

Medicinal Chemistry and Molecular Pharmacology of GABA_C Receptors

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Abstract: GABA_C receptors belong to the nicotinicoid superfamily of ionotropic receptors that include nicotinic acetylcholine receptors, bicuculline-sensitive GABA_A receptors, strychnine-sensitive glycine receptors and 5HT₃ serotonin receptors. The GABA_C receptor concept arose from medicinal chemical studies of a conformationally restricted analog of GABA. Receptors matching the predicted properties of GABA_C receptors were cloned from the retina. Post cloning studies revealed the unique physiology and pharmacology of these relatively simple homomeric receptors. Three subtypes of GABA_C receptors have been cloned from mammalian sources and pharmacological differences between the 1, 2 and 3 GABA_C receptors have been described. There is evidence for functional GABA_C receptors in the retina, spinal cord, superior colliculus, pituitary and the gut and their involvement in vision, aspects of memory and sleep-waking behaviour. This review concentrates on the medicinal chemistry and molecular pharmacology of GABA_C receptor subtypes emphasising possible new investigational tools with which to investigate further GABA_C receptor function. The most useful currently available ligands that show some GABA_C receptor subtype selectivity are TPMPA, P4PMA, imidazole-4-acetic acid, 2-methyl-TACA and (±)-TAMP.

Key Words: GABA receptors – chloride channels – CACA – CAMP – TPMPA

INTRODUCTION

The GABA molecule can adopt a variety of different low energy conformations. The design and development of GABA analogs of restricted conformation showed that different conformations of GABA were likely to interact with different macromolecules that recognise GABA in its function as an inhibitory neurotransmitter [1]. A key compound was cis-4-aminocrotonic acid (CACA), a conformationally restricted analog of GABA held in a range of folded conformations (Fig. 1). In 1975, CACA was shown to have an inhibitory action on the firing of neurons in the spinal cord that was pharmacologically different to the predominant action of GABA on these neurons in that the

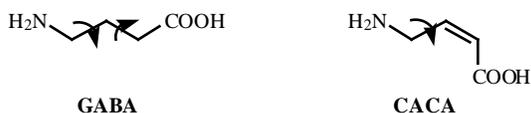


Fig. (1). Structures of GABA and the prototype GABA_C receptor agonist, CACA.

action of CACA was insensitive to the GABA antagonist bicuculline [2]. In 1981, Hill and Bowery [3] showed that another GABA analog, baclofen, also had a bicuculline-insensitive action on neurons, and proposed that there were two types of GABA receptors: GABA_A receptors that were

bicuculline-sensitive, and GABA_B receptors that were bicuculline-insensitive and activated by baclofen.

It is now known that GABA_A and GABA_B receptors are fundamentally different types of receptors. GABA_A receptors are ligand-gated ion channels made up of a pentameric mixture of protein subunits [4], while GABA_B receptors are heterodimeric G-protein coupled receptors [5]. But what of CACA, the GABA analog that apparently did not interact with either GABA_A or GABA_B receptors, described as a 'disturber of the peace' by Krogsgaard-Larsen and colleagues [6]? The concept of a third major class of GABA receptors arose in 1984 from studies on the lack of effect of CACA on the binding of radioactive baclofen to rat cerebellar membranes: "folded analogs of GABA may interact with a class of binding site (GABA_C?) insensitive to (-)-baclofen and bicuculline." [7]

The expression of GABA receptors with novel properties in oocytes injected with polyA⁺ RNA from mammalian retina [8], and the cloning of 1- and 2-subunit cDNAs from a human retinal library [9,10], represented major breakthroughs in the understanding of GABA_C receptors. Expressed in *Xenopus* oocytes, the α -subunits formed homooligomeric GABA-activated chloride channels insensitive to bicuculline but sensitive to CACA. The expression of retinal polyA⁺ RNA in oocytes led to GABA-activated chloride currents made up of two distinct components, one mediated by GABA_A receptors and the other mediated by GABA_C receptors, thus providing evidence that the protein subunits making up these different receptor populations associate independently of each other. Subsequent studies on the self-associating α -subunits

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expressed in oocytes and COS cells have provided extensive evidence that these subunits form GABA receptors with physiological and pharmacological properties distinct from those of heterooligomeric GABA_A receptors [11-15].

Functional evidence for the existence of native GABA_C receptors came in 1993 with back-to-back papers in Nature reporting that bicuculline-insensitive actions of GABA were mimicked by CACA in rat retinal bipolar cells [16] and in white perch rod-driven retinal horizontal cells [17]. The pharmacological properties of these responses closely resembled those observed for recombinant GABA_C receptors resulting from retinal mRNA expressed in oocytes.

GABA_C receptors belong to the nicotinicoid superfamily of ligand-gated ion channels that include nicotinic acetylcholine receptors, 5-HT₃ receptors, GABA_A receptors, strychnine-sensitive glycine receptors and some invertebrate anionic glutamate receptors [18]. The most studied and best understood of this class of receptors is the nicotinic acetylcholine receptors, while the GABA_A receptors appear to be the most complex and the GABA_C receptors the simplest. Members of the nicotinicoid superfamily are considered to be pentamers made up of protein subunits likely to have been derived from a common ancestor [19].

Recent reviews of GABA_C receptors have emphasised their structure and function from a molecular biological perspective highlighting their structural characteristics, identifying structural domains, noting the chromosomal localisation of GABA_C subunit genes and resulting link to diseases, identifying GABA_C receptor associated proteins and cloning new splice variants [20-22]. This review concentrates on the medicinal chemistry and molecular pharmacology of GABA_C receptor subtypes emphasising possible new investigational tools with which to investigate further GABA_C receptor function.

SIMILARITIES AND DIFFERENCES BETWEEN GABA_A AND GABA_C RECEPTORS

GABA_A and GABA_C receptors are subfamilies of the nicotinicoid superfamily of ligand gated ion channels [18]. The protein subunits that make up the GABA_A and GABA_C receptor subfamilies show up to 36% optimised sequence identity overall and up to 73% sequence identity in the membrane spanning regions. They are clearly derived from common ancestral proteins in the nicotinicoid superfamily. The GABA_A and GABA_C subfamilies can be distinguished on the basis of their different channel properties, the availability of selective agonists, antagonists and modulators, the different chromosomal localisation of the genes coding for the protein subunits of the two subfamilies and the reluctance of these subunits to co-express in functional receptors, and the different proteins that anchor the protein complexes to the cytoskeleton [21,23].

GABA_C RECEPTOR SUBTYPES

GABA_C receptors are considered to be both homooligomeric and pseudohetero-oligomeric receptors comprised

of α -subunits. To date, at least five different α -subunits have been cloned, including three from humans ($\alpha 1$, $\alpha 2$ and $\alpha 3$) [9,10,24] with two $\alpha 1$ splice variants [25], three from rat ($\alpha 1-3$) [26-29], two from chick ($\alpha 1$ and $\alpha 2$) [30], five from white perch ($\alpha 1$, $\alpha 1$, $\alpha 2$, $\alpha 2$ and $\alpha 3$) [31], and two from mouse ($\alpha 1$ and $\alpha 2$) retinae [32].

The use of reverse transcriptase PCR and *in situ* hybridisation techniques has shown that $\alpha 1$ mRNA is located predominantly in the retina, whereas $\alpha 2$ mRNA is more widely distributed in the CNS. In humans, the $\alpha 2$ subunit is present in most brain regions, including the cerebellum, thalamus and temporal and frontal cortices [33]. In rat brain, $\alpha 3$ mRNA expression pattern is different to the expression pattern of $\alpha 1$ and $\alpha 2$ mRNA's with lower expression levels of $\alpha 3$ mRNA in the retina and stronger expression levels in the hippocampus [34]. Outside the CNS, GABA_C $\alpha 1$ and $\alpha 2$ receptors have also been found associated with specific neurons in the gut [35,36]. Truncated $\alpha 1$ and $\alpha 2$ mRNAs have been described in thyrotropin-secreting cells in the pituitary together with GABA_C-like receptors that differ from those found in the retina [37].

Pharmacological differences between recombinant $\alpha 1$, $\alpha 2$ and $\alpha 3$ GABA_C receptors are emerging which may aid in assessing the functional relevance of these GABA_C receptor subtypes in various tissues.

TPMPA - THE FIRST SELECTIVE GABA_C ANTAGONIST

TPMPA, (1,2,5,6-tetrahydropyridin-4-yl)methylphosphinic acid (Fig. 2), was the first selective GABA_C antagonist to be developed [38,39]. It arose from the finding that isoguvacine has activity at both GABA_A and GABA_C receptors but no activity at GABA_B receptors, indicating that the tetrahydropyridine ring of isoguvacine (Fig. 2) distinguishes GABA_B from GABA_C receptors but does not distinguish GABA_A from GABA_C receptors. Combining this with the knowledge that a methylphosphinic acid group,

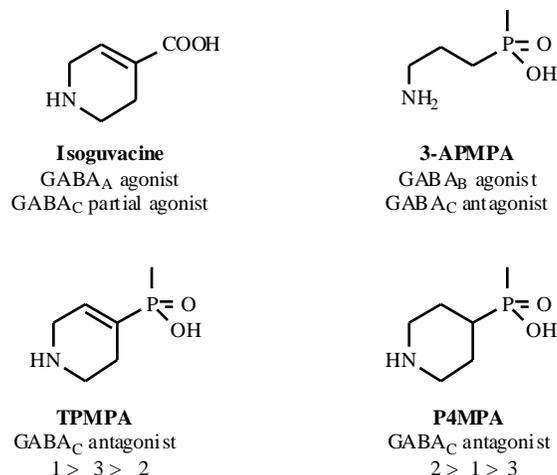


Fig. (2). Structures of substances that led to the development of the first selective GABA_C receptor antagonist, TPMPA.

as in the potent GABA_B agonist 3-APMPA (Fig. 2) [40] interacts with GABA_C [12] but not with GABA_A receptors led to TPMPA, which incorporates both the tetrahydropyridine ring system and a methylphosphinic moiety [38,39].

TPMPA is more than 100 times more selective in blocking $\alpha 1$ GABA_C receptors than in blocking GABA_A receptors from rat cerebral cortex polyA⁺ RNA expressed in *Xenopus* oocytes [39]. At GABA_B receptors, TPMPA is a weak agonist when measured by whole-cell patch recordings from pyramidal neurons in rat hippocampal slices [39]. TPMPA is greater than 500 times more selective in blocking $\alpha 1$ GABA_C receptors expressed in *Xenopus* oocytes than in activating GABA_B receptors [39].

TPMPA has been shown to block responses in the neonatal rat spinal cord providing evidence for the involvement of GABA_C receptors in synaptic transmission in this tissue [41].

TPMPA shows some subunit selectivity being 8-times weaker at human recombinant $\alpha 2$ than at $\alpha 1$ GABA_C receptors expressed in *Xenopus* oocytes [42]. At rat recombinant $\alpha 3$ GABA_C receptors, TPMPA was 2-times weaker than at human recombinant $\alpha 1$ GABA_C receptors [43]. The $\alpha 1$ 51 splice variant of $\alpha 1$ GABA_C receptors was more sensitive to TPMPA than are $\alpha 1$ GABA_C receptors [44].

The piperidine analog of TPMPA, P4MPA ((piperidine-4-yl)methylphosphinic acid) is a more potent antagonist of human recombinant $\alpha 2$ GABA_C receptors than is TPMPA [45,46], but weaker than TPMPA at human recombinant $\alpha 1$ and rat recombinant $\alpha 3$ GABA_C receptors [43].

TPMPA has been used to study GABA_C receptor function in the retina [47,48], spinal cord [41], superior colliculus [49], and gut [35], and the involvement of GABA_C receptors in memory consolidation [45,46] and sleep-waking behaviour [50].

CACA - THE PROTOTYPE GABA_C AGONIST

CACA, *cis*-4-aminocrotonic acid, was the prototype GABA_C agonist, shown to be an inhibitor of neuronal firing insensitive to the GABA_A antagonist bicuculline [2] that did not influence the binding of the GABA_B agonist baclofen to brain membranes [7]. Functional studies of the effects of CACA in a variety of neuronal preparations linked CACA to receptors that are activated by GABA and are distinct from the classical GABA_A and GABA_B receptors and led to widespread interest in GABA_C receptors [11,12,16,17]. CACA was shown to be a moderately potent partial agonist at GABA_C receptors. TACA, the *trans*-isomer of CACA, was considerably more potent as an agonist at GABA_C receptors but less selective in that TACA was also a potent agonist at GABA_A receptors, and a substrate for GABA-T [2]. CACA showed similar potency as a partial agonist at human $\alpha 1$ and $\alpha 2$ receptors expressed in *Xenopus* oocytes (EC₅₀ ($\alpha 1$) = 74 μ M; EC₅₀ ($\alpha 2$) = 70 μ M) and showed 70-80% of the efficacy of GABA [13,51]. It appeared to be

weaker (EC₅₀ 139 μ M) and less efficacious (57%) at rat $\alpha 3$ receptors expressed in *Xenopus* oocytes [43].

It is now known that CACA has other actions in addition to being a partial agonist at GABA_C receptors. Uptake studies have shown that CACA acts as a weak inhibitor of α -alanine transport in rat cerebral cortex slices [52]. It appears to be a weak substrate for a transporter that transports GABA, α -alanine and nipecotic acid in glial cells isolated from guinea-pig retina [53]. CACA stimulates the passive release of [³H]GABA and [³H] α -alanine by hetero-exchange from slices of rat cerebellum, cerebral cortex and spinal cord, without influencing potassium-evoked release [54]. CACA is only ten times weaker as a substrate for the transporter than as a partial agonist at the GABA_C receptors. This transporter may be related to the GAT-3 protein, a GABA transporter located predominantly on glial cells in the CNS [54].

In addition to its agonist action on GABA_C receptors in the retina, CACA has been shown to influence calcium currents at lower concentrations than those that activate GABA-evoked chloride currents [55].

CACA has been shown to weakly activate GABA_A receptors that contain $\alpha 6$ subunits on rat cerebellar granule cells and on recombinant $\alpha 6 \beta 2 \gamma 2 \delta S$ GABA_A receptors expressed in HEK cells [56]. This action of CACA was apparent at 30 μ M CACA, did not saturate at 1 mM, was abolished by 100 μ M bicuculline and was insensitive to 100 μ M TPMPA.

Thus it appears that studies using CACA as a selective GABA_C receptor partial agonist should be interpreted with caution.

(+)-CAMP - A SELECTIVE GABA_C RECEPTOR AGONIST

The (+)-isomer of CAMP, (*1S,2R*)-2-aminomethylcyclopropanecarboxylic acid, may be a superior GABA_C receptor agonist to CACA [57]. Racemic CAMP has been widely investigated for its effects on a variety of GABA receptors. CAMP is a conformationally restricted analog of GABA held in a range of folded conformations similar to those available to CACA. Conformational restriction in CAMP is achieved via a cyclopropane ring, rather than a *cis* double bond as in CACA; this has less influence on the ionisation of the carboxyl group, which in CACA is made more acidic by the double bond.

CAMP is a moderately potent full agonist at human $\alpha 1$ and $\alpha 2$ GABA_C receptors (K_d 65 μ M at $\alpha 1$ and K_d 104 μ M at $\alpha 2$) [57] and a partial agonist (EC₅₀ 53 μ M, I_{max} 57%) at rat $\alpha 3$ GABA_C receptors [43]. CAMP has no effect in inhibiting [³H]GABA uptake in cortical slices and thus may be the most selective agonist at GABA_C receptors currently available [58].

Resolution of CAMP into its optical isomers by separation of diastereoisomeric esters [59] afforded (+)- and (-)-CAMP (Fig. 3), which surprisingly showed opposite

pharmacology at GABA_C receptors [57]. (+)-CAMP was a relatively potent full agonist (K_d 40 μM at 1 and K_d 27 μM at 2), while (-)-CAMP was a weak antagonist (IC₅₀ 900 μM at 1 and 400 μM at 2). Rarely do enantiomers have identical biological properties, but it is also relatively uncommon to find them exerting opposite pharmacological effects. Neither isomer of CAMP influenced GABA transport [57].

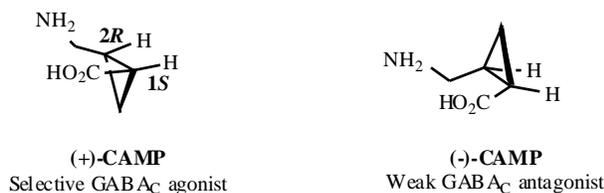


Fig. (3). Structures of (+)-CAMP, a selective GABA_C receptor agonist and of (-)-CAMP, a GABA_C receptor antagonist.

(+)-CAMP is a weak antagonist at human 1 2 2L GABA_A receptors expressed in oocytes, 1 mM producing 30% inhibition of the current produced by 10 μM GABA [57]. It has yet to be tested on recombinant 6 2 2S GABA_A receptors that are activated by CACA [56].

IMIDAZOLE-4-ACETIC ACID

Imidazole-4-acetic acid is a naturally occurring metabolite of histidine that activates GABA_A receptors [60]. It is an analog of GABA where the amino group of GABA has been replaced by an imidazole ring (Fig. 4). It penetrates the blood-brain barriers on systemic administration and reduces blood pressure and heart rate by stimulating central GABA_A receptors [61]. Inhibitors of histamine methylation in the brain promote formation of imidazole-4-acetic acid [62].

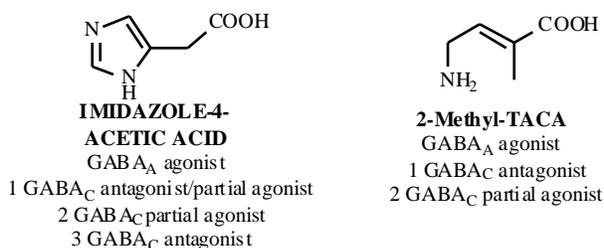


Fig. (4). Structures of imidazole-4-acetic acid and 2-methyl-TACA, lead compounds for the development of subtype specific GABA_C receptor ligands.

It is a partial agonist at GABA_C receptors showing a 12-fold higher intrinsic activity at 2 than at 1 receptors (EC₅₀ 16 μM, I_{max} 3% at 1; EC₅₀ 3 μM, I_{max} 38% at 2) [13,42,51]. It is a potent antagonist at 1 GABA_C receptors (K_B 1.5 μM), with an affinity similar to that of GABA [42]. It is also an antagonist (K_B 13 μM) at 3 GABA_C receptors [43].

Imidazole-4-acetic acid may be a useful compound for distinguishing between 1, 2 and 3 GABA_C receptors when used in conjunction with other substances. Although it has a complex pharmacology [63], imidazole-4-acetic acid

has been used to characterise GABA_C receptors in rat pelvic ganglia [64]. Species differences have been noted in the effects of imidazole-4-acetic acid on GABA_C receptors in the retina [65].

2-METHYL-TACA

2-Methyl-TACA, *trans*-4-amino-2-methylbut-2-enoic acid (Fig. 4), shows contrasting pharmacological properties at 1 and 2 GABA_C receptors [42]. It is a competitive antagonist at human 1 GABA_C receptors (K_b 45 μM) and a partial agonist at human 2 GABA_C receptors (K_d 101 μM, I_{max} 34%) and thus may be useful in differentiating between homo-oligomeric 1 and 2 receptors in native tissues.

A number of analogs of GABA and TACA substituted in the 2-position act as GABA_C receptor antagonists [66]. 2-Methyl-TACA is an open chain analog of isoguvacine (Fig. 2), a GABA_A receptor agonist [67] and GABA_C receptor partial agonist. The increased conformational flexibility of 2-methyl-TACA may be a factor in the ability of 2-methyl-TACA to stimulate human 2 GABA_C receptors.

TAMP, (+)-TACP AND (+)-4-ACPCA

TAMP, *trans*-2-aminomethylcyclopropanecarboxylic acid (Fig. 5), in its racemic form has long been known as a GABA_A [58] and GABA_C receptor partial agonist [13]. Separated into its optical isomers, (-)-TAMP is more potent against 2 GABA_C receptors (K_d 3 μM, I_{max} 50%) than against 1 GABA_C receptors (K_d 9 μM, I_{max} 40%) or

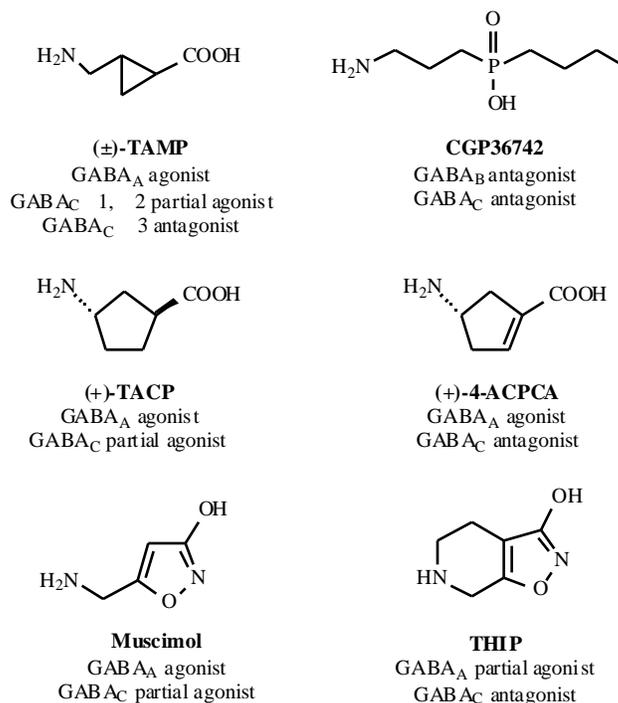


Fig. (5). Structures of (±)-TAMP, CGP36742, (+)-TACP, (+)-4-ACPCA, muscimol and THIP, compounds having interesting actions on GABA_C receptors.

1 2 2L GABA_A receptors (K_d 50 μM, I_{max} 50%), while (+)-TAMP is weaker than (-)-TAMP at all 3 receptors (K_d 30 μM, I_{max} 60% at 2; K_d 60 μM, I_{max} 40% at 1; and K_d 500 μM, I_{max} 50% at 1 2 2L) [57]. It has been shown recently that (±)-TAMP has no agonist properties at rat 3 GABA_C receptors, but it is a potent antagonist (K_b 5 μM) at these receptors [43]. Thus (-)-TAMP may be a useful agent with which to distinguish 3 from 1 and 2 GABA_C receptors, when used in combination with other agents.

Early studies on (+)-TACP, (+)-*trans*-3-aminocyclopentanecarboxylic acid (Fig. 5), showed that it was a potent inhibitor of the firing of cat spinal interneurons whose inhibitory action could not be blocked completely by the GABA_A receptor antagonist bicuculline [68]. Studies on radiolabelled (+)-TACP binding to rat brain membranes showed a high affinity binding component that could be inhibited by CACA suggesting that (+)-TACP could bind to GABA_C receptors [69]. Recent studies have shown that (+)-TACP is a potent partial agonist at 1, 2 and 3 receptors (EC₅₀s 2.7, 1.5 and 2.7 μM; I_{max} 83, 85 and 27% respectively) [43,70].

(+)-4-ACPCA, (+)-4-aminocyclopent-1-ene-1-carboxylic acid (Fig. 5), a GABA_A receptor agonist [71] is an antagonist at 1 and 2 GABA_C receptors (K_i 6 and 5 μM respectively) [70].

The structures of these and related compounds provide clues as to how they bind to GABA_C receptors to exert their agonist and antagonist actions [43,70,72].

MUSCIMOL AND THIP

Muscimol and THIP (Fig. 5) are widely used as selective GABA_A receptor agonists [4]. However they have potent actions on GABA_C receptors which means that interpretation of studies with these agents should be treated with some caution. No "selective" GABA_A receptor agonist is known that does not have significant action on either GABA_B and/or GABA_C receptors.

Muscimol, a conformationally restricted analog of GABA in which a hydroxyisoxazole moiety replaces the carboxyl group of GABA [1], is a potent partial agonist at human 1 and 2 GABA_C receptors (K_d 2.3 and 1.4 μM respectively) expressed in oocytes [13,51]. It shows similar potency (EC₅₀ 1.9 μM) at rat 3 GABA_C receptors [43]. Muscimol appears to be more potent at GABA_C receptors than at GABA_A receptors [12].

THIP, 4,5,6,7-tetrahydroisoxazolo(5,4-c)pyridin-3-ol (Fig. 5), is a conformationally restricted analog of muscimol [1]. It is a potent GABA_A receptor partial agonist of high efficacy [67], but has proved to be a moderately potent GABA_C receptor antagonist (K_b 32 μM at GABA_C receptors produced from bovine retinal poly(A)⁺ RNA expressed in oocytes [12] and K_b 10 μM at rat 3 GABA_C receptors [43]).

Unlike GABA, both muscimol and THIP pass the blood-brain barriers on systemic administration [73]. Muscimol is

psychoactive, while THIP is a potent analgesic. Side effects of THIP (including sedation, dizziness, and blurred vision) meant that it had too low a therapeutic index to be therapeutically useful as an analgesic [74,75]. There is renewed interest in THIP with respect to sleep therapy as it produces slow wave sleep and reduces spindling activity in non rapid eye movement sleep in humans [76].

THIP-induced analgesia is not sensitive to bicuculline indicating that GABA_A receptors are not involved [77]. Perhaps the GABA_C receptor antagonist action of THIP contributes to its analgesic action? Benzodiazepine-sensitive GABA_A receptors do not appear to be involved in the effects of THIP on sleep patterns [76]. As noted above, the GABA_C receptor antagonist TPMPA has been used to probe the involvement of GABA_C receptors in sleep-waking behaviour [50].

CGP36742

CGP36742, 3-aminopropyl-*n*-butylphosphinic acid (Fig. 5) is one of a range of phosphinic acid analogs of GABA that act as GABA_C receptor antagonists [72]. CGP36742 was developed as an orally active GABA_B receptor antagonist [40,78]. It inhibited the binding of CGP27492 to GABA_B receptors on rat brain membranes with an IC₅₀ of 38 μM [40,78] and had much weaker effects on binding to GABA_A receptors (IC₅₀ 500 μM) [79]. Furthermore, CGP36742 had no effect on a range of other receptors at 1 mM, including benzodiazepine, muscarinic cholinergic, adrenergic, serotonergic, histaminergic, NMDA, quisqualate and kainate receptors.

Functional studies on 1 GABA_C receptors expressed in oocytes showed however that CGP36742 acted as a GABA_C receptor antagonist with an IC₅₀ = 62 μM, i.e. approximately half as potent as against GABA_B receptors [72].

CGP36742 has shown promising therapeutic potential for the treatment of cognitive deficits, petit mal epilepsy and depression [79-83]. As not all orally active GABA_B antagonists show this therapeutic potential [78], it is possible that antagonism of GABA_C receptors contributes to these effects [45,72].

BARBITURATES

Barbiturates have long been known to be able to enhance the action of GABA on GABA_A receptors [84] but they appear to have no action on wild type GABA_C receptors [13]. Indeed, chimeric constructs of 3 GABA_A and 1 GABA_C receptor subunits have been used to show that the residues of the 3 subunit involved in barbiturate binding to GABA_A receptors are located downstream from the middle of the second membrane spanning region [85].

Splicing of the third membrane spanning region of a 2 GABA_A subunit into a 1 GABA_C receptor subunit produces a chimera that is sensitive to barbiturates [86]. Mutation of a single tryptophan residue at position 328

within the third membrane spanning domain of γ GABA_C receptor subunits to a variety of hydrophobic amino acids is sufficient to impart barbiturate sensitivity to γ GABA_C receptors [86].

The second membrane spanning region of γ GABA_C receptors can also be modified to confer barbiturate sensitivity on these receptors. Mutation of an isoleucine residue at position 307 to serine results in a mutant γ GABA_C receptor that can be positively modulated by barbiturates [87].

Thus, it appears that two key amino acid residues (serine 307 and tryptophan 328) in γ GABA_C receptors are responsible for the lack of activity of barbiturates at these receptors, in contrast to the positive modulation and direct agonist action of barbiturates at GABA_A receptors.

NEUROACTIVE STEROIDS

While early studies reported GABA_C receptors to be insensitive to modulation by neuroactive steroids under

conditions where such steroids at nM concentrations modulated GABA_A receptors [88], it is now known that μ M concentrations of steroids can modulate GABA_C receptors [89]. The low affinity effects of neuroactive steroids on GABA_C receptors are more apparent at low concentrations of GABA well below its EC₅₀. Under such conditions, the anaesthetic agent alphaxalone, and the neurosteroids allopregnanolone and allotetrahydrodeoxycorticosterone (5 β -THDOC) (Fig. 6) enhanced GABA-evoked currents at γ GABA_C receptors expressed in oocytes and prolonged the decay time of these currents, i.e. they were positive modulators. At 20 μ M, these steroids potentiated GABA-evoked currents by 96%, 42% and 198% respectively. These are all 5 β -steroids and are the first examples of agents able to positively modulate GABA_C receptors.

The related 5 α -steroids (Fig. 6) - 5 α -dihydroprogesterone (IC₅₀ 5 μ M), pregnanolone (IC₅₀ 0.55 μ M) and tetrahydrodeoxycorticosterone (5 α -THDOC, IC₅₀ 1 μ M) - were negative modulators in that they inhibited GABA-evoked currents at these γ GABA_C receptors [89]. Thus the configuration of the A/B ring junction in these steroids influences their action on GABA_C receptors, the *trans*-

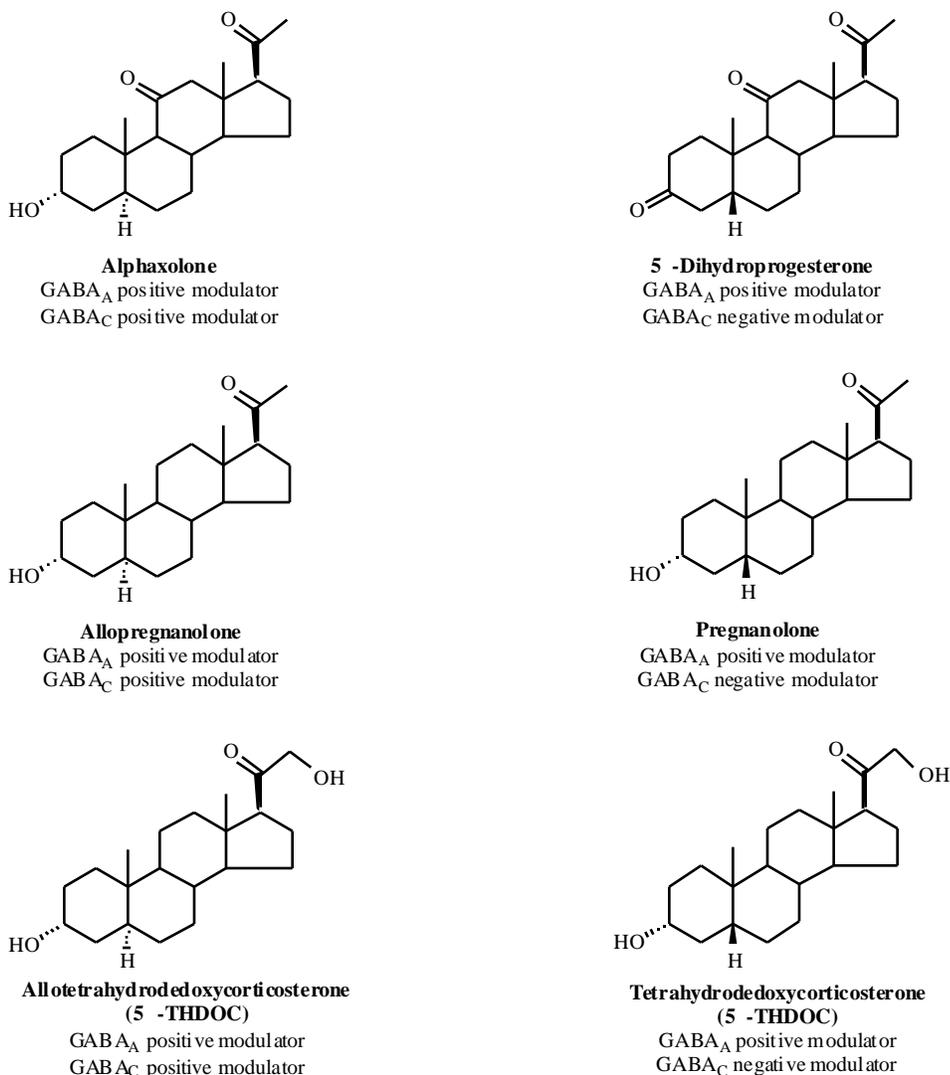


Fig. (6). Structures of steroids that have low affinity modulatory actions on GABA_C receptors.

configuration in the 5 α -steroids being favourable to enhancing GABA action and the *cis*-configuration resulting in inhibition of GABA action. The low affinity effects of these neuroactive steroids on GABA_C receptors are quite different from the high affinity effects typically observed with GABA_A receptors [89].

LORECLEZOLE AND (+)-ROD188

There are other agents, in addition to the 5 α -steroids shown in Fig. 6, that enhance the action of GABA on GABA_A receptors and reduce the action of GABA on GABA_C receptors. The anticonvulsant drug, loreclezole (Fig. 7), is a positive modulator of GABA_A receptors containing a 2 or 3 subunit [90]. This selectivity is determined by a single amino acid residue in the second membrane spanning region (2Asn289, 3Asn290) which when converted to a serine residue (as in 1 subunits) leads to a 300-fold loss of potency of loreclezole as a positive modulator of GABA_A receptors. Against 1 GABA_C receptors, loreclezole is a potent negative modulator (IC₅₀ 0.5 μ M) that has been described as a simple functional marker for GABA_C receptors [91]. Another positive modulator of GABA_A receptors, (+)-ROD188 that is known to have a different mode of action to that of loreclezole [92], is also a negative modulator (IC₅₀ 100 μ M) of 1 GABA_C receptors [91].

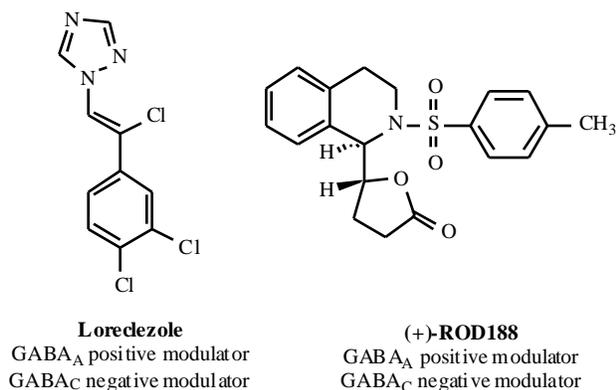


Fig. (7). Structures of loreclezole and (+)-ROD188, GABA_A receptor positive modulators and GABA_C receptor negative modulators.

CONCLUSIONS

While medicinal chemical studies on GABA_C receptors are just beginning, it is already clear that GABA_C receptors are very different from GABA_A receptors in terms of agonist and antagonist structural profiles. Functional studies indicate the involvement of GABA_C receptors in the retina, spinal cord, superior colliculus, pituitary and the gut. GABA_C receptors are involved in vision and have been implicated in aspects of memory and sleep-waking behaviour.

There are at least 3 major subtypes of GABA_C receptors found in mammals: the 1 subtype is located predominantly in the retina; the 2 subunit is found in most brain regions,

including the cerebellum, thalamus and temporal and frontal cortices; and the 3 subunit is found in the hippocampus.

Pharmacological differences between recombinant 1, 2 and 3 GABA_C receptors are emerging which may aid in assessing the functional relevance of these GABA_C receptor subtypes in various tissues. The structure-activity profiles of the GABA_C receptor agonists and antagonists highlighted in this review provide leads for the design and development of subtype selective GABA_C receptor ligands.

The most useful currently available GABA_C subtype selective ligands appear to be: the GABA_C antagonists TPMPA and P4MPA which show an order of potency 1 > 3 > 2 and 2 > 1 > 3 respectively; imidazole-4-acetic acid which is a potent partial agonist at 2 of moderate efficacy, a partial agonist of very low efficacy at 1 and an antagonist at 3; 2-methyl-TACA, which is an antagonist at 1 and a partial agonist at 2; and (\pm)-TAMP, which is a potent antagonist at 3 and a partial agonist at 1 and 2.

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