

# 10th International Seminar Invitation

## Promoting Physical Activity Among Older Adults: A Public Health Approach

**Date:** Tuesday 26th September, 5-6pm

**Venue:** Norman Gregg Lecture Theatre,  
Edward Ford Building, A27, University of Sydney



**Presenter:** Professor Abby King,  
*Stanford Prevention Research Center,  
Stanford University School of Medicine, USA*

Dr King, Professor of Health Research and Policy and Medicine at Stanford University School of Medicine, has published extensively in the area of chronic disease prevention and health enhancement across the lifespan. A recipient of the Award for Outstanding Scientific Contributions in the Area of Health Psychology from the Health Psychology Division of the American Psychological Association, Dr King's research has focused largely on the application of behavioral science theory and social ecological models to the development, evaluation, and dissemination of public health and community-wide interventions aimed at chronic disease prevention and control, with a particular emphasis on the behavioral risk factor area of physical activity. Her research has included work with older adults, low-income minority women, and other special populations. She is particularly interested in trans-disciplinary approaches to physical activity and dietary promotion, including the person-environment interface. Dr King has served on a number of government taskforces focused on physical activity throughout the U.S. and abroad, and has been the recipient of a number of National Institutes of Health research grant awards in this area. She is an elected member of the Academy of Behavioral Medicine Research.

In this seminar, Dr King will speak on the current directions in public health physical activity intervention research with a specific emphasis on older adults.

**Admission is free so register early as spaces are limited**

**RSVP & enquiries** ~ Contact Adeline Yaw on tel: 9036 3193,  
email: [adeliney@health.usyd.edu.au](mailto:adeliney@health.usyd.edu.au) by **22 September**

This seminar is supported by *NSW Centre for Physical Activity and Health* and Dr King's visit is supported by *AAESS*.



Map of A27 - Edward Ford Building  
Cnr of Fisher & Physics Road

The Norman Gregg Lecture Theatre located on the entrance level, towards the back of the Edward Ford Building.

**Click to view map:**

<http://db.auth.usyd.edu.au/directories/map/building.htm?ref=h15122>

Public transport is advised as parking on campus is limited.



**The University of Sydney**

