**Project Title:** Understanding how young people navigate the health system - what helps and what hinders?  

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**Project Type:** Literature Review  
**Project Category:** Adolescent medicine, Public Health  
**Project Keywords:**  
1. Youth health  
2. health system navigation  
3. marginalised groups  
4. health literacy  
5. technology  

**Project Description:**  
This project aims to explore the ways that young people access and navigate the health system in Australia, and will help inform a larger multifaceted research project. The successful summer scholar student will therefore have the opportunity to learn about a complex, mixed-methods project and be invited to remain engaged with the larger project if they are interested. This literature review will include research that has been done in the past ten years to identify barriers and facilitators to accessing health care for young people, and will focus on the impact of digital media on access and navigation. We are also particularly interested in young people 12 – 24 years, who are marginalized including young people from an Aboriginal and / or Torres Strait Islander, culturally diverse and/ or refugee background, who are experiencing homelessness, and young people who are same-sex attracted and/ or identify as gay, lesbian, bisexual, transgender or queer.  

**Research questions**  
This literature review will identify the research literature from the past ten years that describes:  
•the barriers and facilitators to accessing health care for young people living in Australia and the impact of digital media on access  
•the experiences of young people, particularly those who are marginalized, in navigating the health system  
•health system issues that present barriers to access and inefficiencies across the system for young people  

With the support of their supervisor, the Summer Scholar will follow a specific search strategy to identify a pool of literature. A second phase will include screening the literature for relevance to the topic. The scholar will then systematically analyze the key relevant studies and summarize them in a table. The scholar will finally write a brief summary of the key themes they found in the literature.