

Five Recommendations for Researchers Preregistrating Their Studies



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1 Operationalise Your Hypotheses

State each prediction separately and clearly define what would falsify them to ensure they are clear and testable.

2 Use Structured Preregistration Templates

Many templates are available that can demonstrate the information needed for a thorough preregistration (e.g., OSF preregistration format, PRP-QUANT template).



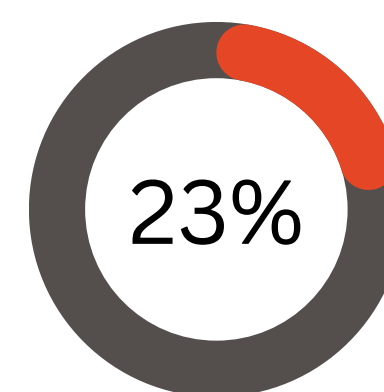
3 Maintain Consistency

Ensure consistency between your preregistration and published article(s) by using consistent terminology and labelling each hypothesis. If using OSF, name the project after your published article.



4 Directly Link to Preregistration

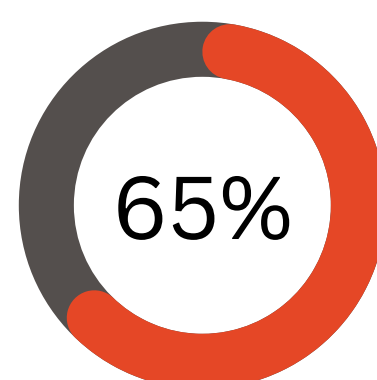
Provide a clear and direct link to your preregistration to facilitate cross-checking



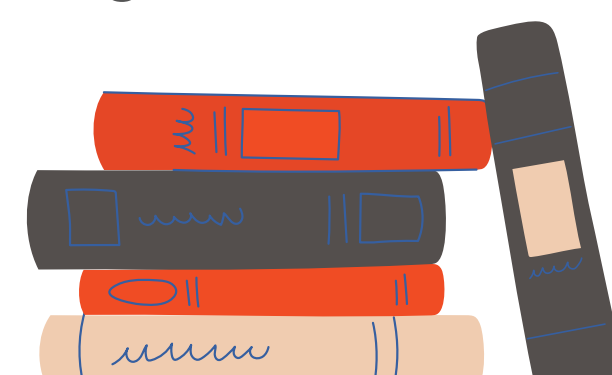
The percentage of articles we reviewed that did not link to their preregistration.

5 Report Deviations

Some level of deviation from preregistrations is expected and is not necessarily problematic. Clearly report any deviations and why you made them for transparency.



The percentage of articles we reviewed that deviated from their preregistration without declaring this.



Heirene, R., LaPlante, D., Louderback, E., Keen, B., Bakker, M., Serafimovska, A., & Gainsbury, S. (2024). Preregistration specificity and adherence: A review of preregistered gambling studies and cross-disciplinary comparison. *Meta-Psychology (Växjö)*, 8. <https://doi.org/10.15626/MP.2021.2909>

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