Your Guide to Getting to Northern Beaches Hospital

105 Frenchs Forest Road (West)
Frenchs Forest, NSW 2086

P: (02) 9105 5000
E: nbh@healthscope.com.au

Plan your trip at transportnsw.info

www.northernbeacheshospital.com.au
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- **General Hours**
  Main entrance: 6.00am – 9.00pm
  Emergency Department: open 24 hours.

- **Bus**
  Routes 136, 141, 169, 193 and 280 are available on Frenchs Forest Road. Services run east to Dee Why, Warringah Mall and Manly and west to Chatswood, Belrose and the City. Additional services are also available nearby on Warringah Road, Wakehurst Parkway and at Forest Way Shopping Centre. Timetables and routes are available at transportnsw.info or call 131 500.

- **Car**
  Access by car is from Frenchs Forest Road. Please be aware that ongoing road upgrade work around the hospital may affect your travel. Visit livetraffic.com for the latest information on traffic conditions.

- **Parking**
  There is paid parking available in the hospital car park accessible via Frenchs Forest Road. Patient and visitor parking is located on ground level up to level 7. Spaces opposite the lifts on every level are allocated for disabled parking. Standard discounts apply.

- **Taxi**
  Taxis can be called using the dedicated, free phones located within the hospital at the Concierge Desk, Emergency Department Reception and Transit Lounge.

- **Community Transport**
  Northern Beaches Hospital and Easylink provide courtesy community transport to and from locations on the Northern Beaches for people with hospital appointments who are living independently, but have no transport. For more information call (02) 9919 0700 or visit www.easylink.com.au

- **Cycling**
  Secure bike lockers are located on the western side of the car park on level 1.

- **15 min drop-off and pick-up is available at main entrance and emergency**
- **Patients and visitors please use ground level up to level 7 (staff parking level B1+B2)**
- **Disabled parking is available on every level opposite the lifts**
- **Parking fees apply. Up to 15 minutes free parking and concession rates available**