The 1000 Norms Project

PARTICIPANT INFORMATION STATEMENT
(CHILDREN UNDER 18 YEARS)

(1) What is the study about?

This study is about finding out what it means to be healthy. It is important for doctors and therapists to understand what is healthy, so that they can see when a person is not healthy. This information helps doctors and therapists to see a problem, and to give the right treatment. Our study hopes to build a database of healthy measurements that we will collect from healthy people like you. Doctors, therapists and researchers around the world will be able to look at this database to find out what is normal for a certain test. We hope to help people with diseases, injuries or disabilities all over the world.

The study also will be looking at DNA. DNA is the information inside all your body’s cells that makes you "you". Finding out more about this information will help us understand how our bodies work.

(2) Who is doing the study?

The study is being run by Physiotherapists Marnee McKay and Jennifer Baldwin at The University of Sydney, with Joshua Burns as the supervisor.

(3) What do I have to do?

The study is at The University of Sydney campus in Lidcombe. You will be asked to do different activities that will look at how your body moves and works. These will be simple movements like walking, jumping, and using your hands. We will show you how to do each one. You will also be asked to fill out some questionnaires asking you about your health. These are not a test; there is no right or wrong answer, and you can get help from Mum or Dad if you wish. You will also be given a small cup to spit into - this is to collect your DNA.
(4) Are there any dangers in the study?

You do need to be careful with some of the activities so you don’t fall over or hurt yourself. If you are tired let us know and you can have a rest. There will also be snacks and drinks for you. The results from testing your DNA will not give any information about your risk for any diseases. If the scientists want to look at your DNA for other information they will need to get your permission.

(5) How much time will it take?

The study will take about 2-3 hours.

(6) Do I have to do the study?

It is your choice to take part or not to take part in the study. If you decide to take part, you can still choose to stop if you wish.

(7) Will anyone else know?

We will write a report about this study and share the results with other researchers. You will not be named in any reports.

(8) Do I get anything for being part of the study?

You will not get anything for being part of this study.

(9) Can I tell other people about the study?

Yes, you may tell your family and friends about the study.

(10) What if I have any questions?

If you have any questions you can contact Marnee McKay or Jennifer Baldwin on 90367435 or email marnee.mckay@sydney.edu.au or jbal2575@uni.sydney.edu.au and we will be happy to help you.

(11) What if I am not happy with the study?

If you have any concerns or complaints you can contact The University of Sydney on +61 2 8627 8176 (Telephone); +61 2 8627 8177 (Facsimile) or ro.humanethics@sydney.edu.au (Email).

-This information sheet is for you to keep-