

## Application form

I would like to attend the following week/s of the workshop at the cost of:

- |   | Cost (GST inc.) |
|---|-----------------|
| <input type="radio"/> Workshop Week 1 (Mon-Thu) | \$880.00        |
| <input type="radio"/> Workshop Week 2 (Mon-Thu) | \$880.00        |

Reduced fees for students enrolled in the Graduate Certificate, Graduate Diploma or Masters in Pain Management.

- |   |          |
|---|----------|
| <input type="radio"/> Workshop Week 1 (Mon-Thu) | \$250.00 |
| <input type="radio"/> Workshop Week 2 (Mon-Thu) | \$250.00 |

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Position: \_\_\_\_\_

Dietary reqs: \_\_\_\_\_

Organisation: \_\_\_\_\_

Closing date: 25 January 2019

Cancellation Fee: Cancellations before closing date (25 January 2018) receive a 90% refund of the workshop costs. No refunds after this date.

Accommodation: Available near the venue (information on request)

## Payment options

Send completed application form (mail/email) to:

Ms Leigh-Anne Funnell

Pain Management Research Institute

Ground Floor, Douglas Building, Royal North Shore Hospital

Reserve Rd, St Leonards, NSW 2065 Australia

E: [paineducation.admin@sydney.edu.au](mailto:paineducation.admin@sydney.edu.au)

For secure online web payments please visit  
[sydney.edu.au/medicine/pmri/education/continuing/workshop.php](http://sydney.edu.au/medicine/pmri/education/continuing/workshop.php)



## About the Institute

The Pain Management Research Institute consists of a multidisciplinary group of health professionals and research staff who are collaborating to improve pain treatment, education, and research in adults and children. The staff includes:

- ➔ Medical specialists in pain medicine, psychiatry, rheumatology, palliative care and orofacial medicine;
- ➔ Registered nurses;
- ➔ Clinical psychologists;
- ➔ Physiotherapists and
- ➔ Basic and applied scientists.

Clinical treatment, teaching and research activities extend from acute pain (e.g. post operative and trauma) to chronic non cancer pain (e.g. low back pain, post amputation pain, herpes) and cancer pain management.

The Institute facilitates an articulated online Masters program in Pain Management, in association with The University of Sydney. Individuals can access single units of study from this program for continuing education purposes.



Royal  
North Shore  
Hospital

## For further information

Pain Management Research Institute  
Ground Floor, Douglas Building  
Royal North Shore Hospital  
St Leonards, NSW 2065, Australia

T: +61 2 9463 1516

E: [paineducation.admin@sydney.edu.au](mailto:paineducation.admin@sydney.edu.au)



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## Pain Refresh

# Pain Management Multidisciplinary Workshop 2019



Week 1: February 4-7

Week 2: February 11-14

## Workshop outline

This intensive workshop program provides a comprehensive overview of all major aspects of pain management, integrating basic science with its clinical application. The content is based on the IASP endorsed Master of Medicine/Science in Medicine (Pain Management) degree program, The University of Sydney. Workshop's 1 and 2 are designed as a package and attendance at both is ideal but not essential.

### ➔ Workshop 1: The Problem of Pain

The first week introduces participants to the extent of the problem and explores pain contributors and assessment.

Topic areas include:

- Concepts and Assessment of Pain
- Epidemiology
- Overview of Musculoskeletal Pain Problems
- Early Intervention
- Psychological Contributors of Pain
- Pharmacology of Pain
- Disability, Pain & Rehabilitation
- Neurobiology related to Mechanisms of Pain
- Cancer Pain and Cancer Survivorship
- Orofacial Pain
- Acute Pain Services

### ➔ Workshop 2: The Management of Pain

In the second week participants explore current principles of pain management. Topic areas include:

- Musculoskeletal Pain Assessment
- Neuropathic and Visceral Pain Management
- Neuroimmune Aspects of Pain
- Post-surgical Pain
- Pain and Addiction
- Pain Management in Children and Older People
- Placebo Analgesia
- Headache
- Mood, Personality Disorders and Suicide
- Complementary Therapies
- Pain and Sleep

*Please note: curriculum and speakers subject to final confirmation*

## Who should attend?

The workshops are designed to increase your knowledge and skills in managing patients with acute and/or chronic pain conditions. All health professionals would benefit from attending the workshops, including nurses, doctors, psychologists, physiotherapists, pharmacists, dentists, occupational therapists, exercise physiologists, osteopaths and other health disciplines.

## Why attend?

- ➔ Arguably the most comprehensive multidisciplinary pain management workshop available worldwide in 2019
- ➔ Presenters include practising clinicians and internationally and nationally recognised leaders in the field of pain management
- ➔ Latest and emerging evidence is covered in sessions, along with its clinical application
- ➔ Learn with, about and from other health professionals
- ➔ Modern learning venue, comprehensive resource set and catering provided

## Testimonials

*"Thank you for the wonderful, professional, and above all rewarding 8 days of pain management. It is without doubt the most intellectually challenging program that I have completed since my long past university days".*

*"As a day to day practicing clinical psychologist working in the area of pain management it was timely to stop and revisit the latest research and practices from some of the best in their field."*

*"An outstanding overview of pain management, an excellent appetiser for the novice, a pertinent refresher for the current practitioner and a setting of the bar for future pain clinicians/academics"*

*"The multidisciplinary approach and audience - one of the best aspects was group exercises where interdisciplinary discussion was fostered"*

*"Well organised, excellent speakers, current evidence based research and all pertinent to chronic pain management"*

*"Comprehensive overview of both theory of pain/mechanisms and practical interventions and skills for varied pain populations"*

## Expert presenters

Prof Paul Glare, Head Pain Management, PMRI, Uni of Sydney  
Prof Michael Nicholas, Director Pain Education, Uni of Sydney  
Prof Mark Hutchinson, Director Nanoscale BioPhotonics, Uni of Adelaide  
Prof Fiona Blyth, Epidemiology, Associate Dean, Uni of Sydney  
Prof Philip Siddall, Pain Medicine, Greenwich Hospital  
Prof Chris Peck, Dean of Dentistry, Uni of Sydney  
Prof Ian Cameron, Rehabilitation, Uni of Sydney  
Prof Milton Cohen, Rheumatology, UNSW  
Prof Peter Cistulli, Head, Discipline of Sleep Medicine, Uni of Sydney  
Prof Chris Vaughan, Neuroscience, PMRI  
A/Prof Ghauri Aggarwal, Palliative Care, Concord Hospital  
A/Prof Apo Demirkol, The Langton Centre, SESLHD D&A Services, UNSW  
A/Prof Damien Finniss, Medicine, Griffith Uni  
A/Prof Julia Hush, Physiotherapy, Macquarie University  
A/Prof Vasi Naganathan, Geriatric Medicine, Concord Hospital  
A/Prof Toby Newton-John, Psychology, University of Technology, Sydney  
A/Prof Paul Wrigley, Pain Specialist/Senior Lecturer, PMRI, Uni of Sydney  
Dr Claire Ashton-James, Pain Education, Uni of Sydney  
Dr Elizabeth Devonshire, Pain Education, Uni of Sydney  
Dr Newman Harris, Psychiatry, PMRC/RNSH  
Dr Carolyn Howard, Oncology, RNSH  
Dr Bronwyn Jenkins, Neurology, RNSH  
Dr Jonathan de Lima, Paediatrics, The Children's Hospital at Westmead  
Dr Ross Macpherson, Anaesthesia/Pain, RNSH  
Dr Rebecca Martin, Anaesthesia/Pain, PMRC/RNSH  
Dr Sarah Overton, Psychology, PMRC/RNSH  
Dr Gavin Pattullo, Head Acute Pain Services, RNSH  
Dr Duncan Sanders, Pain Education, PMRC/RNSH  
Dr Andrew Singer, Psychiatry, PMRC/RNSH  
Dr Russell Vickers, Oral/Maxillofacial Surgery/Homeopathy, Uni of Sydney  
Dr Brad Wood, Psychology, PMRC/RNSH  
Ms Lee Beeston, ADAPT Program, PMRC/RNSH  
Ms Maria de Sousa, Physiotherapy, PMRC/RNSH  
Mr John Turner, CNC Pain Management, PMRC/RNSH