S.O.L.E.
Faculty of Veterinary Science

Johari’s Window
- Open
- Blind
- Hidden
- Unknown

Experiential Challenge
- Comfort Zone
- Challenge
- Growth

Two Essential SOLE Ground Rules
1. Challenge by Choice
2. What Happens in your SOLE stays in your SOLE
Mingle Mingle

- Walk amongst each other saying “Mingle mingle mingle”
- When you hear the bell, stop and find someone near you to talk with
- Introduce yourself and ask the question shown
- Start mingling again when the bell rings
- This will be repeated four times with a different question each time
- At the end you will be asked to quickly form groups of 10 with the people near you

Mingle Mingle

- Questions – one of these will be asked each time the bell rings:
  - What is your favourite movie?
  - What is a food you can’t stand?
  - How many brothers and sisters do you have?
  - Where did you go on your last holiday?