# Sydney Psychosocial Reintegration Scale - 2 (SPRS-2)

## Form B (Informant/Clinician)

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**Developed in Association With**

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<table>
<thead>
<tr>
<th>Name:</th>
<th>Sex: _ / _</th>
<th>ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date: / /</td>
<td>Date of injury: / /</td>
<td>DoB: / /</td>
</tr>
</tbody>
</table>

| Cause of injury: | Duration of coma: | Duration of PTA: |

## BACKGROUND INTERVIEW

1. What is [person’s name] current occupation?

2. What are his/her work duties at present?

3. What was his/her job at the time of the injury?

4. What were his/her work duties in that job?

5. How many jobs has he/she had since the injury (not including work trials or voluntary work)?

6 & 7. What are/were his/her leisure interests, recreation, hobbies, and club membership, at present and at time of injury?

   **6. AT TIME OF INJURY**

   **7. AT PRESENT**

8 & 9. What is/was his/her weekly program of work, leisure/recreational activities at present and at time of injury?

   **8. AT TIME OF INJURY**

   **9. AT PRESENT**

10. What was his/her marital status at time of injury?

11. What is it at present?

12. Who was in his/her circle of close friends at time of injury?

13. Who is in his/her circle of close friends at present?

14. Who did he/she live with at time of injury?

15. Who does he/she live with at present?

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## Work and Leisure

### 1. Current work: How do you rate [person’s name] work (or study), or the type of work (study)?

(If a student, answer the question in this section in terms of changes in studies)

- **Very good:** .......................................................... 4
- **A little difficulty:** Works (studies) less than average hours per week, OR work duties (studies) are easy/light ones.......................................................... 3
- **Definite difficulty:** Works casually, OR has some help from others in doing some work (study) ............ 2
- **A lot of difficulty:** Unemployed, OR in rehabilitation, OR in a supported work program, OR do volunteer work, OR receives remedial assistance in studies ......................... 1
- **Extremely poor:** Unable to work (study) at present .......................................................... 0

### 2. Work skills: How do you rate his/her work (study) skills?

- **Very good:** .......................................................... 4
- **A little difficulty:** For example, has to put in a lot of effort to get good results, gets tired easily, loses concentration .......................................................... 3
- **Definite difficulty:** For example, sometimes makes mistakes............................... 2
- **A lot of difficulty:** For example, he or she is slow, work is of poor quality ...................... 1
- **Extremely poor:** For example, needs constant supervision and/or reminders ...................... 0

### 3. Leisure: How do you rate his/her number or type of leisure activities or interests?

- **Very good:** .......................................................... 4
- **A little difficulty:** Has leisure activities and interests, but does not do them often ................. 3
- **Definite difficulty:** Definite difficulties in developing and doing leisure activities and interests ...... 2
- **A lot of difficulty:** A lot of difficulty developing and doing leisure activities and interests ........... 1
- **Extremely poor:** Does not have any leisure activities or interests at present .................. 0

### 4. Organising activities: How do you rate the way he/she organises work and leisure activities?

- **Very good:** .......................................................... 4
- **A little difficulty:** For example, needs prompts or supports from others.................................. 3
- **Definite difficulty:** Fairly dependent on other people to organise activities, e.g. others suggest what to do and how to go about it.................................................... 2
- **A lot of difficulty:** Needs other people to do the organising, e.g. making arrangements, providing transport.......................................................... 1
- **Extremely poor:** Dependent on other people to suggest and organise activities at present......... 0

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### Relationships

#### 5. Spouse or partner: Does he/she have a partner or spouse?

**a) If yes, how do you rate the relationship?**

<table>
<thead>
<tr>
<th>Rating</th>
<th>Description</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good</td>
<td>Not good, but still able to get along together, and if it broke down has the</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>skills to form new relationship</td>
<td></td>
</tr>
<tr>
<td>A little difficulty</td>
<td>Definite difficulties, but has the skills to form and also probably maintain</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>a new relationship</td>
<td></td>
</tr>
<tr>
<td>Definite difficulty</td>
<td>Might have the skills to form a new relationship</td>
<td>2</td>
</tr>
<tr>
<td>A lot of difficulty</td>
<td>Relationship is extremely limited (e.g., partner is a primary caretaker) and</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>does not have the skills to form a new relationship</td>
<td></td>
</tr>
<tr>
<td>Extremely poor</td>
<td></td>
<td>0</td>
</tr>
</tbody>
</table>

**b) If no, how do you rate his/her ability to form and maintain such a relationship?**

<table>
<thead>
<tr>
<th>Rating</th>
<th>Description</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>A little difficulty</td>
<td>Has the skills to form and maintain a new relationship</td>
<td>3</td>
</tr>
<tr>
<td>Definite difficulty</td>
<td>Has the skills to form and also probably maintain a new relationship</td>
<td>2</td>
</tr>
<tr>
<td>A lot of difficulty</td>
<td>Might have the skills to form a new relationship</td>
<td>1</td>
</tr>
<tr>
<td>Extremely poor</td>
<td>Does not have the skills to form a new relationship</td>
<td>0</td>
</tr>
</tbody>
</table>

#### 6. Family: How do you rate his/her relationships with other family members?

<table>
<thead>
<tr>
<th>Rating</th>
<th>Description</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>A little difficulty</td>
<td>Not good, but still able to get along together</td>
<td>3</td>
</tr>
<tr>
<td>Definite difficulty</td>
<td>Definite difficulties, but still sees family</td>
<td>2</td>
</tr>
<tr>
<td>A lot of difficulty</td>
<td>A lot of difficulties getting along with some family members</td>
<td>1</td>
</tr>
<tr>
<td>Extremely poor</td>
<td>Relationship is extremely limited and there has been breakdown</td>
<td>0</td>
</tr>
</tbody>
</table>

#### 7. Friends and other people: How do you rate his/her relationships with other people outside family (such as close friends, work mates, neighbours)?

<table>
<thead>
<tr>
<th>Rating</th>
<th>Description</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>A little difficulty</td>
<td>Not good, but has close friends, makes new friends, and gets along with work</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>mates and neighbours</td>
<td></td>
</tr>
<tr>
<td>Definite difficulty</td>
<td>Definite difficulties, but still sees some friends once a month or more and</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>can make new friends</td>
<td></td>
</tr>
<tr>
<td>A lot of difficulty</td>
<td>Only sees a few friends (or other people outside family), and does not make</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>new friends easily</td>
<td></td>
</tr>
<tr>
<td>Extremely poor</td>
<td>Does not see any friends (or other people outside the family)</td>
<td>0</td>
</tr>
</tbody>
</table>

#### 8. Communication: How do you rate his/her communication skills (that is, talking with other people and understanding what others say)?

<table>
<thead>
<tr>
<th>Rating</th>
<th>Description</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>A little difficulty</td>
<td>For example, rambles and get off the point, talk is sometimes inappropriate,</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>has some trouble finding the words to express himself/herself</td>
<td></td>
</tr>
<tr>
<td>Definite difficulty</td>
<td>For example, difficulties thinking of things to say, joining in talk with</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>groups of people, only talks about himself/herself</td>
<td></td>
</tr>
<tr>
<td>A lot of difficulty</td>
<td>For example, has trouble understanding what people say</td>
<td>1</td>
</tr>
<tr>
<td>Extremely poor</td>
<td>Communication is almost impossible</td>
<td>0</td>
</tr>
</tbody>
</table>
### 9. Social Skills: How do you rate his/her social skills and behaviour in public?

- **Very good:** 
  - For example, is awkward with other people, does not worry about what other people think or want.
  - Rating: 4

- **A little difficulty:** 
  - For example, can act in a silly way, is not as tactful or sensitive to other people’s needs.
  - Rating: 3

- **Definite difficulty:** 
  - For example, is dependent on other people, is socially withdrawn, has difficulty interacting appropriately with other people.
  - Rating: 2

- **A lot of difficulty:** 
  - For example, has temper outbursts in public, requires supervision when with other people.
  - Rating: 1

- **Extremely poor:** 
  - For example, has temper outbursts in public, requires supervision when with other people.
  - Rating: 0

### 10. Personal habits: How do you rate his/her personal habits (e.g. his/her care in cleanliness, dressing and tidiness)?

- **Very good:** 
  - Rating: 4

- **A little difficulty:** 
  - For example, does not take much care.
  - Rating: 3

- **Definite difficulty:** 
  - Attends to own hygiene, dress and tidiness, but has definite difficulties in this area; needs supervision.
  - Rating: 2

- **A lot of difficulty:** 
  - Needs prompts, reminders or advice from others, but responds to these; needs stand-by assistance.
  - Rating: 1

- **Extremely poor:** 
  - Needs prompts, reminders or advice from others, but is unwilling to respond to these; needs hands-on assistance.
  - Rating: 0

### 11. Community travel: How do you rate his/her use of transport and travel around the community?

- **Very good:** 
  - Rating: 4

- **A little difficulty:** 
  - Unable to use some forms of transport (e.g. driving a car) but can still get around in the community by using other forms of transport without help.
  - Rating: 3

- **Definite difficulty:** 
  - Definite difficulty using transport, but after training can travel around the community on his/her own.
  - Rating: 2

- **A lot of difficulty:** 
  - Needs assistance to plan use of transport, but with such help can travel around the community on his/her own.
  - Rating: 1

- **Extremely poor:** 
  - Is unable to go out into the community on his/her own.
  - Rating: 0

### 12. Accommodation: How do you rate his/her living situation?

- **Very good:** 
  - Lives in the community, but with emotional or social supports provided by other people, such as family, friends or neighbours.
  - Rating: 4

- **A little difficulty:** 
  - Lives in the community, but could not be left alone without supports for a two-week period.
  - Rating: 3

- **Definite difficulty:** 
  - Lives in the community, but could not be left alone for a weekend unless someone checked that everything was OK.
  - Rating: 2

- **A lot of difficulty:** 
  - Lives in the community but in supported accommodation, such as a group home, boarding house, transitional living unit, in family home but requires daily supervision or assistance.
  - Rating: 1

- **Extremely poor:** 
  - Needs care, which may be at home requiring extensive, daily supervision or other care OR in a facility, e.g., a nursing home, residential service, rehabilitation unit.
  - Rating: 0