

TRN:_____

CAMBRIDGE BEHAVIOURAL INVENTORY

NB: This questionnaire is used in studies of a number of different diseases, and some of the questions may not be applicable to your individual circumstances

**To be completed by a person
who knows the patient well**

YOUR NAME:

RELATIONSHIP TO THE PATIENT:

THE PATIENT'S NAME:

DATE:

Instructions:

Please fill in the blanks above with your name, the patient's name and the date.

We would like to ask you a number of questions about various changes in the patient's behaviour that you may have noticed. It is important that we obtain your views as it will help us in our assessment.

Please read the description of each problem carefully. Then circle the number under the heading "**FREQUENCY**" that best describes the occurrence of the behavioural change where:

- 0 = never**
- 1 = a few times per month**
- 2 = a few times per week**
- 3 = daily**
- 4 = constantly**

Some of the everyday skill questions may not apply, if for instance the person you care for has never done the shopping enter N/A (not applicable)

All questions apply to the patient's behaviour over the past month.

PROBLEM	FREQUENCY	0 = never 1 = a few times per month 2 = a few times per week 3 = daily 4 = constantly					
	How often does the patient show the problem?						
Memory							
1.	Forgets to pass on phone messages	0	1	2	3	4	
2.	Has poor day-to-day memory (e.g. about conversations, trips etc.)	0	1	2	3	4	
3.	Asks the same question over and over again	0	1	2	3	4	
4.	Loses or misplaces things	0	1	2	3	4	
5.	Forgets the names of familiar people	0	1	2	3	4	
6.	Forgets the names of objects and things	0	1	2	3	4	
Orientation and Attention							
7.	Has difficulties completing activities once started	0	1	2	3	4	
8.	Shows poor concentration when reading or watching television	0	1	2	3	4	
9.	Forgets what day it is	0	1	2	3	4	
10.	Forgets what time of day it is	0	1	2	3	4	
11.	Gets the present mixed up with past situations	0	1	2	3	4	
12.	Becomes confused or muddled in unusual surroundings	0	1	2	3	4	
13.	Gets lost inside the house	0	1	2	3	4	
Everyday Skills		(Not applicable)					
14.	Has difficulties using electrical appliances (e.g. TV, radio, cooker, washing machine)	N/A	0	1	2	3	4
15.	Has problems preparing meals	N/A	0	1	2	3	4
16.	Has difficulties writing (letters, Christmas cards, lists etc.)	N/A	0	1	2	3	4
17.	Has difficulties using the telephone	N/A	0	1	2	3	4
18.	Has difficulties making a hot drink (e.g. tea/coffee)	N/A	0	1	2	3	4
19.	Has difficulties shopping	N/A	0	1	2	3	4
20.	Has problems handling money or paying bills	N/A	0	1	2	3	4
21.	Has difficulties with household chores	N/A	0	1	2	3	4
Self Care							
22.	Has difficulties travelling to places by self (either by driving or on public transportation)	0	1	2	3	4	
23.	Has difficulties grooming self (e.g. shaving or putting on make-up)	0	1	2	3	4	
24.	Has difficulties dressing self	0	1	2	3	4	
25.	Has problems feeding self without assistance	0	1	2	3	4	
26.	Has problems bathing or showering self	0	1	2	3	4	
27.	Has difficulties using toilet by self	0	1	2	3	4	
28.	Wets self with urine	0	1	2	3	4	
Mood							
29.	Cries	0	1	2	3	4	
30.	Appears sad or depressed	0	1	2	3	4	
31.	Is anxious or fearful	0	1	2	3	4	
32.	Is very restless or agitated	0	1	2	3	4	
33.	Is very irritable	0	1	2	3	4	
34.	Has rapid shifts between different emotions	0	1	2	3	4	
35.	Appears inappropriately cheerful	0	1	2	3	4	
36.	“Talks big” e.g. claims more wealth than true	0	1	2	3	4	
37.	Finds humour or laughs at things others do not find funny	0	1	2	3	4	
PROBLEM	FREQUENCY	0 = never					

How often does the patient
show the problem?

1 = a few times per month
2 = a few times per week
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Beliefs					
38.	Is suspicious or accusative	0	1	2	3 4
39.	Sees things that are not really there (visual hallucinations)	0	1	2	3 4
40.	Hears voices that are not really there (auditory hallucinations)	0	1	2	3 4
41.	Has odd or bizarre ideas that cannot be true	0	1	2	3 4
42.	Believes that additional people are living in the house	0	1	2	3 4
43.	Thinks that a family member has been replaced by an impostor	0	1	2	3 4
44.	Thinks that people on the TV are actually in the room	0	1	2	3 4
Challenging Behaviour					
45.	Has temper outbursts	0	1	2	3 4
46.	Threatens to harm self/others or property	0	1	2	3 4
47.	Is uncooperative when asked to do something	0	1	2	3 4
48.	Disturbs others by shouting or yelling	0	1	2	3 4
Disinhibition					
49.	Shows socially embarrassing behaviour	0	1	2	3 4
50.	Makes tactless or suggestive remarks	0	1	2	3 4
51.	Displays suggestive behaviour (e.g. touching inappropriately)	0	1	2	3 4
52.	Acts impulsively without thinking	0	1	2	3 4
53.	Talks to total strangers as if they know them	0	1	2	3 4
Eating Habits					
54.	Prefers sweet foods more than before	0	1	2	3 4
55.	Wants to eat the same foods repeatedly	0	1	2	3 4
56.	Her/his appetite is greater, s/he eats more than before	0	1	2	3 4
57.	Table manners are declining e.g. stuffing food into mouth	0	1	2	3 4
58.	Eats non-edible foodstuffs or things not normally eaten	0	1	2	3 4
Sleep					
59.	Sleep is disturbed at night	0	1	2	3 4
60.	Sleeps more by day than before (cat naps etc.)	0	1	2	3 4
Stereotypic and Motor Behaviours					
61.	Is rigid and fixed in her/his ideas and opinions	0	1	2	3 4
62.	Develops routines from which s/he can't easily be discouraged e.g. wanting to eat or go for walks at fixed times	0	1	2	3 4
63.	Exhibits rituals e.g. takes the same route across the kitchen, only steps on certain floor tiles	0	1	2	3 4
64.	Clock watches or appears pre-occupied with time	0	1	2	3 4
65.	Appears pre-occupied with counting, numbers, puzzles or jigsaws	0	1	2	3 4
66.	Takes, hides or hoards things, or packs away special items	0	1	2	3 4
67.	Repeatedly uses the same expression or catch phrase	0	1	2	3 4
68.	S/he immediately repeats words and sentences that you or others have just said (echolalia)	0	1	2	3 4
69.	Paces around without purpose	0	1	2	3 4
70.	Rummages around excessively	0	1	2	3 4
71.	S/he fidgets (e.g. bounces, taps feet/hands) a lot	0	1	2	3 4

PROBLEM

FREQUENCY

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Motivation

72.	Shows less enthusiasm for his/her usual interests	0	1	2	3	4
73.	Shows little interest in doing new things	0	1	2	3	4
74.	Requires nagging to start activities and chores	0	1	2	3	4
75.	Shows no interest in attending social functions	0	1	2	3	4
76.	Fails to maintain motivation to keep in contact with friends or family	0	1	2	3	4
77.	Withdraws from others, fails to start conversations	0	1	2	3	4
78.	Appears indifferent to the worries and concerns of family members	0	1	2	3	4
79.	Shows reduced affection	0	1	2	3	4

Insight / Awareness

80.	Shows insight into changes in behaviour and personality (if appropriate)	0	1	2	3	4
81.	Shows insight into memory problems	0	1	2	3	4

*Thank you very much for taking the time to fill out
this questionnaire.*