Obesity Management Workshop for Health Professionals 2018
by the Boden Institute of Obesity, Nutrition, Exercise & Eating Disorders
The Charles Perkins Centre

When
Friday 27 – Saturday 28
July 2018

Where
Level 6 Seminar Room
Charles Perkins Centre D17
The University of Sydney
View map

Program
See page 2 for details

Cost
Early Bird rates until 16 July 2018 and full price rates can be found on page 3

Register
Please register ASAP to avoid disappointment. This workshop books out fast and places are strictly limited. Click here to register

Background
With 25% of children and 63% of adults in Australia afflicted by weight problems, our nation’s health professionals have an urgent need to become experts in the identification and treatment of overweight and obesity.

World obesity experts from the University of Sydney’s Boden Institute together with Royal Prince Alfred Hospital’s Metabolism and Obesity Services are pleased to offer an exciting, evidence- and case-based interactive two day professional training workshop that will bring health professionals up to speed on the latest practical ways to recognise when weight is a problem for their clients, and what to do about it then.

Who will benefit from attending
Licenced health professionals with clients that would benefit from weight loss, including:
- General practitioners, physicians and surgeons
- Dietitians
- Psychologists
- Nurses
- Social workers
- Other allied health professionals such as pharmacists, physiotherapists and occupational therapists

More information
Contact Melanie Symons boden.admin@sydney.edu.au
Obesity Management Workshop
for Health Professionals

DAY 1 PROGRAM ▶ Friday 27 July 2018
9 am – 5.15 pm
Program updated 18 May 2018

PRINCIPLES OF EFFECTIVE OBESITY MANAGEMENT

Aim: To explain the latest research findings around weight loss and translate these into practical advice for better weight management

Chair: Professor Timothy Gill
Professor of Public Nutrition, Research Programs Director and Program Leader Public Health Nutrition, The Boden Institute | Principal Research Fellow, Prevention Research Collaboration, The University of Sydney

Topics will include:

• What we now know about energy balance
• New understanding on diet and weight loss
• Does Exercise have a role in weight loss?
• Psychological aspects of weight control
• Are drugs of any use in obesity management?
• Management of obesity in youth
• Is surgery the magic bullet?
• The obesity paradox
• Cost effectiveness of obesity management strategies

DAY 2 PROGRAM ▶ Saturday 28 July 2018
10 am – 4.30 pm
Program updated 18 May 2018

PRACTICAL OBESITY MANAGEMENT

Chair: Associate Professor Tania Markovic
Director, Metabolism & Obesity Services, Royal Prince Alfred Hospital | Clinical Associate Professor, Clinical Trials, The Boden Institute, The University of Sydney

Topics will include:

• New Obesity Guidelines and their rationale
• Bariatric Surgery work up/patient selection/follow up
• What does it really take to change behaviour?
• Interactive clinical case discussion
• Considerations in funding services or using Medicare rebates for obesity management
Obesity Management Workshop for Health Professionals

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<tr>
<th>COST TO REGISTER</th>
<th>EARLY BIRD RATE</th>
<th>FULL PRICE RATE</th>
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<tr>
<td>(includes pre-course materials and lunch)</td>
<td>– expires 16-07-2018 (GST incl)</td>
<td>– from 17-07-2018 (GST incl)</td>
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<tr>
<td>2 day registration for current University of Sydney (USYD) or Local Health District (LHD) staff or students</td>
<td>$380</td>
<td>$470</td>
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<td>2 day registration for non-USYD/LHD staff/students</td>
<td>$425</td>
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<td>1 day registration for USYD/LHD staff/students</td>
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<td>1 day registration for non-USYD/LHD staff/students</td>
<td>$315</td>
<td>$360</td>
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Cancellation policy
- We regret that cancellations will only be accepted under exceptional circumstances and a cancellation fee of $100 applies. All cancellation requests must be sent in writing to the course contact (details below).
- No deferrals can be provided but if you are unable to attend the workshop, you may send a replacement if you notify the course contact (details below) 5 working days or more prior to the workshop.
- You may change your registration from 2 days down to 1 day if you notify the course contact (details below) 5 working days or more prior to the workshop, and an administration fee of $60 applies.

Course contact
If you have questions about this course, please contact Melanie Symons
boden.admin@sydney.edu.au (02) 8627 1933

For information about the Boden Institute please go to our website.