Patron His Excellency Rear Admiral Peter Sinclair AC
Governor of New South Wales

Chairman From 1985 to November 1992 Mr Ted Wilson PDG

Chairman From November 1992 Mr Alan Judd PDG

Director Professor Frank Billson AO MB BS Melb. DO RCP&S FRCS
FRCSEd FRACS FACS FRACO

Management Committee
Ex Officio Members of the University
The Vice-Chancellor and Principal
Professor Don McNicol BA Adel. PhD Camb.

Pro-Vice-Chancellor (Community Affairs)
Professor Sam Ball PhD Iowa BA MEd FAPA

Dean, Faculty of Medicine
Professor John Young BS BSc(Path) MDDS Qld FRACP

Representative of Dean, Faculty of Medicine
Professor Ann Sefton BSc(Med) MB BS PhD

Associate Professor Clinical Ophthalmology
Associate Professor Paul Mitchell MB BS MD NSW FRACS FRACO

Members
Dr John Hornbrook MB BS DO(Syd) DOI(Lond) FRACO FRACS

Mr Ron Reavley BEM PCC

Mr Ken Lentfer OAM PID
THE INSTITUTE...AND BLINDNESS

A major milestone in the history of ophthalmology in New South Wales was the establishment, in 1985, of the Save Sight Institute.

The Institute's aim is the prevention and cure of blindness and eye cancer.

Blindness is most feared second only to cancer, and perhaps AIDS. There is an increasing burden of blindness requiring research for its solution associated with age and infancy, such as blindness in the premature infant.

Although life expectancy is increasing, disability-free life expectancy is not. With loss of mobility, decrease of vision becomes the most threatening disability to quality of life. Blindness in children in years of blindness represents sixty-five percent of world blindness.

By the year 2000, it is anticipated there will be an increase of thirty percent of blindness that is age-related. During the next generation there will be a doubling of the population affected by age-related blindness.

The Institute is working steadily towards the eradication of this needless blindness.
Ophthalmic Registrars Seminar
Held in January each year for trainee ophthalmologists. The visiting speakers in 1992 were Professor Craig S. Hoyt from the University of California and Dr. Tony Moore from Addenbrooks Teaching Hospital, University of Cambridge, who spoke on "Paediatric Ophthalmology".

Journey for Sight
The 1992 Lions Journey for Sight, with free eye screenings organised by the Institute, was voted the best ever. Held in Martin Place, the volunteer ophthalmic nurses checked visual acuity and eye pressure.
Annual General Meeting
Held in February at the University, it was a successful meeting place for Institute members, scientific staff and our many donors and supporters.

Community Awareness
Between 1500 and 2000 people flocked daily to Sydney University’s stand at the Royal Easter Show, where staff from the Institute were available to supply information on eye conditions and diseases.

To assist with the detection of eye defects, health information brochures are available from the Institute on diabetic retinopathy, glaucoma, strabismus and macular degeneration. New brochures on cataracts and retinoblastoma are presently being prepared.

The Institute’s help was sought during the year, by the Self-Care Pharmacy Guild, for a national glaucoma awareness campaign.
Retinoblastoma Research
Retinoblastoma, commonly called "Cat's Eye Reflex", is the commonest cancer in the eye in early childhood. This condition occurs most often in the first two to three years of life. During the last century, children with this eye condition usually died in Australia. Today, 95 percent survive.

While research continues into the treatment and cure of Retinoblastoma, a group of parents whose children developed this disease have banded together to form the Retinoblastoma Support Group, in association with the Institute. A brochure will be published in 1993.

Health of the Unborn Child
At present one in five women in NSW of child-bearing age are at risk of infection of the ruthless virus Rubella. Rubella is dangerous to unborn babies, for, if a pregnant woman is subject to even a mild attack of Rubella, her baby could be born with cataracts and a threat of blindness, as well as other defects. The Institute's community awareness program warns - make sure you are immune to German Measles well before you start to raise a family.
HIGHLIGHTS OF 1992

The Blue Mountains Eye Study
The largest study of the incidence of eye disease in older Australians is underway in the Blue Mountains, NSW, and will be completed by June 1993. The study is largely being funded with grants from the Commonwealth Department of Health and the Save Sight Institute.

Institute’s New Headquarters
The NSW Government has now announced definite plans for the relocation of the Sydney Eye Hospital and the Institute, to the Sydney Hospital site. The Institute will occupy new premises in the refurbished South Block in Macquarie Street.

Eye Awareness Week
Once again the Institute was on a mission to find unknowing glaucoma sufferers during Eye Awareness Week in October. A free public screening was held in Macquarie Street.
Ophthalmic Basic Science Course

Two of the Institute's Ophthalmic Basic Science Course doctors have received top marks for their Part I exam towards a Fellowship of the Royal Australian College of Ophthalmologists. Dr. Marc Sarossy was tops in 1991 and Dr. Alex Hunyor had that honour this year.

The Institute's Course is the only full-time Course in Australia that trains doctors planning a career in ophthalmology and those seeking an introduction to vision research.

World Health Organisation

In October the W.H.O. met at the Institute to develop programs for the prevention of blindness in the West Pacific region. The Institute hosted the conference following calls for action from developing nations in the Pacific, where 100,000 people are blind, with 70,000 of those suffering from curable or preventable blindness. Representatives from nineteen nations attended the Conference.
It is with pleasure that I present my first report as Chairman of the Institute.

Unfortunately, the present financial difficulties faced by all sections of the community have been reflected in the income of the Institute. To overcome this problem, major structural changes to the Constitution are under way.

Nevertheless, the Institute continued to be active in its programs of research, teaching and community awareness during 1992.

As the newly elected Chairman, I would like to pay tribute to the former Chairman, Mr. Ted Wilson PDG, who has guided the Institute from its inception in May 1985 until his retirement this year. His dedication has helped put the Institute on a solid foundation, and all Members of the Management Committee join with me in expressing our gratitude to him.

I would also like to express our appreciation of the patronage of The Governor of New South Wales, His Excellency Rear Admiral Peter Sinclair.

My gratitude also to the members of the Management Committee, the Vice-Chancellor and other senior academic staff of the University for their help to me over the past few months.

To the relevant officers of the University and the staff of the Institute and the Department of Clinical Ophthalmology I say many thanks indeed for their help and dedication.

On behalf of all members of the Institute, I would like to take this opportunity to express our appreciation to our many donors and supporters, who have made possible our achievements throughout the year.

Mr Alan Judd
CHAIRMAN
I am pleased to report that over the past twelve months the Institute has achieved progress in our stated aim of prevention and cure of blindness and eye cancer.

In addition to the 'highlights' outlined in this Annual Report, it is very pleasing to see the enthusiasm to our community awareness programs and the results of our teaching and research activities.

As in 1991, one of the young doctors who participated in our Ophthalmic Basic Science Course in June this year went on to receive the top marks in the Part I exam towards a Fellowship of the Royal Australian College of Ophthalmologists.

In our research program, the reasons are being investigated as to why retinoblastoma, the commonest intra-ocular cancer in childhood, shows spontaneous cure in about 10 percent of cases. The research is interesting in that it shows that the process by which the visual system is refined and modelled in infancy appears to play a role in slowing the growth of retinoblastoma.

Another area of research for the Institute is glaucoma. Our studies are concerned with the drainage system of the eye and the change that leads to the death of the optic nerve in glaucoma.

The support of our many benefactors makes our continued fight against blindness possible, and I would like to thank the Lions Foundations and each individual donor for their continued support and encouragement during 1992.

I say "welcome" to our new chairman, Mr. Alan Judd, and wish to express my gratitude to the former Chairman, Mr. Ted Wilson, for his contribution to the Institute over many years.

F. A. Billson
DIRECTOR
## FINANCIAL STATEMENT

**SAVE SIGHT AND EYE HEALTH INSTITUTE**

Statement of income and expenditure for the twelve months ended 31 December 1992

<table>
<thead>
<tr>
<th></th>
<th>Actual to 31 December 1991</th>
<th>Actual to 31 December 1992</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INCOME</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Public Donations</td>
<td>$22,197</td>
<td>$14,659</td>
</tr>
<tr>
<td>Lions Foundations:-</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(General Expenses</td>
<td>$-</td>
<td>$-</td>
</tr>
<tr>
<td>(Recoupment of Salary</td>
<td>$117,673</td>
<td>$40,000</td>
</tr>
<tr>
<td>Royal Easter Show</td>
<td>$26,774</td>
<td>$-</td>
</tr>
<tr>
<td>Contribution</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pool Funds</td>
<td>$41,791</td>
<td>$42,557</td>
</tr>
<tr>
<td>M Wilson Bequest</td>
<td>$7,750</td>
<td>$8,659</td>
</tr>
<tr>
<td>Community Awareness</td>
<td>$1,135</td>
<td>$14,796</td>
</tr>
<tr>
<td>Course Fees</td>
<td>$15,827</td>
<td>$16,490(4)</td>
</tr>
<tr>
<td>Donations to Blue</td>
<td>-</td>
<td>$20,000</td>
</tr>
<tr>
<td>Mountains Study</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Retinoblastoma Support</td>
<td>-</td>
<td>$3,313</td>
</tr>
<tr>
<td>Sundry Income</td>
<td>$59</td>
<td>$-</td>
</tr>
<tr>
<td></td>
<td><strong>233,206</strong></td>
<td><strong>160,474</strong></td>
</tr>
</tbody>
</table>

Michael G. Henry, ACA, FCIM, FCIS

**MANAGER**

**OPERATIONS ACCOUNTING**

**THE UNIVERSITY OF SYDNEY**

Enquiries: Mr K. Fell, Telephone: 517 0582  K79 22719; 22724, 24793-24796
<table>
<thead>
<tr>
<th>Actual to 31 December 1991</th>
<th>Actual to 31 December 1992</th>
</tr>
</thead>
<tbody>
<tr>
<td>$</td>
<td>$</td>
</tr>
<tr>
<td>56,173 Salaries and Associated Costs</td>
<td>71,118</td>
</tr>
<tr>
<td>10,219 Contract Services</td>
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<tr>
<td>26,774 Royal Easter Show</td>
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<td>21,548 Administration</td>
<td>6,959</td>
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<tr>
<td>19,709 Equipment</td>
<td>8,540</td>
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<td>84 Committee and Executive Expenses</td>
<td>3,494</td>
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<tr>
<td>13,360 Community Awareness</td>
<td>16,804</td>
</tr>
<tr>
<td>13,424 Course Expenses</td>
<td>14,319(4)</td>
</tr>
<tr>
<td>- Contributions to Blue Mountains Study</td>
<td>40,000</td>
</tr>
<tr>
<td>- Retinoblastoma Support</td>
<td>964</td>
</tr>
<tr>
<td><strong>161,291</strong></td>
<td><strong>162,198</strong></td>
</tr>
</tbody>
</table>

71,915 SURPLUS/(DEFICIT) for the year (1,724)

TOTAL ACCUMULATED FUNDS at 1 January 393,468

TOTAL ACCUMULATED FUNDS at 31 December 391,744(5)

NOTE:
(1) These accounts have been prepared on a modified accrual basis.
(2) Income tax is not applicable to the activities of the Institute.
(3) Contingent liabilities as at 31 December 1992 are $1,500.
(4) In December 1992 $2,850 was received for the 1993 course. The 1992 course income was $17,440 ($3,800 received in 1991) and expenses of $14,319 were incurred.
(5) Includes $62,928 from M Wilson Bequest and $2,350 from Retinoblastoma support.
Our major support during 1992 came from the Lions NSW- ACT Public Health Care Foundation, for which we are extremely grateful.

Donations from the following supporters throughout the year are also gratefully acknowledged:

Adams, N.
Alami, S.
Alcon Laboratories
Allen, J.
Alumode Aluminium Pty Ltd
Anderson, J.
Anderson, K.
Andrews, E.
Armour Timber Trading Co P/L
Arnold, J.
Austin, C.
Badenhop, D.
Bateman, C.
Batts, D.
Beech, N.
Begg, V.
Bell, E.
Bell, J.
Bellata Lions Club
Beresfield Lions Club
Boxer, M.
Bradstreet, L. & M.
Brady, M.
Brent, L.
Brett, J.
Brisill Services Pty Ltd
Brooks, M.
Brooks, N & P.
Burgess, C.
Burridge, P.
Butterworth, L.
Buttsgog, A.
Calcott, J. & G.
Calvert, K.
Camden Smith, V.
Canowindra Lions Club
Carney, M. & D.
Carton, J.
Chambers, N.
Chan, C.
Chapman, N.
Chau, B.
Cheah, C.
Chitty, A. & M.
Chitty, S.
Cinelli, F.
Clark, E.
Clausen & Scully
Cole, T.R.
Coleambally Lions Club
Collins, A.
Constandopoulos, J.
Conyard, M. & L.
Cooke, L.
Coonabarabran Lions Club
Cowled, B.
Creaser, P.
Cruz, E.
Davey, K.
Davis, M.
Day, J.
Dengate, J. & B.
Denovan, D.J.
Dincbaills, H.
Doble, J.
Dowton, R.
Doyle, Mrs. R.
Edicam Pty Ltd
Edwards, K.

Elliott, G.H.
Ellis, C.
Ellis, K.
Emu Plains Lions Club
Endeavour Credit Union
Fabian, K.
Faisca, F.
Fardell, G.
Farncomb, J.
Flinot, F.J.
Foley, T.
Garin, P. & M.
Geurie Lions Club
Gillmore, D.
Gillmore, S.
Ginsberg, S.
Glen Innes Lioness Club
Glynn, F.
Godkin, C.
Gosford City Lions Club
Grenfell Lions Club
Griffin, J.
Gulloni, P. & J.
Gwandalan Lioness Club
Hackett, G.
Hale, J.
Harbord Lions Club
Hardy, M.
Hastie, G.
Hawkeswood, H.
Hawkins, J.
Haylan, C. & D.
Hill, B.
Hingeley Trust, The A.E.,
Hole, K.
Holland, L.
Hornsby, R.
Hourihan, K.
Howell, F. & J.
Hunter, J.
Hyde, E.
Ibels, F.C. & Co Pty Ltd
Jaskiewicz, G.
Kantor, S. & J. Charitable Trust
Kennedy, J.
Kedley, P.
King, J.
Kirkaldy, D.
Knight, S.
Knowles, D.
Kosky, M. & K.
Krzywunos, I.
Kuchel, M.
Kurri Kurri Lions Club
Ledermann, K.
Leggett, G.
Leis, O.
Lloyd, N.
Lo, A.
McAuley, J. & M.
McClintock, S.
McCracken, A.
McDevitt, A.
McGann, B.
McMillan, W.
McNamara, M.
Malkic, E.
Mangrove Mountain Lions Club
Martin, B.
Massey Greene, Lady
Maurel, M.
Mavrikos, G.
Maxwell, B. & M.
Merck Sharp & Dohme Aust P/L
Metcalf, J.
Miller, S.
Mirza, M.
Mitchell, P.
Moruya Lions Club
Moss Vale Inc. Lions Club
Myhill, G.
Narrabeen Lions Club
Northburn, L.
Northey, G.
Nundle District Lions Club
Nygren Lioness Club
O'Brien, J.
O'Connor, B. & B.
O'Keeffe, K.
Ong, K.
O'Sullivan, M.
O'Toole, M.
Parsons, J.
Patmore, M.
Patten, G.
Perry, A.
Playfair, J.
Polatinge Pastoral Co
Proud, J.
Pymble Golf Club Associates
Rego, G.
Roberson, W.
Rockley Lions Club
Rodway, G.
Roland, E.
Rolls, F.
Ross, M.
Royal Aust. College
of Ophthalmologists
Russell, K.
Scarff, R. & P.
Semmonds, D.
Sharp, B.
Shaw, V.
Shorter, J. & A.
Shudar, H.
Simpson, K. & J.
Slater, J.
Spencer, N.
St. Ives Lions Club
Storz Instrument Co.
Street, J. & N.
Stroud Lions Club
Sydney City Lions Club
Tan, A.
Tang, D.
Taylor, T.
Taylor & Trefry Pty Ltd
Tea Gardens Lioness Club
Teste, M.
Thurairatnam, D.
Toronto Lioness Club
Tran, X.
Tumbarumba Inc. Lions Club
Uy, R.
Vaill, D.
Varbedian, L.
Wadds, J.
Watts, A.
Waver, M.
Wedderburn, W.
West Wyalong Lions Club
Williams, R.
Wilson, B.
Woodward, N. & C.
Woodward, R.
Wu, V.
Friends of Sydney Hospital
Each year these Friends become our "friends", and during 1992 sponsorship was received for the brochure on Macular Degeneration, as well as actively helping with a raffle and sale of chocolates (for the Retinoblastoma Support Group).

Spring in the Southern Highlands
Two of the most beautiful gardens in the Southern Highlands, Buskers End and Kennerton Green, joined forces to raise money for the Institute during the Tulip Festival in September. The owners, Joan Arnold and Marilyn Abbott, worked tirelessly throughout the day.
Moruya Fund-Raiser
The opening of a new surgery in Moruya by Dr. Jean Calcutt and husband Graham became more than a "housewarming" when the Calcutts and the Lions Club of Moruya teamed up to raise funds for the Institute.

Public Eye Screenings
The public screenings to detect eye diseases would not be possible without the voluntary help of the ophthalmic nurses and orthoptists; and our gratitude also to OPSM and Alcon Laboratories for supplying us with the necessary medication for the screenings.
Associate Professor of Clinical Ophthalmology, whose particular interest is in epidemiology and management of medical retinal disease including diabetes and age-related macular degeneration. Chief Investigator, Blue Mountains Eye Study.

ASSOC. PROF. PAUL MITCHELL

Head of Ocular Microbiology Research Laboratory and External Eye Disease Unit. Research into surface immunity of the eye and its role in ocular infection, particularly associated with contact lens wear.

DR. KATHY McCLELLAN
Immunologist, awarded Master of Philosophy (London), gaining his PhD in 1988. Special area of interest is study of age changes in human retina. Last year his research lead to discovery of immune cells in the retina, a discovery which could help in development of treatment of macular degeneration.

Senior Lecturer in University Departments of Ophthalmology and Anatomy and research scientist. Special area of interest is retinal development and its vascular system.
**Senior Lecturer in University Departments of Ophthalmology and Anatomy** and research scientist. Special area of interest is retinal development and its vascular system.

**Dr. Tom FitzGibbon**

**Postdoctoral Research Fellowship recipient**, Michele has returned from the Doheny Institute, Southern California, to continue her work on retinoblastoma at the Institute. She is investigating the factors which activate natural cell death and is studying their role in tumour regression.

**Dr. Michele Madigan**
With a Bachelor of Science degree, Dan is completing a study on visual field loss in glaucoma; and is also doing research into Usher's Syndrome and Diabetic Retinopathy, in association with Professor Billson and Mr. Tony Jack.

Has worked as a scientist with the Institute since 1986. Ora has a particular interest in corneal survival in storage media, which is important for the successful transplant of corneas.
YOU CAN SUPPORT THE INSTITUTE BY:

Becoming a Governor, Associate Governor, Member, Associate Member or Friend

Making gifts or bequests

Governor
Governors make a contribution of $7,500 or more a year. They are eligible for appointment to the Council and, therefore, to direct and control the affairs of the Institute.

Associate Governor
Associate Governors make a contribution of at least $3,000 a year, may be eligible for appointment to the Council (up to 5 Associate Governors on Council) and are entitled to attend and vote at all general meetings.

Member
Members make a contribution of at least $1,500 a year, may be eligible for appointment to the Council (up to 2 Members on Council) and are entitled to attend and vote at all general meetings.

Associate Member
Associate Members contribute at least $500 a year, may be eligible for appointment to the Council (1 Associate Member on Council) and to attend all general meetings.

Friend
All other donors are Friends. They are eligible to participate in general meetings
ANNUAL REPORT 1992

Presented at the Annual General Meeting of the Council held on
Wednesday,
26 May 1993

The Save Sight and Eye Health Institute
349 Crown Street
Surry Hills NSW 2010
Phone (02)692 4285 Fax (02)360 4801