

	Monday 23rd Nov	Tuesday 24th Nov	Wednesday 25th Nov	Thursday 26th Nov	Friday 27th Nov
8am	Introduction to Normal Sleep	Recording & Analysis of EEG	Respiratory Control	Respiratory Failure	Restless Legs Syndrome , Periodic Leg Movements
9am	Pathophysiology of OSA	Respiratory Scoring + basic ECG scoring	ABG and Lung function Interpretation	Non-Invasive Ventilation	Parasomnias & Seizures
10am	Break	Break	Break	Break	Break
10:30am	Public Health Aspects of Sleep Medicine	Scoring in Infants and Children	Weight loss strategies for OSA	Obesity & OSA	SDB beyond the AHI
11:30am	Physiology of Respiration During Sleep	Diagnostic Methods & Intro to PSG analysis	Circadian Rhythm and Insomnia	Central Sleep Apnea	11am: Effects of Ageing
					12pm MSLT / MWT
12:30pm	Break	Break	Break	Break	Break
1:30pm	Medical Conditions Associated with Sleep	Sleep Staging Workshops (1:30- 3pm)	CPAP Usage, titration and follow up (1:30 - 3pm)	NIV workshops	Hypersomnias
2:30pm	Cardiovascular consequences of OSA				Case studies - adults & paediatrics
		Break	Break	Break	
3:30pm	Break	Respiratory Scoring Workshops (3:30-5pm)	CPAP Workshops (3:30-5pm)	3:30pm Non-CPAP therapies for OSA	3:30pm End of course Q&A, Where to from here?
4:00pm	Paediatrics Intro				4pm: End of Course
					Food & Drinks

5pm finish