TEMPOROMANDIBULAR DISORDERS
AN EVIDENCE BASED UPDATE FOR 2019

Stamford Plaza Hotel
150 North Terrace, Adelaide

Friday 6th September 2019 9:00am- 5:00pm

ANZAOP is the peak organisation in Australia for the study and management of Temporomandibular Disorders and Orofacial Pain. A major goal of the Academy is to provide education and support to dental and other healthcare practitioners. This year the Academy has initiated and developed a new 2 year online Masters Degree Course in Orofacial Pain through the University of Sydney. Our international guest lecturer Prof Donald Nixdorf (USA) will be speaking on the differential diagnosis of Orofacial Pain, TMDs and persistent toothache, supported by our internationally respected and highly experienced ANZAOP members. The aim of the programme is to present a one-day update of the current understanding of Temporomandibular Disorders with clinically useful, evidence based information that can be immediately applied in your practice.

Prof. Donald Nixdorf, Division of TMD and Orofacial Pain, Univ. of Minnesota is our special overseas speaker
Supported by ANZAOP members:

Prof. Chris Peck, Adj.Prof. Rob Delcanho, Dr. Tom Wilkinson, Dr. Karen McCloy, Mr. Darron Goralsky

Differential Diagnosis Of Orofacial Pain Disorders

- Non-odontogenic reasons for “tooth pain” Professor Donald Nixdorf

Understanding TMDs

- TMJ Anatomy and Biomechanics – the modern view. Dr Tom Wilkinson
- Current understanding of TMDs – acute vs chronic, local and systemic factors. Can TMDs be considered as part of a generalized pain disorder? Professor Chris Peck
- Sleep, Bruxism and TMD Pain. What is the relationship? Dr Karen McCloy

TMD Clinical Assessment

- Clinical Assessment – Axis 1 and Axis 2 Dr Donald Nixdorf
- Establishing a Diagnosis using evidence-based criteria Professor Chris Peck
  - Masticatory Muscle Pain
  - TMJ Articular Disorders
- Radiological Assessment of TMDs and Orofacial Pain -

TMD Management

- Occlusal Splint treatment (fact and fiction) - Prof Robert Delcanho
- Physiotherapy for TMDs – the modern approach - Mr Darron Goralsky
- Botulinum Toxin use for TMDs – what is the evidence? Prof Robert Delcanho
- When to refer for multidisciplinary care - Dr Tom Wilkinson

Course Fee $350 refreshments and luncheon provided
Register for “TMD Update”
https://www.trybooking.com/504336