What is Leadership?

- ‘Leadership is a function of knowing yourself, having a vision that is well communicated, building trust among colleagues and taking effective action to realise your own leadership potential.’
  
  Bennis and Goldsmith (1994)

Self-Awareness

- ‘Success in the knowledge economy comes to those who know themselves - their strengths, their values, and how they best perform.’

  Drucker, 1999
Johari’s Window

- Open
- Blind
- Hidden
- Unknown

Experiential Learning Cycle

1. Experience
2. Share
3. Process
4. Generalise
5. Apply

What is your Mindset?