Sexual Health Physician – 1.5 days 3rd mthly

Psycho-geriatrian - 1 day 2nd mthly

Endocrinologist – 1 day 3rd mthly

Allied Health – Social worker 2 days per wk,

Dietician 2 days per mth,

Occupational Therapy 5 days per mth,

Speech Pathologist 10 days per mth

Physiotherapy 2 days per mth, 5.5 days per month (Wentworth)

Podiatrist 4 days per mth (Wentworth)

**Balranald**

Sexual Health Physician – 1 day 3rd mthly if required

Psycho-geriatrian - 1 day 4 mthly

Endocrinologist – 1 day 3rd mthly

Allied Health – Social worker 4 days per mth

Dietician 2 days per mth,

Occupational Therapy 3 days per mth,

Speech Pathologist 3 days per mth

Physiotherapy 4 days per mth

Podiatrist 4 days per month