Welcome to University of Sydney!

G’day Mate!

This guide provides you with information about:

• arriving in Sydney
• studying at the University of Sydney,
• support services available for students
• tips to help you settle into Sydney and your studies
Preparing for departure and arriving in Sydney
Preparing for Departure

Key travel and preparation arrangements

Have you done these things?

✓ Booked flights and made sure you arrive in time for Welcome Week
✓ Booked a free airport shuttle pick up service
✓ Arranged student visa and travel insurance, made sure your passport is valid
✓ Prepared documents (original and copies – electronic and paper) – documents used in your application, original identification documents. Keep these in your hand luggage.
✓ Visited your doctor. If you have a medical condition, get a referral letter.
✓ Have at least $300 AUD in cash for your arrival.
✓ Researched the cost of living in Sydney and created a budget - www.moneysmart.gov.au and downloaded TrackMySPEND App.
✓ Organised somewhere to stay, at least for your first few nights if you haven’t yet found ongoing accommodation
Packing

It’s hard to know what you need to bring and what to leave behind.

Don’t worry if you can’t fit everything or you forget something. Sydney has great shops and you can enjoy exploring them to get anything else you might need to settle into your new home!

Some suggestions of things to put in your luggage:

**Formal documents:** keep in your hand luggage!

- Passport
- Photo identification
- Medical records, referrals and prescription medication
- Bank details and copies of credit/debit cards
- OSHC (health insurance) details
- Valid driver’s license, if you intend to drive in Australia
- Letter of offer to the University of Sydney, visa documentation/eCOE
- Translated university records, if you are seeking credit/recognition of prior learning at the University of Sydney
Packing

Clothing
Sydney has a distinct summer and winter period with temperatures ranging from 40 degrees Celsius in summer to 10 degrees Celsius in winter, so you will need to pack clothes for both hot and cold weather. So bring a jumper and your swimwear!

Personal items
Make sure you bring anything you need, and a few personal items that will make you feel at home:

• Prescription medication
• Glasses
• Phone/laptop chargers
• Power plug convertor
• Photos

Remember there are lots of places in Sydney to purchase bedding, furniture and household items as you need them, so don’t weigh yourself down bringing everything you might need!

Border Security
Obey the customs and quarantine guidelines – there are some things you are not allowed to bring into Australia, especially fresh food and plants – if you aren’t sure, please check: https://www.abf.gov.au/entering-and-leaving-australia/can-you-bring-it-in
Arriving at Sydney International Airport

Free airport shuttle pickup to central Sydney suburbs and CBD locations is available for new, international students arriving in the peak period prior to semester. Refer to the email sent with information about pick up dates, drop-off areas and how to book: https://quick.redy2go.com.au/USYD

Other ways to travel to your accommodation
– Take a taxi from outside the airport
– Train or bus – a good option if your accommodation very close to a train station, bus stop, ferry wharf or light rail, but you’ll need an Opal card:
  i. Buy the card at the airport, newsagent, convenience store or from a machine at a train station and top up your balance to at least $30 AUD
  ii. Tap ON and tap OFF each trip
  iii. Register the card online so if it’s lost, you won’t lose the balance

Plan your public transport trip: https://transportnsw.info/trip#/ or download Tripview App
Temporary accommodation

If you haven’t organised ongoing accommodation before you arrive:

- Plan and book temporary accommodation that you can travel to from the airport that you can stay while you find a place to live more permanently or while waiting for your on-campus accommodation to be ready.

- We recommend you book for at least 1 week while you look for other permanent housing

Options:


Accommodation

Where will I live?

Sydney is a big and diverse city with many housing options.

Things to think about:

- Budget
- Distance from the University (availability and cost of transport, time spent commuting)
- Style – student residence, private rental, share housing
- Furnished or unfurnished

On Campus?

Near the beach or a big park?

With local or international students?

Share room?

Homestay?
Budgeting for Accommodation

A quick look at average rental prices per week by suburb (near train lines) in Sydney for a single room

- **CBD**: $350 pw
  - 10 min commute
- **Hurstville**: $250 pw
  - 30-40 min commute
- **Chatswood**: $275 pw
  - 20-30 min commute
- **Liverpool**: $200 pw
  - 60-80 min commute
- **Newtown, Chippendale, Redfern, Ultimo**: $320 pw
  - 5-10 min commute

- **Burwood**: $300 pw
  - 20-30 min commute
On-campus options

- We offer a wide range of on-campus options where students can apply to live.
- There are catered and self-catered options available.
- Places fill up very quickly. If you have not already applied for Semester 1, 2019 it may be too late. Places may still be available in the new Regiment Building.
- Otherwise, apply in February for Semester 2 2019 places, or apply in August for Semester 1, 2020.
- Living on campus means reduced travel time, access to an instant community, and the chance to meet and mix with other students from around the world!
- accommodation.info@sydney.edu.au
Private renting and house sharing – top tips!

Where to look for rental accommodation:


Good things to know….

– **Bond** is a security deposit paid, usually 4 weeks rent. Don’t pay any money until you have inspected the apartment/house.

– Make sure you keep a receipt – the money will be refunded when you move out.

– Always inspect a property, if the landlord doesn’t let you, do not proceed. Fill in inspection report – thoroughly noting any damage


Possible expenses to budget for:

• Gas and electricity (including connection)
• Water costs (in a house)
• Internet & connection
• Furniture & homewares
• White goods (refrigerator)
Your first 48 hours in Sydney

Top things to do after you arrive…

1. Australians drive and walk on the left-hand side of the road. Be careful in your first days and remember to look left when crossing the road. Wait for the pedestrian light to turn green before you cross the road or use a pedestrian crossing.

2. Get mobile - Buy a pre-paid sim card or apply for a mobile phone contract: https://youcompare.com.au/mobilephones/providers

3. Open a local bank account. You will need photo identification, proof of Australian address and proof of enrolment.

4. If you haven’t already purchased one, get yourself an Opal card for public transport travel.
Your first 48 hours in Sydney

5. Do some exploring and enjoy your new home! Wander around The Rocks, Darling Harbour and Circular Quay in the city. Visit Bondi Beach - but only swim between the flags near the lifeguards.

6. Drink lots of water to stay hydrated and give yourself the best chance to beat jet lag.

7. Try some of Sydney’s multi-cultural restaurants and stock up on some supplies – you might want to try Paddy’s Markets or one of the local shopping centres – Broadway is just down the road from the University’s Camperdown campus.

5. Take a trip to the University to familiarise yourself with the campus! Visit the Great Hall and picture yourself graduating in a few years time!

4. Download the Welcome Week App to plan which events you will attend to prepare you for semester and get to know other students in your course.
Studying at the University of Sydney

Tips about:
• Enrolling
• Student IT systems
• University jargon
Getting to know the University of Sydney

All your hard work has paid off and you have been offered a place to study at Australia’s oldest University, The University of Sydney.

Did you know.....

- The University opened in **1850** with only 35 students enrolled. In 2019, over 70,000 students will be studying at the University and around 35% of those students are international students like yourself!
- The main campus is located **5 kilometres from the city centre** and is easy to get to via public transport.
- The **main campus** has two bank branches, a medical centre, two sports and fitness facilities, over 30 places to eat, coffee shops and bars on campus where you can see live music or meet with new friends!
- There are **ten main campuses** of the University including Camperdown, Cumberland, Camden, Westmead and the Conservatory of Music in the CBD. There are also eleven teaching hospitals around Sydney and across NSW. Check the [maps](#) of each of the campuses.
- There are **11 libraries** across the University’s campuses, some that open 24 hours, 7 days a week.
- We have one of two **carillons** in the southern hemisphere – listen out for the bells playing the Game of Thrones theme, the Star Wars theme and a whole range of songs throughout the year.
- Sydney is a **world leader** in many areas – we have leading research institutes including the Charles Perkins Centre and our student Quidditch team (yes, from Harry Potter) are world champions!
- Many **famous people** have studied at the University of Sydney including Australian Prime Ministers, the inventors of WiFi and the Cochlear implant and the designer of the Sydney Harbour Bridge!
- We have the **largest and the oldest Student Union** in Australia – you’ll find something of interest with more than 200 clubs and societies to choose from!
What most students worry about...enrolment

**Tips**

1. Follow instructions in letter of offer
2. Plan your course - [https://sydney.edu.au/students/course-planning.html](https://sydney.edu.au/students/course-planning.html)
4. Enrolment assistance via **Sydney Student** (each degree is loaded into system – can only enroll in units that are within the degree program)
5. International students should have full study load (usually 4 units of study – you need faculty permission to reduce)
6. Census Date – [https://sydney.edu.au/students/census.html](https://sydney.edu.au/students/census.html) is the last day to withdraw from a unit without financial or academic penalty:
   - Semester 1, 2019 – **31 March**
   - Semester 2, 2019 – **31 August**
   - DC/DNF – end of week 6 (no academic penalty but there may be an financial liability)
Where to go for information/help?

Current Student Website

Your **FIRST** point for any questions or information you are looking for

**Search feature**

Links to the most often used student systems

Answers to questions about most areas of student life, including:

**Money**
University fees and costs, and financial support such as scholarships, bursaries and research funding.

**Your studies**
Enrolment and course planning, timetables, exams and assessments, honours and higher degree by research.

**New students**
Essential information and resources to help you get started at Sydney.

**Support**
Health, wellbeing and support services, mentoring, and clubs and societies.

**Student IT and online learning**
Log in to University systems, find computers and access wi-fi, get the most out of online learning (Canvas)

**Administration**
Update your personal details, obtain an academic transcript, check key dates, learn about graduation, make a complaint or raise a concern.
<table>
<thead>
<tr>
<th>Key Terms</th>
<th>Explanation</th>
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| Unit of Study (UoS) Outline/Course Outline: | • A document that explains everything you need to know about each of your subjects, including contact details for your teaching staff, assessment details and textbooks.  
• Available on Canvas from 11 February 2019 |
| Credit Points (CP)        | • Value attached to each UoS you take as part of your degree, usually 6  
• International students need a full-time study load (usually 24 CP = 4 x 6 units  
• Each degree has a required number of credit points (i.e. 144 CP for 3 year degree) |
| Core unit                 | • A unit of study that is compulsory for a particular course or subject area  |
| Elective unit             | • A unit that you can choose that is not a core unit  |
| Open Learning Environment | • Online units of study that assist you to build new skills  
• 0, 2 or 6 CPs  |
| Major                     | • A sequence of units of study about a particular theme or discipline area that you undertake as a specialisation  |

Refer to the University Glossary: [https://sydney.edu.au/students/glossary.html](https://sydney.edu.au/students/glossary.html)
Common Student Online Systems

MyUni:

- **Online portal** to access to all University systems – including email, Timetable, CareerHub, Canvas and Sydney Student
- Login with your Unikey
- Student notifications and messages

Canvas:

- **Our online learning platform**
- Separate pages for each subject
- AHEM and Consent Matters modules
- Submit your assignments through Turnitin

Sydney Student:

- **Student administration** system
- Enrolment, Applications – inc. credit, special consideration, leave of absence
- Financial details and fees
- Personal details – **update your address and mobile contact within 7 days**
General Student Computing Information

More information: sydney.edu.au/students/student-it.html

UniKey
- Student login/username for all online student systems
- Pick a password that no one else knows or can guess

Sydney Email
- Your official source of information and communication from the University – check it everyday and use it for all formal communications.
- Student email address: <YourUniKey>@uni.sydney.edu.au

SydPay
- Campus payment account through your student card
- Used for print and copy services at libraries, IT labs and learning hubs across the University

Learning Hubs/IT Access Labs
- 5 learning hubs and 3 access labs across all campuses – some open 24 hrs/7 days
- All computers on campus are virtual desktops – customize your account with the software you need
Student Centre

Lvl 3, Jane Foss Russell Building

- Assistance with most processes online via Sydney Student
- Face to face support for enrolment and student administration enquiries
- Student card collection
- Information about student visas and compliance

Phone

- 1800 SYD UNI (1800 793 864)
  or +61 2 8627 1444
**Student Card**

**Your Student Card is your passport to University of Sydney:**
- Your official student identification
- to borrow library books
- to put money onto your printing account
- to get student discounted tickets
- to access buildings with swipe cards.

**How to get your Student Card:**

1. New students need to enrol online via Sydney Student
2. Upload a passport-style photo (a recent photo, good quality, and plain background showing your full head and neck and a natural expression)
3. Wait to receive email confirmation that your card is ready for pick-up
4. Collect your card from the location advised in your confirmation email - don’t forget to bring photo ID as proof of identification
5. If you need further assistance, visit: [sydney.edu.au/campus-cards/student/](http://sydney.edu.au/campus-cards/student/)
Visa, Enrolment and Compliance

Who to ask if you have questions?

There are a number of conditions you must fulfill for your visa to remain valid, in particular except in special circumstances, you must be enrolled as a full time student.

Compliance Officers are able to offer basic advice about questions related to international student visas, enrolment and academic progression.

You can contact the Compliance team on 02 8627 4100 or student.compliance@sydney.edu.au

Compliance Officers are able to:

1. Discuss any concerns you have about your visa or eCoE
2. Provide assistance if you need apply to vary your study load
3. Refer you to appropriate support services on campus
4. Provide you with supporting documentation to apply for a new student visa

Remember - you are responsible to know about the conditions of your visa! You can find official information on the Department of Immigration and Border Control website.

There is also information for students available on the University International Student Support website.
Preparing for Uni Checklist

- Put together your Welcome Week schedule
- Memorise your Unikey and password
- Check your University email every day
- Log-in to all student systems Connect to free Wi-Fi on campus
- Pick up your student card
- Familiarise yourself with University jargon
- Look at Canvas after 11 February and read all your Unit of Study outlines
- Update Sydney Student with your current contact details upon arrival
- Find your closest learning hub/computer lab and set up your virtual desktop
Student Support Services
Support for you across all areas of your life and study
Student Support Services

- Centrally located – **Level 5, Jane Foss Russell Building**
  - across the footbridge on City Rd, above the Student Centre
- Additional services nearby and on satellite campuses
Student Support Services

- Personal, welfare, administrative and other support services
- To help you succeed academically
- All services are available to all students and are **free** and **confidential**

- Accommodation Services
- Counselling & Psychological Services CAPS
- Disability Services
- International Student Support & Compliance
- Mana Yura Aboriginal Student Support
- Student liaison students
- Student Orientation, Transition & Retention programs

- Careers Centre
- Childcare Information
- Financial Support
- Multi-faith Chaplaincy
- Student Affairs & Complaints
- University Health Service
Careers Centre

sydney.edu.au/careers

- Online resources
- Career skills workshops
- One-to-one career consults
- CareerHub jobs database
- Internship Fairs
- Graduate Job Fairs
Counselling & Psychological Services (CAPS)

sydney.edu.au/counselling

- Professional, confidential, and free psychological and mental health service
- Provides support to help you manage your emotional health and wellbeing
- Individual 1:1 counselling available with a clinical psychologist (counsellor)
- Self-directed resources and workshops offered throughout semester
Disability Services

sydney.edu.au/students/disability-support

• Help for students with long-term and temporary conditions or illnesses

• Support includes in-class assistance, furniture/equipment, academic adjustments for assignments and exams

• Students must register online with this service
Financial Support Service

[Website Link] sydney.edu.au/students/financial-support

- Bursaries for eligible domestic students in financial need
- Interest Free Loans

Looking for Scholarships?

Contact the Scholarships Office
[Website Link] sydney.edu.au/student/scholarships
University Health Service

sydney.edu.au/students/health-services

Level 3, Wentworth Building

• General Practitioner and emergency medical care
• Male and female doctors
• Referral to specialist services
• Vaccinations
• Sexual health
• Remember to bring your OSHC card (direct billing)
• Online bookings
• Also a dentist, chiropractor, physiotherapist and optometrist on campus
Multifaith Chaplaincy Centre

[link: sydney.edu.au/students/faith-religion]

- Chaplains appointed by their faith community
- Officially recognised by the University
- Spiritual support and pastoral care to students
- Islamic Prayer Room
- Faith groups on-campus
Campus & Infrastructure Services

sydney.edu.au/students/emergencies-safety-on-campus

- Security Patrols
- First Aid/Emergency Management
- Lost Property
- After Hours Shuttle Bus
- Emergency situations

Enquiries: 9351 3487
Emergency: 9351 3333
Student Liaison Officers

sydney.edu.au/students/sexual-assault

• First point of contact for students who experience issues such as Sexual assault/harassment, domestic violence & bullying.
• Case management & advocacy.
• Management of the online SA/SH Reporting Portal.
• Consent Matters module – Understanding sexual consent & respectful relationships.

Ph: 8627 6808
safer-communities.officer@sydney.edu.au
Student conduct and safety

– The University of Sydney has a campaign called Safer Communities for All – a **ZERO tolerance policy** to anti-social behaviour including bullying, harassment, racial vilification, homophobia and sexual violence or assault: [https://sydney.edu.au/about-us/vision-and-values/safer-communities.html](https://sydney.edu.au/about-us/vision-and-values/safer-communities.html)

– The Student Code of Conduct explains the rights and responsibilities of students – familiarise yourself, because ignorance is no excuse: [https://sydney.edu.au/students/student-responsibilities.html](https://sydney.edu.au/students/student-responsibilities.html). Student misconduct has serious implications, including expulsion and legal consequences

– If you ever feel unsafe on campus, call security: 9351 3333. In an emergency, call 000

– Contact the Student Liaison Officers for confidential information and support about incidences of sexual harassment, assault or violence, including reporting: safer-communities.officer@sydney.edu.au or **1800 SYD HLP** (1800 793 457)

– Visit the Student Affairs website if you would like to make a formal or anonymous complaint about unacceptable behaviour: [student-affairs](#)
Creating a safer community for all

— Being inclusive is embedded in our culture, but we know it has no meaning unless we do as we say. That’s why we run programs and initiatives that demonstrate how we live our values.

— We believe racism in any form is abhorrent and must be countered, so we’ve partnered with the Australian Human Rights Commission’s campaign Racism. It Stops with Me.

— Sydney University is an ALLY of Lesbian, Gay, Bi-sexual, Trans-sexual, Trans-gender, Queer and Intersex people. Queer spaces and unisex bathrooms are available on campus.

— Sexual violence and harassment are unacceptable and not tolerated at Sydney.

— Find out more about our current campaigns at the University.
Staying Safe on Campus and in Sydney

Sydney is regarded as a safe city however you must always be mindful of yourself and your possessions – as you would at home.

- Walk with confidence and purpose
- Don’t text/read mobile while walking – be aware
- Walk in well lit areas, on footpaths
- Take a taxi/Uber/bus/train etc. at night
- Don’t leave belongings unattended

Every student has the right to feel safe, welcome and respected at all times on all University of Sydney campuses. For more information on our Safer Communities Campaign, head to www.sydney.edu.au/about-us/vision-and-values/safer-communities.html

- Campus is a very safe place to be, however if you ever feel unsafe on campus, call 9531 333 24 hours a day, 7 days a week
- In an emergency, call 000 for police, ambulance and fire brigade services.
  - Australian police are friendly and happy to help. Be confident in asking for help!
- Look Left and Right before crossing the road.
- Use the free Campus Shuttle Bus when studying on campus late in to the evening.
- Join a free tour around campus or other local areas to familiarise yourself with the area.
Staying safe outside

Sydney has a great climate and so many beautiful places to explore – enjoy them safely!

Beach safety
- ONLY swim between the flags
- Never swim alone and only on beaches where there are lifeguards
- Listen for advice about rips and strong currents
- Raise your arm if you are tired or in trouble in the surf
- Don’t walk on the rocks near big waves

Sun safety
- Always apply sunscreen when out in the sun
- Wear a hat, long-sleeves and sunglasses
- Avoid the sun 11:00am – 3:00pm – look for shade
- Apply ice and after-sun gel if you get burnt

Bush safety – hiking and nature walks
- Always tell someone where you are going
- Take a few snacks and lots of water (prevent de-hydration)
- Wear good walking shoes and thick socks
- Take a map and follow marked paths and trails
WATER SAFE PROGRAM

FREE water safety sessions in a friendly and social environment.

LIMITED SPACES AVAILABLE!

VISIT susf.com.au
CALL 9351 8735
EMAIL swimschool@sport.usyd.edu.au
Student Academic Services

Helping you succeed in your studies
- Library
- Academic Enrichment
- Centre for English Teaching
Library

sydney.edu.au/students/libraries

- 11 locations
- Faculty liaison librarians
- Workshops
- Access to online journals and eBooks
- Online resources and training
- Research support and referencing software
Library services

Library services at the University of Sydney include

– 13 libraries across the campuses
– 24/7 access to Fisher library and The Quarter (PG coursework only)
– Dedicated spaces including The Quarter (PG Coursework), SciTech, Thinkspace
– Online access to full catalogue
– Online electronic access to huge range of eBooks, journal articles and other resources 24/7
– Dedicated Academic Liaison Librarians for each faculty
– Online Chat: 10am – 4pm weekdays
– Workshops and online training courses
– Research assistance including using EndNote, systematic literature searches and referencing
– Information about academic honesty policies
– Bookable study spaces
– Special request book ordering

Visit www.library.sydney.edu.au
Academic Enrichment

sydney.edu.au/students/learning-workshops

Learning Centre (for all students)
– Workshops: Academic reading, writing and presenting.
– Online interactive resources
– Transition programs

Mathematics Learning Centre
– Drop-in Centre for individual support in Mathematics and Statistics
– Online resources
– Supplementary tutorials
– Bridging programs
Learning Centre

Assist students develop skills necessary for learning and communicating knowledge and ideas at university, including:

- Central workshop program: some targeted specifically to UG and PG students. Register online early – workshops fill up fast!
- Individual student consultations
- Online resources for self study
- Programs for international students (Workshops for English Language and Learning)
- Research and publications
- Our services are free to all enrolled students.

Can assist you with:

- Academic writing workshops
- One-to-one writing consultations
- Online writing resources
- Presentation skills workshops

We don’t provide the following:

- Editing and proof reading of assignments
- Course content tutoring
- Teaching of general English Language courses

Room 722, Level 7
Education Building, Manning Road
Camperdown Campus

Email: learning.centre@sydney.edu.au
Web: www.sydney.edu.au/lc
Phone: 9351 3853
Electronic Resources

More resources available on the Learning Centre resources page include:

– The Successful Writing at Uni - help you write better assignments and theses.
– The Getting Your Message Across in Science - guidelines and examples of how to give a successful oral presentation and how to make a poster.
– The Write Site - online support to help you develop your academic and professional writing skills.
– The WRiSE (Writing a Report in Science and Engineering) - help you develop and improve your report writing skills in science and engineering.
– The iWrite - interactive tutorials to help engineering students to improve their assignment writing, especially writing the 3rd or 4th year thesis or project report.
– Help Yourself - quick answers to the most common questions and problems for students, from first year undergraduates to PhD students.
– The Clearer Writing - improve the clarity of your writing
– This Reading in Biology - develop general and critical reading skills for scientific report writing.
The Mathematics Learning Centre offers bridging courses and assists eligible undergraduate students to develop the mathematical knowledge, skills and confidence that are needed for studying mathematics or statistics at university.

Individual assistance and group tutorials are free. There are fees for bridging courses.

**Services available include:**

- **Bridging courses:** for maths and statistics. Fees may be involved
- **Online resources** for algebra, differential calculus and integration skill development
- Assistance with specific issues with units of study and supplementary tutorials for MATHS1013, MATHS1014 and MATHS1003
- Workshops, lecture notes and unit of study materials
- Drop in sessions and one on one consultations

**Contact Information:**

Room 177, Level 1  
Carslaw Building, Eastern Ave  
Camperdown Campus  

Email: mlc.enquiries@sydney.edu.au  
Web: www.sydney.edu.au/mlc  
Phone: 9351 4061
Centre for English Teaching

How we can help:
• English language courses
• Specialised English programs for groups
• Graduate skills and training
• IELTS Testing
• English teaching
• Online MOOCS

Contact Information:
Location: Level 5 Wentworth Building, G01
Phone: 9036 7900
Email: cet.info@sydney.edu.au
Website: sydney.edu.au/cet/
Academic Skills for University Success MOOC

There are essential 21st Century Skills for student success:

– Collaboration and teamwork
– Creativity and imagination
– Critical thinking
– Problem solving

CET’s MOOCs (Massive Open Online Courses) can help you develop your academic skills – for free!

Available courses:

• Information & Digital Literacy for University Success
• Problem-Solving Skills for University Success
• Critical Thinking Skills for University Success
• Communication Skills for University Success
• Academic Skills for University Success: Capstone

You can also sign up for Speak and Connect - 10 weeks of conversational English classes run by other students.

Keep an eye out for more information in Student news.

Further information available at Centre for English Teaching (CET) website
Work / Life Balance
Work - Life Balance Tips

• You have come to one of the best universities in the world to get a high quality degree and set yourself up, so of course you need to study hard....

• BUT it isn’t all just about work! Research shows that the students who do the best have balance in their lives and make time for study, paid work, socializing, relaxing and play.

• If you don’t find balance, you may burn out or become disinterested in your studies

• Sydney is a great city to explore – get out and enjoy the outdoors, visit the suburbs, check out the restaurants, coffee shops and bars and take a few day trips to nearby areas like the Blue Mountains, the Central Coast and the South Coast

• Get involved in student life around the University......
Getting Involved!

Student organisations are a great way for you to get involved in the active student life scene at the university.

- **University of Sydney Union** (USU)
  - a student-run body responsible for some food and retail outlets
  - responsible for the clubs and societies
  - Run Welcome Week and other social events on campus

- **Students’ Representative Council** (SRC) and **Sydney University Postgraduate Representative Association** (SUPRA)
  - Independent, elective representatives body for students at the University – SRC for UG students and SUPRA for PG students
  - Caseworkers, advocacy, legal advice
  - Publish Honi Soit newspaper

- **Sydney Uni Sports & Fitness** (SUSF)
  - sporting facilities on campus
  - competitive and social sports program
  - discount memberships for students
Where can you hang out on campus?

So many places to chill out with friends!
Find a place on the grass, play pool, grab a drink....

Here are our favorites:

1. **USU International Student Lounge** *(Lvl 4, Wentworth)*
   - Pool tables, locker hire, free games, microwaves and hot water on tap.
   - Lounge in comfortable bean bags and couches or study at comfy tables or in pods
   - Opening hours are 10am – 6pm, Monday – Friday during semester

2. **Cafes including:** For coffees, cold drinks, crepes, pizzas, baquettes, salads, burgers – Sydney Uni has so many great cafes – try them all and find your favourite!

3. **Hermanns Bar** *(Ground floor, Wentworth Building)*
   - Grab a cold beer or wine, listen to live music, or just hang out on the lawns at the front
   - Opening hours are 11am- late, Monday – Friday

4. **Manning House** *(Manning Road)*
   - Three floors inc. food court *(Ground floor)* & bar *(Lvl 3)*
   - Events throughout the week – Theatresports, debating, bands
   - Opening hours are 11am- late, Monday – Friday
GOOD LUCK!

We are here to help make your time at University a success!

Contact: Student Transition and Retention (STAR) Team
Level 5 Jane Foss Russell Building, G02
02 8627 8455
International.support@sydney.edu.au  facebook.com/Student.Transition

Tip: Also check out our web page for more information about support for International Students, including the Pre-Arrival and Post Arrival Guides