



Descending the analgesic ladder

A landmark forum on opioid de-prescribing for chronic pain

November 29, 2019

Taronga Zoo
Sydney, Australia

International speakers include:

Beth Darnall, PhD

Stanford University, Stanford USA

Joseph W. Frank, MD, MPH

University of Colorado, Denver USA



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Health



About

Current guidelines recommend de-prescribing opioids for patients with chronic pain, however de-prescribing opioids in this population is challenging and a source of confusion for clinicians and patients alike. This landmark forum brings together local and international experts to address the complex challenges of de-prescribing opioid medications.

Registration

Early bird AUD\$295 (until July 31)
Regular AUD\$375 (both incl. GST)

Registration includes coffee, morning and afternoon tea, lunch, and a social hour with drinks and canapes.

Details

09.00 – 18.00
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Topic areas include:

- The opioid crisis: How did we get here?
- Distinguishing patients with opioid use disorder from other patients who use opioids
- Alternatives to opioid therapy for pain
- Patients' perspectives: Barriers and facilitators to opioid tapering
- Safe and effective opioid tapering strategies
- Responding to the opioid crisis with behavioural insights
- e-health interventions for behaviour change
- Communication strategies for empowering taper conversations

Learn how to:

- Communicate the risks of opioid use for chronic pain and the benefits of tapering
- Assess patients' appropriateness for opioid tapering and pain self-management
- Explain pain self-management to patients
- Develop a safe, patient-centred schedule for opioid tapering
- Individualised support for patients attempting opioid tapering



For further information, please contact paineducation.admin@sydney.edu.au.

