Charles Perkins Centre Nepean has successfully held two think tanks so far in 2017 to support the newly established Nepean Family Obesity Service. The idea of the think tanks is to gather together experts in a particular aspect of obesity management – a ‘meeting of the minds’ – to debate and discuss the latest in research and clinical practice relating to obesity management. In March, a group of 30 researchers, psychologists, clinicians and staff met for the first think tank to discuss psychological approaches to obesity management. Following the success of this day, a second think tank was held recently in May on the topic of dietary approaches to obesity management, which was attended by around 40 health professionals and researchers from across Sydney. Guest speakers, including Professors Stephen Simpson, David Raubenheimer, Margaret Allman-Farinelli and Ralph Nanan (Charles Perkins Centre), Dr Megan Gow (Sydney Children’s Hospital at Westmead), and dieticians Sally Badorrek and Susan Williams (Nepean Family Obesity Service), joined forces to present a program of thought-provoking and challenging seminars. Lively discussion sessions enabled participants to ask questions and debate ideas, and also allowed the staff of the Nepean Family Obesity Service to identify issues relevant to setting up their clinic in line with the latest evidence-based research. A delicious, healthy lunch provided a welcome opportunity for participants to network with like-minded colleagues and all in all the day was deemed a great success. CPC Nepean – in its role as an ‘ideas incubator’ – envisions that the think tanks will foster the initiation of new research and clinical collaborations, which will in turn lead to the establishment of novel research projects and clinical best practice strategies for the Nepean Family Obesity Service, and ultimately better health outcomes for the people of Greater Western Sydney. By Dr Anthea Karlov, CPC Nepean Project Officer, May 2017