Welcome to the first issue of San Scripts, the Sydney Adventist Hospital Clinical School newsletter, for 2016. San Scripts is a collection of stories, news and reflections about the experiences of staff and students at the SAH Clinical School.

First we would like to take this opportunity to extend a huge welcome to our newest cohort of Stage 1 medical students who have commenced at SAH Clinical School. Your enthusiasm re-energises us and it has been great to see you interacting so well with your peers and colleagues. Also a big welcome back to our Stage 2 and 3 students. We wish you all a very successful year.

Late last year we farewelled the graduating class of 2015 (photographed above), congratulating them on their achievements. We hope that your time at SAHCS prepared you well for the journey ahead and we look forward to hearing of your future endeavours. Look out for a Q&A with Dr Karolin Heck (2015 graduate) later in this newsletter.

We welcome future contributions to this newsletter, so please get in touch with us if you have a story to share.

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Warm congratulations to Dr Natalie Kent who has been shortlisted for a conference prize for her open poster presentation at the 2016 Australian and New Zealand College of Anaesthetists Annual Scientific Meeting in New Zealand. Natalie completed her research at SAH Clinical School under Dr Paul Stewart and presented a poster titled "Signs and symptoms resulting from administration of clinical doses of neostigmine routinely used for reversal of neuromuscular blockade, in awake human volunteers" at the conference. Natalie was selected as only one of six presenters to deliver an oral presentation of the research and answer questions in this open format. Well done Natalie!

SAH CLINICAL SCHOOL AWARDS

In December 2015 our graduating class of medical students completed their studies at SAH Clinical School. This was celebrated with a dinner held in the Clinical Education Centre. This night has become an evening of reflection and celebration, attended by students and their families as well as staff of SAH Clinical School and representatives of the Hospital.

Congratulations to the following students who were awarded University and Clinical School prizes:

Dr Robert Pocklington - The Marie Bashir Prize for the student with the highest overall academic achievement, The Kuring-Gai District Medical Association Prize for meritorious performance in Internal Medicine in Stage 3 of the Sydney Medical Program and The Dr Leon Wakefield Clark Prize for meritorious performance in Obstetrics and Gynaecology in Stage 3 of the Sydney Medical Program.

Drs d'Arcy Baxter, Peter James, Karolin Heck - The John Glenton Watson Memorial Prize for the greatest good fellowship to their colleagues throughout the Sydney Medical Program

Dr Alistair Varidel - Rotary Club of Beecroft Prize for meritorious performance in the Personal and Professional Development Theme in Stage 3 of the Sydney Medical Program

SIMULATION LEARNING CENTRE

The Simulation Learning Centre, based in the Clinical Education Centre, provides a unique, purpose-built, training centre for delivery of the procedural skills component of SMP and other training opportunities. Already this year the SLC has been used to deliver more of the SMP curriculum in a simulation environment. We have also been able to deliver a range of external courses to interns and other health practitioners. The efforts of the Simulation Learning Centre were recently showcased by Wanda McDermott, Clinical Skills and Simulation Educator, at the Faculty's Education Showcase event in April 2016 and feature in a recent publication by members of the School:

SURGICAL SKILLS RELAY COMPETITION

Image: Brodie Hookins (Stage 4) and competitors Jenna Reeves, Eric Lee, Daisy Frankcombe, Leah Kim and Matthew Wright (Stage 3)

The second ever Sydney Adventist Hospital Clinical School Surgical Skills Relay was held in the Beverley Ellen Peters Skills Laboratories on April 29. During the event, Stage 3 students participated in a friendly, team-based competition to demonstrate their surgical dexterity, skill and speed.

Competitors were timed as they competed five surgical skill activities. The skills included obtaining valid patient consent, gowning and gloving, suturing, suture removal and venepuncture. While maintaining their competitive spirit, other team members watched from the sidelines with lots of cheering and encouragement. Team Daisy emerged victorious and were awarded the Sydney Adventist Hospital Surgical Skills Relay trophy. Team members included Daisy Frankcombe, Jenna Reeves, Eric Lee, Leah Kim and Matthew Wright.

Thank you again to Brodie Hookins for being involved in coordination of the event and to Dionne Hird and Cholm Williams for assisting with the judging.

2016 WINGARA MURA - BUNGA BARRABUGU SUMMER PROGRAM

Image: Dr Geoffrey Heise demonstrates blood pressure measurement to WMBB students

Around 220 Aboriginal and Torres Strait Islander high school students from as far afield as Alice Springs and the Torres Strait Islands travelled to the University of Sydney in January for the Wingara Mura - Bunga Barrabugu (WMBB) Summer Program. WMBB students were invited to join interactive workshops spanning the University's many disciplines, including health, natural sciences, creative arts, humanities and social sciences, and business. For the first time this program included a medicine stream, offered on behalf of Sydney Medical School by Sydney Adventist Hospital Clinical School. We hosted 14 students interested in pursuing a career in medicine and involved them in a range of enjoyable, interactive and educational activities including shadowing doctors in the Hospital, simulation and skills training and a team-based Hospital Hunt. Great fun was had by all! Thank you to all the medical students and academic staff who were involved in the medicine stream, which was rated as one of the best of the program.

DR GREG DALE RECEIVES HIGHER DEGREE BY RESEARCH - APRIL 2016

Image: Dr Greg Dale and supervisor, A/Prof Stephanie Phillips

On 21st April one of our students from SAH Clinical School received a higher degree by research, the MPhil(Med) conferred at a graduation ceremony in the Great Hall at the University of Sydney. Greg Dale, BVSc, MB BS, MPhil(Med), an alumnus of the Class of 2015, is pictured with his supervisor, anaesthetist Associate Professor Stephanie Phillips after the ceremony.

Dr Dale's thesis, “Intravenous lignocaine infusion for analgesia after laparoscopic fundoplication surgery - double-blind, randomised, placebo-controlled trial” was presented at Grand Rounds in April 2016, drawing
Dr Dale is currently working as an Intern in the Westmead rotation and studying for a Masters of Critical Care Medicine.

INTERVIEW WITH SAHCS STUDENT ALUMNA: DR KAROLIN HECK

We asked Karolin to answer a few questions for us....

1. What year did you graduate from SAH Clinical School?
   I graduated in December 2015

2. What are you doing now?
   After writing many, many applications to rural hospitals via the Rural Preferential Recruitment pathway, I am working as an intern at Maitland Hospital within the Hunter New England Network. I have moved to Newcastle and live the beach lifestyle...when I'm not working...

3. Can you think of a memorable event, patient experience or moment from your time at SAH Clinical School that you could tell us about?
   To be perfectly honest, I can't remember a single event. There have been many moments that were scary, exciting and nerve-racking. The first successful cannula, the first Arterial Blood Gas, the many opportunities to assist in surgery, the first intubation... I think you get the picture how much I enjoy procedural skills. I suppose the most memorable emotion that I have taken away, is the feeling of support through the challenging yet exciting moments of learning in an environment with a constant risk.

4. Who was your best tutor and why?
   I didn't have a single best tutor. There were several mentors that were influential and supportive in different ways. There was Prof Marx who was inspiring in his dedication to education. Wanda McDermott, with her never ending patience and enthusiasm, and Dr Stewart, who engaged me in research and supported further learning. Many different people have modeled characteristics that I have tried to take on board in my medical life as well as my private life.

5. Are you still involved with the School?
   I am currently settling into my new life at a new hospital in a new time and as such have limited time. But I am hoping to return to the SAH soon. A few plans are in place, and I am keen to continue being part of the San family.

6. If you could offer words of advice to current SAHCS students what would they be?
   My biggest fear was not having had as much opportunity for hands on training, especially things like cannulas etc. in comparison to medical students at other hospitals. In the end this was not the case. It turned out that I was behind with other things, things I didn't realize were going to have an impact. Based on this, I advise you to get involved with the paperwork that is part of being an intern: write discharge summaries, write in the notes on ward rounds and order tests, and review them too. And the last piece of advice: they notice if you don't show up!!! You are part of the team. When my medical students don't show up, I notice, but more importantly, so does the boss.

Karolin Heck MB BS
SYDNEY ADVENTIST HOSPITAL MEDICAL STUDENTS’ SOCIETY (SAHMSS)

Update from the President

It has been a time of change for the SAH Medical Students’ Society (SAHMSS). We said farewell to our former secretary, Simon Chivers, and welcomed Tim Kwan into the position. We also welcomed Alexander Dunn as the inaugural Stage 1 representative. Both members have already brought much enthusiasm and initiative to the table.

It has also been a social few months, with a friendly welcome back to all with a casual event at the start of the year, and an exciting and occasionally educational night of trivia in April (Did you know that glass bottles are brown to protect their contents from the oxidative effects of light? I certainly did not). As for what’s in store, we have plans for an Inter-Stage mentoring system, and we are working together with the Avondale nursing students to organise the long-awaited nursing vs medical students soccer match.

The SAHMSS Executive elections are also coming up, which means that this will be my last term as President. It's been a wonderful time and I really look forward to seeing what happens from here for the Society.

Enjoy the rest of the year!

Nicole Nahm
SAHMMS President

ACADEMIC PROMOTION AND NEW STAFF

Image: Prof Henry Woo and A/Prof Stephanie Phillips

Congratulations to the following SAHCS academics who have recently achieved new academic appointment/promotion:

Henry Woo - Professor of Surgery (Urology)
Stephanie Phillips, Sub-Dean (Education) - Associate Professor, Anaesthesia

We would also like to extend a warm welcome to Ms Tania Maiolo who has joined our team in the role of Senior Finance Manager. Welcome Tania!

FROM OUR EXECUTIVE OFFICER, MS ANNIE WILLIAMS

Would you like to be involved in teaching?

Our heartfelt thanks to everyone who has been involved in teaching our medical students. We are always keen to welcome new tutors to the School. Teaching is a rewarding way to be involved in academia. As you may know, the Hospital By-laws support teaching and research at SAH and teaching here provides a great opportunity to fulfill this aspect of the By-laws, while at the same time greatly benefitting our students and your own professional development, Continuing Medical Education (CME) requirements and research interests. You are also helping to secure top quality health care for future generations. Further information can be obtained from Ms Annie Williams, Executive Officer SAH Clinical School on annie.williams@sydney.edu.au
SAHCS PROFESSIONAL & ACADEMIC STAFF

Professional staff
Ms Annie Williams, Executive Officer
Dr Zoe Terpening, Manager Strategic Planning and Operations
Ms Natasha Easson, Education Support Coordinator
Ms Julie Munro, Education Support Officer
Ms Wanda McDermott, Clinical Skills & Simulation Educator
Ms Geraldine Eggenhuizen, Clinical Skills Educator
Ms Louise Cameron, Administration Assistant
Ms Tania Maiolo, Senior Finance Manager

Academic Staff
Professor John Watson, Associate Dean & Head of School

Associate Professor Samantha Fraser-Bell, Associate Professor Clinical Ophthalmology & Eye Health
Dr John Gallo, Senior Lecturer Medicine
Dr Amir Hanna, Senior Lecturer Obstetrics Gynaecology & Neonatology
Dr Bevan Hokin, Senior Lecturer Medicine
Associate Professor Michael Hughes, Associate Professor Surgery
Associate Professor Alvin Ing, Associate Professor Medicine & Sub Dean (Research)
Dr Auriel Jameson, Senior Lecturer Medicine
Associate Professor John Keogh, Associate Professor Obstetrics Gynaecology & Neonatology
Dr Adrian Low, Senior Lecturer Orthopaedic Surgery
Associate Professor Gavin Marx, Associate Professor Medicine
Dr Adam Osomanski, Lecturer Medicine
Associate Professor Geoffrey Painter, Associate Professor Clinical Ophthalmology & Eye Health
Ms Nancy Parsons, Lecturer Obstetrics Gynaecology & Neonatology
Associate Professor Stephanie Phillips, Associate Professor Anaesthesia & Sub Dean (Education)
Dr Geoff Paul, Senior Lecturer Obstetrics Gynaecology & Neonatology
Associate Professor Arthur Richardson, Associate Professor Surgery
Associate Professor Milton Roxanas, Associate Professor Psychiatry
Dr Simon Taylor, Senior Lecturer Clinical Ophthalmology & Eye Health
Professor Henry Woo, Professor Surgery

Clinical Academic Title holders
Clinical Associate Professor Roger Bartrop, Clinical Associate Professor Psychiatry
Dr Sara Booth-Mason, Clinical Senior Lecturer Clinical Ophthalmology & Eye Health
Dr Katherine Benson, Clinical Senior Lecturer Medicine
Dr Justin Bowra, Clinical Senior Lecturer Medicine
Dr Kong Chung, Clinical Lecturer Medicine
Dr Alex Currie, Honorary Associate Medicine & Sub Dean (Student Support)
Clinical Associate Professor Ross Grant, Clinical Associate Professor Medicine
Clinical Associate Professor Jean-Pierre Halpern, Clinical Associate Professor Medicine
Clinical Associate Professor Brian Jones, Clinical Associate Professor Medicine
Dr Nada Hamad, Clinical Lecturer Medicine
Dr Geoffrey Heise, Clinical Lecturer General Practice
Dr Hilda High, Clinical Lecturer Medicine
Dr Nadine Huddle, Clinical Lecturer Medicine
Dr Shishir Lal, Clinical Lecturer Clinical Ophthalmology & Eye Health
Dr Eisen Liang, Clinical Senior Lecturer, Medical Imaging
Dr Silvia Ling, Clinical Senior Lecturer Medicine
Mrs Kerri Legg, Clinical Lecturer Clinical Ophthalmology & Eye Health
Dr Peter Leung, Clinical Lecturer Obstetrics Gynaecology & Neonatology
Dr Karen Mizia, Clinical Lecturer Obstetrics Gynaecology & Neonatology
Dr Payal Mukherjee, Clinical Senior Lecturer Surgery
Clinical Associate Professor Peter Papantoniou, Clinical Associate Professor Surgery
Dr Peter Puhl, Clinical Lecturer Medicine