Descending the analgesic ladder

A landmark forum on opioid de-prescribing for chronic pain

November 29, 2019
Taronga Zoo
Sydney, Australia

International speakers include:

Beth Darnall, PhD
Stanford University, Stanford USA

Joseph W. Frank, MD, MPH
University of Colorado, Denver USA

About
Current guidelines recommend de-prescribing opioids for patients with chronic pain, however de-prescribing opioids in this population is challenging and a source of confusion for clinicians and patients alike. This landmark forum brings together local and international experts to address the complex challenges of de-prescribing opioid medications.

Topic areas include:
• The opioid crisis: How did we get here?
• Distinguishing patients with opioid use disorder from other patients who use opioids
• Alternatives to opioid therapy for pain
• Patients’ perspectives: Barriers and facilitators to opioid tapering
• Safe and effective opioid tapering strategies
• Responding to the opioid crisis with behavioural insights
• e-health interventions for behaviour change
• Communication strategies for empowering taper conversations

Learn how to:
• Communicate the risks of opioid use for chronic pain and the benefits of tapering
• Assess patients’ appropriateness for opioid tapering and pain self-management
• Explain pain self-management to patients
• Develop a safe, patient-centred schedule for opioid tapering
• Individualised support for patients attempting opioid tapering

Registration
Early bird AUD$295 (until May 30)
Regular AUD$375 (both incl. GST)
Registration includes coffee, morning and afternoon tea, lunch, and a social hour with drinks and canapes.

Details
09.00 – 18.00
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For further information, please contact paineducation.admin@sydney.edu.au.