

Publications for Natalie Lister

2019

Jebeile, H., Gow, M., Lister, N., Mosalman Haghghi, M., Ayer, J., Cowell, C., Baur, L., Garnett, S. (2019). Intermittent Energy Restriction Is a Feasible, Effective, and Acceptable Intervention to Treat Adolescents with Obesity. *The Journal of Nutrition*, 149(7), 1189-1197. [More Information]

Jebeile, H., Gow, M., Baur, L., Garnett, S., Paxton, S., Lister (nee Blanch), N. (2019). Treatment of obesity, with a dietary component, and eating disorder risk in children and adolescents: A systematic review with meta-analysis. *Obesity Reviews*, 20(9), 1287-1298. [More Information]

2018

Gow, M., Ho, M., Lister (nee Blanch), N., Garnett, S. (2018). Dietary Interventions in the Treatment of Paediatric Obesity. In Michael S. Freemark (Eds.), *Pediatric Obesity. Etiology, Pathogenesis and Treatment*, (pp. xiii-814). USA: Humana Press. [More Information]

Steinbeck, K., Lister (nee Blanch), N., Gow, M., Baur, L. (2018). Treatment of adolescent obesity. *Nature Reviews Endocrinology*, 14(6), 331-344. [More Information]

2017

Lister (nee Blanch), N., Gow, M., Chisholm, K., Grunseit, A., Garnett, S., Baur, L. (2017). Nutritional adequacy of diets for adolescents with overweight and obesity: considerations for dietetic practice. *European Journal of Clinical Nutrition*, 71(5), 646-651. [More Information]

2016

Petersen, K., Clifton, P., Lister, N., Keogh, J. (2016). Effect of Improving Dietary Quality on Arterial Stiffness in Subjects with Type 1 and Type 2 Diabetes: A 12 Months Randomised Controlled Trial. *Nutrients*, 8(6), 1-12. [More Information]

Petersen, K., Clifton, P., Lister, N., Keogh, J. (2016). Effect of weight loss induced by energy restriction on measures of arterial compliance: A systematic review and meta-analysis. *Atherosclerosis*, 247, 7-20. [More Information]

Petersen, K., Clifton, P., Lister, N., Keogh, J. (2016). Reply to: Effect of weight loss induced by energy restriction on measures of arterial compliance: A systematic review and meta-analysis". *Atherosclerosis*, 252, 203-204. [More Information]

Gow, M., Garnett, S., Baur, L., Lister (nee Blanch), N. (2016). The effectiveness of different diet strategies to reduce type 2

diabetes risk in youth. *Nutrients*, 8(8), 1-13. [More Information]

2015

Blanch, N., Clifton, P., Keogh, J. (2015). A systematic review of vascular and endothelial function: effects of fruit, vegetable and potassium intake. *Nutrition, Metabolism & Cardiovascular Diseases*, 25(3), 253-266. [More Information]

Petersen, K., Blanch, N., Wepener, R., Clifton, P., Keogh, J. (2015). Dietary quality in people with type 1 and type 2 diabetes compared to age, sex and BMI matched controls. *Diabetes Research and Clinical Practice*, 107(2), e7-e10. [More Information]

Petersen, K., Clifton, P., Blanch, N., Keogh, J. (2015). Effect of improving dietary quality on carotid intima media thickness in subjects with type 1 and type 2 diabetes: a 12-mo randomized controlled trial. *American Journal of Clinical Nutrition*, 102(4), 771-779. [More Information]

Blanch, N., Clifton, P., Petersen, K., Keogh, J. (2015). Effect of sodium and potassium supplementation on vascular and endothelial function: a randomized controlled trial. *American Journal of Clinical Nutrition*, 101(5), 939-946. [More Information]

Petersen, K., Blanch, N., Keogh, J., Clifton, P. (2015). Effect of weight loss on pulse wave velocity: systematic review and meta-analysis. *Arteriosclerosis, Thrombosis, and Vascular Biology*, 35(1), 243-252. [More Information]

Petersen, K., Blanch, N., Keogh, J., Clifton, P. (2015). Weight Loss, Dietary Intake and Pulse Wave Velocity. *Pulse: a transdisciplinary approach to basic and clinical vascular research*, 3(2), 134-140. [More Information]

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Blanch, N., Clifton, P., Petersen, K., Willoughby, S., Keogh, J. (2014). Effect of high potassium diet on endothelial function. *Nutrition, Metabolism & Cardiovascular Diseases*, 24(9), 983-989. [More Information]

Clifton, P., Petersen, K., Blanch, N., Keogh, J. (2014). How do fruit and vegetables prevent heart disease and type 2 diabetes? *Current Opinion in Lipidology*, 147(2), 155-156. [More Information]

Blanch, N., Clifton, P., Keogh, J. (2014). Postprandial effects of potassium supplementation on vascular function and blood pressure: a randomised cross-over study. *Nutrition, Metabolism & Cardiovascular Diseases*, 24(2), 148-154. [More Information]

<http://dx.doi.org/10.1016/j.numecd.2013.06.014>>[More Information]