0–7 = LOW RISK

- Review any responses of concern e.g. episodic heavy drinking, drinking if pregnant
- Using the Handycard, provide feedback and remind of guidelines

8–12 = AT RISK DRINKER

Your patient is drinking too much or has had problems e.g. binge drinking (check Item 3).

- Review any responses of concern
- Using the Handycard provide brief intervention
  - Feedback
  - Listen
  - Advise your patient to cut down on drinking
  - Goals
  - Strategies
- Hand out booklet

13+ = HIGH RISK of dependence

Your patient is likely to be dependent on alcohol.

- Review any responses of concern
- Assess dependence & withdrawal symptoms
- Physical exam & blood tests
- Feedback and listen
- Advise: Goal of abstinence for one month or permanently
- Strategies:
  - Management of withdrawals if required
  - Relapse prevention medicines
  - Hand out booklet
- Arrange followup

For clinical support phone the NSW Drug & Alcohol Specialist Advisory Service on (02) 9361 8006 or 1800 023 687
To find alcohol treatment services, phone the Alcohol & Drug Information Service on (02) 9361 8000 or 1800 422 599

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