Yoshitake - overseas student from Gifu University JAPAN

My name is Yoshitake, a medical student from Japan. I did my clinical elective at Nepean Hospital in June, 2014. Since it was the first time for me to study abroad as a medical student, I felt a little nervous on the arrival day. However, all doctors at Endocrinology department welcomed me very warmly and my anxiety was wiped out soon.

In the hospital, I experienced wide range of conditions. For example, I learned how doctors helped diabetic patients control their blood sugar levels for a long span. In ICU, there were a lot of patients with acute diabetic complications, such as DKA and HHS. I experienced not only diabetic disease, but also other endocrine disease, including adrenal, thyroid, and parathyroid disorders. Many of endocrine diseases’ conditions were complicated, and difficult to understand, but it was very exciting for me to study hard to figure out the condition of each of them. In addition, everyday’s teaching sessions and lectures were productive and to the point. With these many opportunities to study, I learned a lot of things and my daily log become more than 15 pages.

On weekends, I had fulfilling time by exploring Sydney. Opera House, Harbour Bridge, Darling Harbour, Bondi beach, Manly beach…all of these famous places were beautiful and amazing. Fortunately, I was able to see Vivid Sydney in June, which is a very fascinating illumination on the buildings in Sydney Harbour. The most impressive place was Blue Mountains. Its breathtaking, spectacular views were beyond description.
All in all, my stay in Sydney was fantastic. I really recommend future medical students to do their elective at Nepean Hospital.