

Using DCEs to value multi-attribute health states for economic evaluation

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Project aims:

- To compare methods of valuing health outcomes
 - Time trade-off and Standard Gamble (conventional approaches)
 - Discrete choice experiments (new approach)
- To develop Australian utility weights for existing MAU instruments (EQ-5D and SF-6D)

Why use a DCE approach?

- Stated preference surveys required for valuation of health states
- In DCEs stated preferences inferred from series of choices between alternatives
 - Alternatives described in terms of attributes
 - Experimental design principles used to choose a sample of choice sets to allow for efficient estimation of parameters of interest
- In MAUIs health states described in terms of levels of various dimensions of health
 - DCE approach readily applicable to this context
- Use of DCE approach allows greater coverage of the response surface

Example of a choice set



If you had to choose between the following scenarios:



Scenario A	Scenario B	Scenario C
<ul style="list-style-type: none"> You have no problem in walking about You have some problems washing and dressing yourself You have no problems with performing your usual activities You have moderate pain or discomfort You are extremely anxious or depressed 	<ul style="list-style-type: none"> You have some problems in walking about You have no problems with self-care You are unable to perform your usual activities You have extreme pain or discomfort You are not anxious or depressed 	Death
You will live in this state for 4 years, then die.	You will live in this state for 4 years, then die.	

which is best?

which is worst?

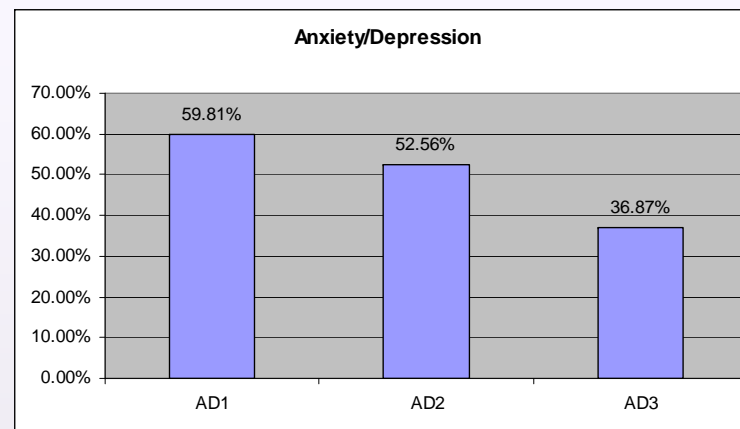
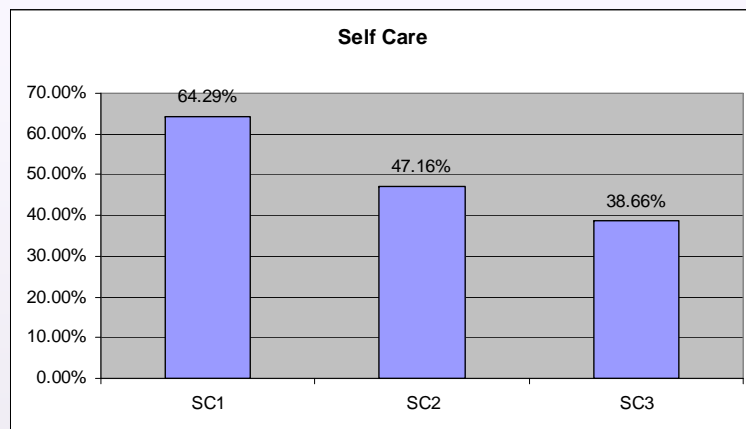
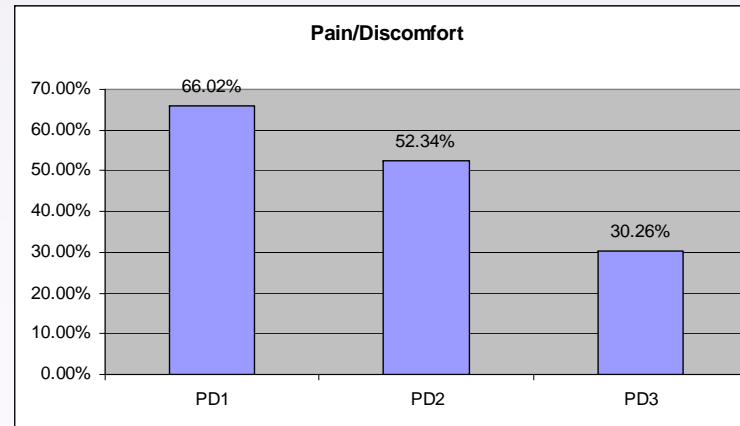
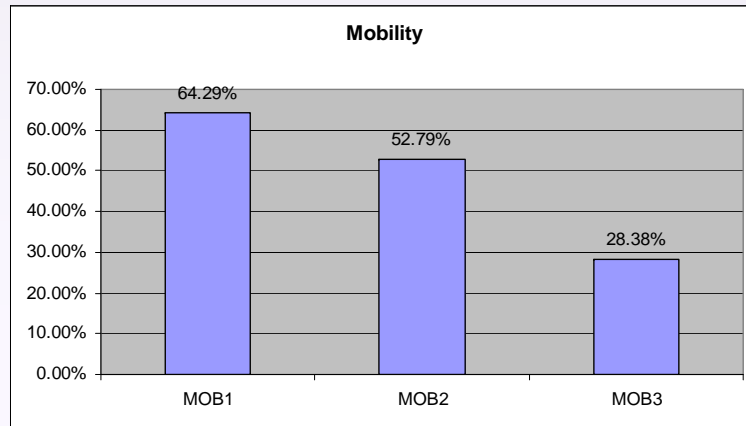
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SurveyENGINE

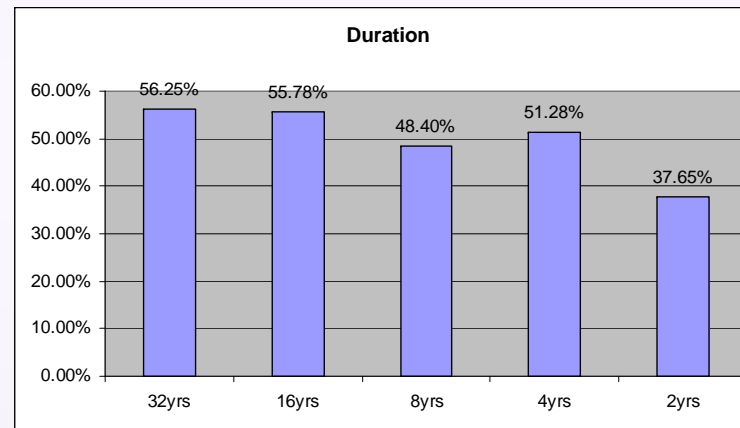
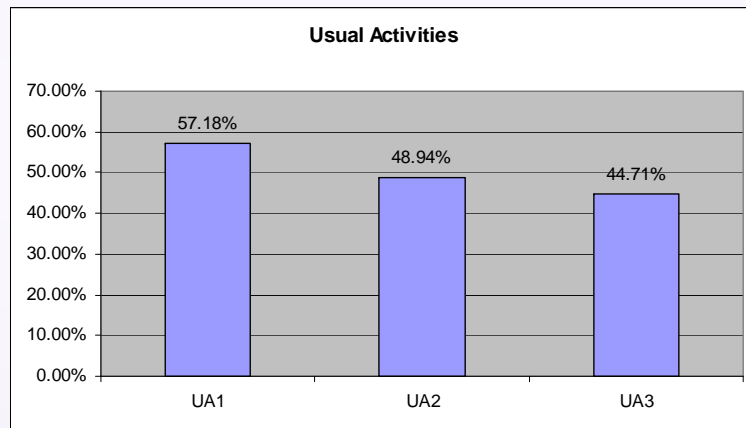
Experimental design

- 243 health states in the EQ-5D; 5 durations: 243×5
- ED methods developed by Street and Burgess
- Not all health states equally “plausible”
- Potential trade-off between statistical efficiency and respondent efficiency
- Explored this empirically by using three design approaches
 - Allow for any health states (All states)
 - Excluded highly implausible states (Plausible)
 - Included only the original UK valuation study health states (Dolan)

Marginal Frequencies



Marginal Frequencies



Using CV to obtain QALYs

- Utility function defined over (chronic) health states and survival duration (eg, Pliskin et al (1980))

$$V = V(h, T)$$

- Welfare impact of change in health state for given survival is the change in survival time that give the initial utility level but with the new health state

$$V(h^1, T + CV) = V(h^0, T) = V^0$$

$$CV = \frac{1}{\mu} \left[\ln(1 + e^{V^0}) - \ln(1 + e^{V^1}) \right]$$

- Survival time is the metric for measuring the welfare impacts of the change in health state
- μ denotes the marginal utility of survival time

Valuation of health states: indicative results for 8 years duration

Health state	Additional years required to accept	Implied QALY weight
Mobility 2	3.41	0.70
Mobility 3	10.09	0.44
Self Care 2	3.74	0.68
Self Care 3	7.53	0.52
Usual Activities 2	0.34	0.96
Usual Activities 3	3.10	0.72
Pain / Discomfort 2	3.38	0.70
Pain / Discomfort 3	9.77	0.45
Anxiety / Depression 2	2.52	0.76
Anxiety / Depression 3	7.76	0.51

Conclusions

- Online completion of DCE a feasible method for health state valuation
- All states design preferred (some loss of respondent efficiency)
- Durations require further investigation
- QALY estimates feasible
 - further development needed to address multinomial choice, allowing anchoring to death and full health