Obesity Management Workshop for Health Professionals

by the Boden Institute of Obesity, Nutrition, Exercise & Eating Disorders

When
Friday 17 November – Saturday 18 November

Where
Level 6 Seminar Room
Charles Perkins Centre D17
The University of Sydney

Program
See page 2 for details

Cost
Early Bird rates until 27 October and regular rates can be found on page 3

Register
Please register ASAP to avoid disappointment. This workshop books out fast and places are strictly limited.
Click here to register

Background
With 25% of children and 63% of adults in Australia afflicted by weight problems, our nation's health professionals have an urgent need to become experts in the identification and treatment of overweight and obesity.

World obesity experts from the University of Sydney's Boden Institute are pleased to offer an exciting, evidence- and case-based interactive two day professional training workshop that will bring health professionals up to speed on the latest practical ways to recognise when weight is a problem for their clients, and what to do about it then.

Who will benefit from attending
Licenced health professionals with clients that would benefit from weight loss, including:
- General practitioners, physicians and surgeons
- Dietitians
- Psychologists
- Nurses
- Social workers
- Other allied health professionals such as pharmacists, physiotherapists and occupational therapists
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for Health Professionals

PROGRAM OUTLINE DAY 1
Friday 17 November 2017 9 am – 5 pm

Principles of effective obesity management
Aim: To explain the latest research findings around weight loss and translate these into practical advice for better weight management

Chair: Professor Timothy Gill, Professor of Public Nutrition, The Boden Institute, The University of Sydney

Topics include
- Has our relationship with weight changed?
- Is there a “best” way to lose weight?
- Drug treatment
- Is surgery the magic bullet?
- Management of obesity in children
- Management of obesity in adolescence/young adults

PROGRAM OUTLINE DAY 2
Saturday 18 November 2017 10 am – 4 pm

Practical obesity management
Chair: Dr Tania Markovic, Clinical Associate Professor, The Boden Institute | Director, Metabolism and Obesity Services, RPAH

Topics include
- New Obesity Guidelines and their rationale
- Discussion of case management in small groups
- Panel discussion of experts
- Partnerships in care
- Considerations in funding services or using Medicare rebates for obesity management
Obesity Management Workshop for Health Professionals

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<tr>
<th>COST TO REGISTER</th>
<th>EARLY BIRD RATE</th>
<th>REGULAR RATE</th>
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<tr>
<td>(includes pre-course materials and lunch)</td>
<td>expires 27-10-17 (GST incl)</td>
<td>from 28-10-17 (GST incl)</td>
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<td>2 day registration for current University of Sydney (USYD) or Local Health District (LHD) staff or students</td>
<td>$380</td>
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<td>2 day registration for non-USYD/LHD staff/students</td>
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<td>1 day registration for USYD/LHD staff/students</td>
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<td>1 day registration for non-USYD/LHD staff/students</td>
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Registration
Please register and pay for this course online using a credit card thank you.

Cancellation policy
- We regret that cancellations will only be accepted under exceptional circumstances and a cancellation fee of $100 applies. All cancellation requests must be sent in writing to the workshop contact (details below).
- No deferrals can be provided but if you are unable to attend the workshop, you may send a replacement if you notify the workshop contact (details below) 5 working days or more prior to the workshop.
- You may change your registration from 2 days down to 1 day if you notify the course contact (details below) 5 working days or more prior to the workshop, and an administration fee of $60 applies.

Workshop contact
If you have questions about this course, please contact Melanie Symons boden.admin@sydney.edu.au (02) 8627 1933

For information about the Boden Institute please go to our website.