

## **Beyond Ageing Project**

**Host School/Institute: Ageing Brain Centre, Brain & Mind Research Institute**

**URL: <http://www.bmri.org.au/about/index.php>**

**Project Code: BMRI2**

Supervisors: Dr Sharon Naismith and Dr Keri Diamond

Contact Phone: +61 2 9114 4006

Contact Email: [ayseburke@med.usyd.edu.au](mailto:ayseburke@med.usyd.edu.au)

### Description of Project:

Late-life depression is associated with cognitive decline, cerebrovascular disease and high rates of progression to dementia. Early intervention strategies for late-life depression must therefore evaluate relevant behavioural or pharmacological strategies in 'at risk' cohorts. This study will evaluate the effects of two relatively safe pharmacological strategies in a cohort of subjects who have been exposed previously to non-pharmacological strategies and folate supplementation. It makes use of the Beyond Ageing Cohort, an established community-based population of older adults aged 60- 74 (mean age = 65.94) years who were recruited in 2005-2006 from the Australian Electoral roll. Initially, these people were selected as being at elevated risk of major depression as evidenced by scores > 15 on the Kessler-10 (K10) questionnaire.

We are seeking an interested student to be involved in the collection of baseline data from research participants, with data collection commencing from January 2010.

### Administration contact details:

Ms Ayse Burke

Phone: +61 2 9114 4006

Email: [ayseburke@med.usyd.edu.au](mailto:ayseburke@med.usyd.edu.au)